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Efficacy of a school-based psychosocial intervention to deal with the psychosocial impact of armed conflict on school-aged children in Burundi

Submission date
24/02/2006

Recruitment status
No longer recruiting

Registration date
09/06/2006

Overall study status
Completed

Last Edited
19/06/2015

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N/A

Study information

Scientific Title
Efficacy of a school-based psychosocial intervention to deal with the psychosocial impact of armed conflict on school-aged children in Burundi

Study objectives
A psychosocial school-based program is capable of reducing conflict-related psychosocial symptoms, and increasing children's strength to deal with armed-conflict related psychosocial difficulties

Ethics approval required
Old ethics approval format

Ethics approval(s)
Ethical review board of Vrije Universiteit Amsterdam – approval pending as of 09/06/2006

Study design
Cluster randomization of schools to intervention (structured school-based psychosocial program) or waitlist condition (receiving treatment after the research)

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Multiple impact of armed conflict on psychosocial wellbeing (post-traumatic stress disorder)

Interventions
Classroom-based structured, manualized psychosocial intervention, called the class-room based intervention (CBI), as designed by the Center for Trauma Psychology (Boston, Massachusetts) versus the waitlist condition.
The CBI entails a 15-session program that encompasses working with the trauma narrative, creative techniques (drama, music), and specifically designed games. The waitlist condition simply entails the provision of treatment after the research is finished.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Post-traumatic stress disorder (PTSD) and depressive symptoms

Key secondary outcome(s))
Anxiety, aggression, daily functioning, social support, sociometric measurements (sociogram), coping, family functioning, hope, and school functioning (grades, absenteeism)

Completion date

31/01/2007

Eligibility

Key inclusion criteria
Children screened for exposure to traumatic events, post-traumatic stress symptoms or depressive anxiety symptoms, with the use of symptom checklists

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Child

Sex
All

Key exclusion criteria
Serious psychopathology and psychiatric disorders (mutism, retardation, psychotic symptoms) or incapability to function in a group (conduct disorders, harming others), as judged by local psychosocial counsellors

Date of first enrolment
01/05/2006

Date of final enrolment
31/01/2007

Locations

Countries of recruitment
Burundi

Netherlands

Study participating centre
c/o HealthNet TPO
Amsterdam
Netherlands
1074 VJ

Sponsor information

Organisation
HealthNet TPO (The Netherlands)

ROR
https://ror.org/0088fqs38

Funder(s)

Funder type
Charity

Funder Name
Plan International

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/04/2014		Yes	No