

# Randomised evaluation of the One Community programme in Malawi

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<b>Registration date</b> 03/03/2017	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 07/03/2017	<b>Condition category</b> Infections and Infestations	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

The human immunodeficiency virus (HIV) is a type of virus known as a retrovirus. HIV attacks and weakens the immune system, making it more difficult for a sufferer to fight infections. It is a highly contagious disease and can be spread through blood, semen and vaginal fluids. There is currently no cure for HIV, but there are a range of drug treatments that can allow people who are HIV positive to control the virus and even decrease the likelihood of spreading it. However, many people are unaware of their HIV status, due to a lack of education, health resources and knowledge about the virus. This is especially prevalent in vulnerable populations. Areas with high rates of HIV in Malawi have implemented programmes that aim to educate about HIV prevention, sexual behaviours, and gender based violence. The One Community (OC) programme aims to improve the wellbeing and decrease the risk of HIV in three priority populations: orphans and vulnerable children (OVC), out of school adolescent girls and young women (AGYW) and other vulnerable populations (OVP). The aim of this study is to assess the One Community program in order to see how effective it is in improving the health of these three vulnerable populations.

### Who can participate?

Caregivers of orphans and vulnerable children, adolescent girls and young women (aged 15-24) and other vulnerable populations (over the age of 18).

### What does the study involve?

Participants of the OC programme are randomly allocated to participate in interview surveys. The OC programme addresses the needs of people living with HIV. Participants are surveyed about their age, level of education, household wealth, HIV testing, HIV status, sexual behaviours, use of health services, attitudes towards violence, gender and social norms and their exposure to the OC programme. The interviews are conducted before the intervention and three additional interviews are conducted in 10 to 12 months intervals. Participants are randomly selected as to when they are interviewed, and it is not likely that they will be interviewed more than once throughout the evaluation process.

### What are the possible benefits and risks of participating?

There are no direct benefits to participants, but the program can help improve health over the

long-term. The main risks of participation are possible breaches of participant confidentiality, as well as exposure to sensitive questions about sex, and HIV during the study interviews. As a result, some of the participants may become uncomfortable or upset.

Where is the study run from?

This study is being run from the University of Malawi College of Medicine (Malawi) and is taking place in five districts in the Southern region of Malawi.

When is the study starting and how long is it expected to run for?

October 2015 to June 2020

Who is funding the study?

United States Agency for International Development (USA)

Who is the main contact?

Dr Paul C. Hewett

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## Contact information

**Type(s)**

Scientific

**Contact name**

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## Additional identifiers

**Protocol serial number**

PC785

## Study information

**Scientific Title**

Stepped-wedge cluster randomised evaluation of the impact of the One Community programme on the wellbeing and HIV prevention behaviours of orphans and vulnerable children, adolescent girls and young women and other vulnerable populations in Southern Malawi

**Study objectives**

1. For orphans and vulnerable children and their caretakers, the One Community (OC) programme will improve their wellbeing, increase their awareness of their current HIV status, reduce their sexual risk behaviours and will increase their holding of more positive and gender equitable norms
2. For adolescent girls and young women, the OC programme will increase their awareness of their current HIV status, reduce their sexual risk behaviours and will increase their holding of more positive and gender equitable norms
3. For other vulnerable populations, the OC programme will increase their awareness of their current HIV status, reduce their sexual risk behaviours and will increase their holding of more positive and gender equitable norms

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

1. Population Council Institutional Review Board, 09/11/2016, ref: p785
2. University of Malawi, College of Medicine, Ethical Review Committee, 31/01/2017, P.11/16 /2067

### **Study design**

Multi-centre cluster stepped-wedge randomised evaluation repeat cross-sectional observational study

### **Primary study design**

Observational

### **Study type(s)**

Prevention

### **Health condition(s) or problem(s) studied**

HIV/AIDS

### **Interventions**

The Population Council, in collaboration with the University of Malawi College of Medicine, is conducting an evaluation of a USAID supported programme entitled "One Communalities" that is being implemented in communities in the Southern region of Malawi. Residents living in areas where the One Community (OC) programme is being implemented are eligible to participate in the OC evaluation. The evaluation seeks to assess the extent of which the OC programme is effective in improving the wellbeing and decreasing the risk of HIV acquisition among three priority populations:

1. Orphans and vulnerable children (OVC)
2. Out-of-school adolescent girls and young women (AGYW)
3. Other vulnerable populations (OVP) this includes fisherfolk, estate workers, vendors etc.

