# A double blind placebo controlled discontinuation of citalopram in adolescents with major depression

Submission date	Recruitment status	Prospectively registered
05/09/2005	Stopped	Protocol
Registration date	Overall study status	Statistical analysis plan
05/09/2005	Stopped	Results
Last Edited	Condition category	Individual participant data
28/01/2019	Mental and Behavioural Disorders	Record updated in last year

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Anthony Joseph Levitt

#### Contact details

2075 Bayview Av Toronto Canada M4N 3M5

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

NCT00249886

Secondary identifying numbers

MCT-53732

# Study information

## Scientific Title

A double blind placebo controlled discontinuation of citalopram in adolescents with major depression

# **Study objectives**

Adolescents with Major Depression who recover from an acute trial of citalopram will have a lower relapse rate over a 6 month period when continued on citalopram as compared to subjects randomly assigned to discontinue to placebo.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Sunnybrook Hospital University of Toronto Clinic, 24/09/2002

## Study design

Double blind placebo controlled discontinuation

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

# Study type(s)

**Not Specified** 

## Participant information sheet

# Health condition(s) or problem(s) studied

Major Depressive Disorder

#### **Interventions**

Citalopram versus placebo

## Intervention Type

Drug

#### Phase

**Not Specified** 

# Drug/device/biological/vaccine name(s)

Citalopram

#### Primary outcome measure

Relapse = the subject meets criteria for an episode of major depression.

## Secondary outcome measures

A CGI-I score of -2 or -3 (on a 7 point scale) or more, reflecting at least 'moderate worsening' of the clinical condition.

## Overall study start date

01/04/2002

# Completion date

31/03/2006

# **Eligibility**

## Key inclusion criteria

1. Major depression determined from both clinical interview and the Kiddie-Sads-Present and Lifetime Version (K-SADS-PL)

- 2. Subjects who score greater than 16 on the first 17 items of the 29 item Hamilton Rating Scale for Depression Seasonal Affective Disorder (HRSD-SAD) version or those who score greater than 12 on the 17 item of the 29 items HRSD and greater than 7 on the atypical items
- 3. Age 13 to 18 years
- 4. Both sexes; females who have reached menarche and are sexually active will be advised to take adequate birth control (BCP or two barrier methods)
- 5. Outpatient at the time of initiation of the continuation phase
- 6. Ability to give informed consent

# Participant type(s)

**Patient** 

# Age group

Child

# Lower age limit

13 Years

# Upper age limit

18 Years

#### Sex

**Not Specified** 

# Target number of participants

214

## Kev exclusion criteria

- 1. Past or currently hypomanic or manic episode
- 2. Currently meets criteria for conduct disorder
- 3. Current psychotic symptoms
- 4. Substance dependence in the last 3 months

- 5. Significant medical condition that would contra-indicate the use of antidepressant agents
- 6. Pregnancy
- 7. Past treatment with citalopram for major depression

## Date of first enrolment

01/04/2002

## Date of final enrolment

31/03/2006

# Locations

# Countries of recruitment

Canada

# Study participating centre 2075 Bayview Av

Toronto Canada M4N 3M5

# Sponsor information

## Organisation

Sunnybrook and Women's College Health Sciences Centre (Canada)

## Sponsor details

2075 Bayview Avenue Toronto Canada M4N 3M5

## Sponsor type

Not defined

## **ROR**

https://ror.org/03wefcv03

# Funder(s)

# Funder type

Research organisation

## Funder Name

Canadian Institutes of Health Research (CIHR) (Canada) - http://www.cihr-irsc.gc.ca (ref: MCT-53732)

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration