

# Study of the effectiveness of voriconazole in the treatment of *Aspergillus fumigatus* associated asthma

<b>Submission date</b> 21/11/2008	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 30/01/2009	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 08/02/2016	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

**Protocol serial number**  
N/A

## Study information

**Scientific Title**  
Study of the effectiveness of voriconazole in the treatment of *Aspergillus fumigatus* associated asthma: a randomised double blinded, placebo controlled trial

**Acronym**

EVITA3

**Study objectives**

Voriconazole will be effective in eradicating colonisation of the airways by *Aspergillus fumigatus* (AF) in patients with *Aspergillus fumigatus* associated asthma (AFAA) and this will result in a prolonged improvement in their disease control.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Leicestershire, Northamptonshire & Rutland Research Ethics Committee 2, REC No. 09/H0402/63

**Study design**

Randomised double-blinded placebo-controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Asthma

**Interventions**

12 month randomised double-blind placebo-controlled parallel group trial to receive either placebo or voriconazole 200 mg twice daily orally for 12 weeks.

**Intervention Type**

Drug

**Phase**

Not Applicable

**Drug/device/biological/vaccine name(s)**

Voriconazole

**Primary outcome(s)**

The number of severe exacerbations over the 12 months of the study.

**Key secondary outcome(s)**

1. The percentage of patients whose sputum is no longer AF positive after three months of treatment with voriconazole and at the end of the study
2. The change in the sputum eosinophil count (measured as area under the curve) in the voriconazole versus the placebo group after three months of treatment and at the end of the study
3. The change in the total sputum neutrophil count (measured as area under the curve) in the voriconazole versus the placebo group after three months of treatment and at the end of the study

study

4. The change in forced expiratory volume in one second (FEV1) between the treatment and placebo group after treatment and at the end of the study
5. The number of courses of antibiotics between the treatment and placebo groups
6. The improvement in Juniper Asthma Control Questionnaire (JACQ) score at the end of the treatment and at the end of the study

**Completion date**

08/07/2013

## **Eligibility**

**Key inclusion criteria**

1. Symptoms consistent with a diagnosis of asthma
2. A clinical phenotype consistent with AF associated asthma in the opinion of at least two consultant members of the study team
3. Evidence of immune sensitisation to AF (either positive AF IgE, positive SPT to AF or positive AF IgG)
4. A raised peripheral blood eosinophil count or sputum eosinophil count of more than 10% on at least one occasion in the last two years
5. AF in sputum on two occasions within the six months prior to entry into the study
6. At least two severe exacerbations in the previous 12 months (defined as a requirement for a course of high dose oral steroids for treatment of their asthma)
7. Aged above 18 years, both male and female

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Unable to give informed consent
2. Pregnancy or possibility of becoming pregnant during the treatment phase of the study
3. A primary diagnosis (in the opinion of the study team) of chronic obstructive pulmonary disease (COPD) (smoking related obstructive disease)
4. Any conditions or drug interactions that in the opinion of the study team could lead to harmful interactions with voriconazole
5. Allergy to voriconazole
6. Poor compliance
7. Inability to produce sputum

**Date of first enrolment**

01/02/2009

**Date of final enrolment**

08/07/2013

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Glenfield Hospital**

Leicester

United Kingdom

LE3 9QQ

## Sponsor information

**Organisation**

University Hospitals of Leicester NHS Trust (UK)

**ROR**

<https://ror.org/02fha3693>

## Funder(s)

**Funder type**

University/education

**Funder Name**

University of Leicester (UK)

**Alternative Name(s)**

UniofLeicester, UoL

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Universities (academic only)

## Location

United Kingdom

# Results and Publications

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/07/2014		Yes	No
<a href="#">HRA research summary</a>			28/06/2023	No	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes