# Study of the effectiveness of voriconazole in the treatment of Aspergillus fumigatus associated asthma

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
21/11/2008		☐ Protocol		
Registration date 30/01/2009	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 08/02/2016	Condition category Respiratory	[] Individual participant data		

# Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

### Contact name

Prof Andrew Wardlaw

### Contact details

Glenfield Hospital Groby Road Leicester United Kingdom LE3 9QQ

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

### Scientific Title

Study of the effectiveness of voriconazole in the treatment of Aspergillus fumigatus associated asthma: a randomised double blinded, placebo controlled trial

### Acronym

EVITA3

### **Study objectives**

Voriconazole will be effective in eradicating colonisation of the airways by Aspergillus fumigatus (AF) in patients with Aspergillus fumigatus associated asthma (AFAA) and this will result in a prolonged improvement in their disease control.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Leicestershire, Northamptonshire & Rutland Research Ethics Committee 2, REC No. 09/H0402/63

### Study design

Randomised double-blinded placebo-controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

## Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Asthma

### Interventions

12 month randomised double-blind placebo-controlled parallel group trial to receive either placebo or voriconazole 200 mg twice daily orally for 12 weeks.

### Intervention Type

Drug

### Phase

### Drug/device/biological/vaccine name(s)

Voriconazole

### Primary outcome measure

The number of severe exacerbations over the 12 months of the study.

### Secondary outcome measures

- 1. The percentage of patients whose sputum is no longer AF positive after three months of treatment with voriconazole and at the end of the study
- 2. The change in the sputum eosinophil count (measured as area under the curve) in the voriconazole versus the placebo group after three months of treatment and at the end of the study
- 3. The change in the total sputum neutrophil count (measured as area under the curve) in the voriconazole versus the placebo group after three months of treatment and at the end of the study
- 4. The change in forced expiratory volume in one second (FEV1) between the treatment and placebo group after treatment and at the end of the study
- 5. The number of courses of antibiotics between the treatment and placebo groups
- 6. The improvement in Juniper Asthma Control Questionnaire (JACQ) score at the end of the treatment and at the end of the study

### Overall study start date

01/02/2009

## Completion date

08/07/2013

# Eligibility

### Key inclusion criteria

- 1. Symptoms consistent with a diagnosis of asthma
- 2. A clinical phenotype consistent with AF associated asthma in the opinion of at least two consultant members of the study team
- 3. Evidence of immune sensitisation to AF (either positive AF IgE, positive SPT to AF or positive AF IgG)
- 4. A raised peripheral blood eosinophil count or sputum eosinophil count of more than 10% on at least one occasion in the last two years
- 5. AF in sputum on two occasions within the six months prior to entry into the study
- 6. At least two severe exacerbations in the previous 12 months (defined as a requirement for a course of high dose oral steroids for treatment of their asthma)
- 7. Aged above 18 years, both male and female

### Participant type(s)

**Patient** 

### Age group

Adult

### Lower age limit

18 Years

### Sex

Both

### Target number of participants

70

### Key exclusion criteria

- 1. Unable to give informed consent
- 2. Pregnancy or possibility of becoming pregnant during the treatment phase of the study
- 3. A primary diagnosis (in the opinion of the study team) of chronic obstructive pulmonary disease (COPD) (smoking related obstructive disease)
- 4. Any conditions or drug interactions that in the opinion of the study team could lead to harmful interactions with voriconazole
- 5. Allergy to voriconazole
- 6. Poor compliance
- 7. Inability to produce sputum

### Date of first enrolment

01/02/2009

### Date of final enrolment

08/07/2013

# Locations

### Countries of recruitment

England

**United Kingdom** 

### Study participating centre Glenfield Hospital

Leicester United Kingdom LE3 9QQ

# Sponsor information

### Organisation

University Hospitals of Leicester NHS Trust (UK)

### Sponsor details

c/o Professor Andrew Wardlaw Glenfield Hospital Groby Road Leicester England United Kingdom LE3 9QQ

### Sponsor type

Hospital/treatment centre

### Website

http://www.le.ac.uk/external/

### **ROR**

https://ror.org/02fha3693

# Funder(s)

### Funder type

University/education

### **Funder Name**

University of Leicester (UK)

### Alternative Name(s)

UoL

### **Funding Body Type**

Private sector organisation

### **Funding Body Subtype**

Universities (academic only)

### Location

**United Kingdom** 

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

# Study outputs

Output type	<b>Details</b> results	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		01/07/2014		Yes	No
HRA research summary			28/06/2023	No	No