

Efficacy of a school-based psychosocial intervention to deal with the psychosocial impact of armed conflict on school-aged children in Burundi

Submission date
24/02/2006

Recruitment status
No longer recruiting

☐ Prospectively registered

☐ Protocol

Registration date
09/06/2006

Overall study status
Completed

☐ Statistical analysis plan

☒ Results

Last Edited
19/06/2015

Condition category
Mental and Behavioural Disorders

☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Prof Joop de Jong

Contact details

c/o HealthNet TPO

Tolstraat 127

Amsterdam

Netherlands

1074 VJ

+31 (0)20 6200005

jdejong@healthnettpo.org

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title

Efficacy of a school-based psychosocial intervention to deal with the psychosocial impact of armed conflict on school-aged children in Burundi

Study objectives

A psychosocial school-based program is capable of reducing conflict-related psychosocial symptoms, and increasing children's strength to deal with armed-conflict related psychosocial difficulties

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethical review board of Vrije Universiteit Amsterdam – approval pending as of 09/06/2006

Study design

Cluster randomization of schools to intervention (structured school-based psychosocial program) or waitlist condition (receiving treatment after the research)

Primary study design

Interventional

Secondary study design

Cluster randomised trial

Study setting(s)

School

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Multiple impact of armed conflict on psychosocial wellbeing (post-traumatic stress disorder)

Interventions

Classroom-based structured, manualized psychosocial intervention, called the class-room based intervention (CBI), as designed by the Center for Trauma Psychology (Boston, Massachusetts) versus the waitlist condition.

The CBI entails a 15-session program that encompasses working with the trauma narrative, creative techniques (drama, music), and specifically designed games. The waitlist condition simply entails the provision of treatment after the research is finished.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Post-traumatic stress disorder (PTSD) and depressive symptoms

Secondary outcome measures

Anxiety, aggression, daily functioning, social support, sociometric measurements (sociogram), coping, family functioning, hope, and school functioning (grades, absenteeism)

Overall study start date

01/05/2006

Completion date

31/01/2007

Eligibility

Key inclusion criteria

Children screened for exposure to traumatic events, post-traumatic stress symptoms or depressive anxiety symptoms, with the use of symptom checklists

Participant type(s)

Patient

Age group

Child

Sex

Both

Target number of participants

120 per treatment arm; total 240 children

Key exclusion criteria

Serious psychopathology and psychiatric disorders (mutism, retardation, psychotic symptoms) or incapability to function in a group (conduct disorders, harming others), as judged by local psychosocial counsellors

Date of first enrolment

01/05/2006

Date of final enrolment

31/01/2007

Locations

Countries of recruitment

Burundi

Netherlands

Study participating centre

c/o HealthNet TPO

Amsterdam

Netherlands

1074 VJ

Sponsor information

Organisation

HealthNet TPO (The Netherlands)

Sponsor details

Tolstraat 127

Amsterdam

Netherlands

1074 VJ

+31 (0)20 6200005

jdejong@healthnettpo.org

Sponsor type

Charity

Website

<http://www.healthnettpo.org>

ROR

<https://ror.org/0088fqs38>

Funder(s)

Funder type

Charity

Funder Name

Plan International

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/04/2014		Yes	No