# A controlled trial of shared care for chronic rheumatoid arthritis

Submission date	Recruitment status  No longer recruiting	Prospectively registered		
23/01/2004		☐ Protocol		
Registration date	Overall study status Completed	Statistical analysis plan		
23/01/2004		[X] Results		
Last Edited	Condition category	Individual participant data		
09/11/2022	Musculoskeletal Diseases			

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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# Additional identifiers

#### Protocol serial number

PSI13-13

# Study information

#### Scientific Title

A controlled trial of shared care for chronic rheumatoid arthritis

# **Study objectives**

To determine whether, in an open access system of shared care of patients with established rheumatoid arthritis who have open access to hospital review, there will be:

- 1. An improvement in the clinical and psychological outcome
- 2. A reduction in the use of health care resources
- 3. A preference for shared care over routine care

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Ethics approval recieved from United Bristol Health Care Trust Research Ethics Committee.

# Study design

Randomised controlled trial

# Primary study design

Interventional

# Study type(s)

Treatment

# Health condition(s) or problem(s) studied

Rheumatoid arthritis

#### **Interventions**

- 1. Shared care
- 2. Standard hospital care

# Intervention Type

Other

#### **Phase**

**Not Specified** 

## Primary outcome(s)

- 1. Clinical and psychological status:
- 1.1. Pain
- 1.2. Disease activity
- 1.3. Disability
- 1.4. Grip strength
- 1.5. Range of movement
- 1.6. Articular index
- 1.7. Plasma viscosity
- 1.8. Serum C-reactive protein
- 1.9. Haemoglobin and hand x-ray
- 1.10. Helplessness
- 1.11. Anxiety
- 1.12. Depression
- 1.13. Self efficacy
- 1.14. Changes in medication

- 1.15. Days lost from work
- 2. Resource measures:
- 2.1. Visits to health professionals
- 2.2. Use of transport
- 3. Satisfaction measures: patient and GP satisfaction with and confidence in the system of care
- 4. Safety net monitoring: a blind assessor reviewed three-monthly questionnaires to provide a 'safety net' against deterioration while not attending follow-up

## Key secondary outcome(s))

Not provided at time of registration.

# Completion date

05/07/1999

# **Eligibility**

# Key inclusion criteria

Consecutive patients with established rheumatoid arthritis according to standard criteria attending a follow up outpatient clinic.

# Participant type(s)

Patient

# Healthy volunteers allowed

No

# Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Total final enrolment

209

#### Key exclusion criteria

Does not comply with above inclusion criteria.

#### Date of first enrolment

01/04/1995

## Date of final enrolment

05/07/1999

# Locations

## Countries of recruitment

United Kingdom

England

# Study participating centre Rheumatology Unit Bristol United Kingdom BS2 8HW

# Sponsor information

## Organisation

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

# Funder(s)

# Funder type

Government

#### **Funder Name**

NHS Primary and Secondary Care Interface National Research and Development Programme (UK)

# **Results and Publications**

# Individual participant data (IPD) sharing plan

Not provided at time of registration

# IPD sharing plan summary

Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		01/09/2000		Yes	No
Results article		01/03/2003		Yes	No
Results article		22/01/2005		Yes	No