To evaluate the OC programme, communities are randomly assigned to initiate the OC programme at different times over approximately three years. Some communities initiate the program immediately, some mid-way and some toward the end of the evaluation. A total of 24 communities are participating in the evaluation. Residents in the communities who are OVC, AGYW and OVP are eligible to participate in the OC programme and therefore are able to participate in this study, the evaluation. Interviews of OVC, AGYW and OVC are conducted by study trained enumerators and take place at their households at four times, once prior to the

start of the OC programme and three additional times, approximately every 10 to 12 months. Interviews with eligible residents are conducted whether they participate in the OC programme or not, although it is expected a significant proportion do participate. Interviews take place immediately prior to each step where the OC programmes initiates in a new set of communities. Only a small number of eligible OVC, AGWY and OVP in any one community, at any one time, are randomly selected for interviews, thus, eligible participants are not likely to be interviewed more than once throughout the evaluation.

The interviews include a range of questions about participants and their experiences, including questions about age, level of education, household wealth, HIV testing and current HIV status (self-reported); sexual behaviours (e.g. condom use, number of sexual partners), use of HIV prevention services (e.g., HTC, VMMC), attitudes toward violence; gender and social norms, communication with partners and exposure to OC programme activities. Most of the questions asked each eligible population (OVC, AGWY, OVP) are the same, but some questions are asked only to certain eligible populations, particularly OVC.

The evaluation of the effectiveness of the OC programme is based on determining whether conditions and behaviour improve significantly in communities after the programme has been implemented in them. The measures used to assess effectiveness includes: use of HIV prevention, health and other social services, adoption of HIV risk reduction sexual behaviours, measures of social and economic assets, indicators of well-being and nutrition, and support for harmful gender norms.

## **Intervention Type**

Behavioural

## **Primary outcome(s)**

1. Percent of school-aged children regularly attending school is measured using a survey interview at baseline and three follow up rounds, with 10-12 months between each round
2. Percent of caregivers who agree that harsh physical punishment is an appropriate means of discipline or control in the home is measured using a survey interview at baseline and three follow up rounds, with 10-12 months between each round
3. Percent of children too sick to participate in daily activities is measured using a survey interview at baseline and three follow up rounds, with 10-12 months between each round
4. Percent of caregivers who know their child's status is measured using a survey interview at baseline and three follow up rounds, with 10-12 months between each round
5. Percent of HIV-negative participants who have obtained the results of an HIV test within the previous six months is measured using a survey interview at baseline and three follow up rounds, with 10-12 months between each round
6. Percent of participants reporting using a condom at last sex is measured using a survey interview at baseline and three follow up rounds, with 10-12 months between each round
7. Percent of participants reporting sexual behaviour with 2 or more partners in the previous 30 days is measured using a survey interview at baseline and three follow up rounds, with 10-12 months between each round
8. Percent of participants who hold positive norms regarding gender-based violence is measured using a survey interview at baseline and three follow up rounds, with 10-12 months between each round
9. Percent of participants who hold equitable norms regarding the roles of women and men is measured using a survey interview at baseline and three follow up rounds, with 10-12 months between each round

**Key secondary outcome(s)**

No secondary outcomes.

**Completion date**

30/06/2020

**Eligibility****Key inclusion criteria**

Orphans and vulnerable children (OVC) caregivers:

1. Be identified as a household with one or more OVC children from the household screening
2. Serving as a main caregiver or guardian for an OVC child in their household
3. Must be 18 years of age or older
4. Willing and able to provide informed consent to participate

Adolescent girls and young women (AGYW) :

1. Be identified as a household with one or more out-of-school AGYW from the household screening
2. Must be 15–24 years of age and not currently attending school
3. Randomly selected if there is more than one out-of-school AGYW in the household
4. If aged 15-17, have a guardian willing and able to provide informed consent to participate
5. If aged 15-17, be willing and able to provide informed assent to participate
6. If aged 18-24, be willing and able to provided informed consent to participate

Other vulnerable populations (OVP):

1. Be identified as a household with one or more OVP from the household screening
2. Must be 18 years of age or older
3. Randomly selected if there is more than one OVP in the household
4. Willing and able to provide informed consent to participate

**Participant type(s)**

Mixed

**Healthy volunteers allowed**

No

**Age group**

Mixed

**Lower age limit**

15 years

**Sex**

All

**Key exclusion criteria**

1. Not identified as being among eligible groups
2. Outside of age range
3. Incapable of providing informed consent/assent

**Date of first enrolment**

06/03/2017

**Date of final enrolment**

31/12/2019

## Locations

**Countries of recruitment**

Malawi

**Study participating centre**

**University of Malawi, College of Medicine**

Department of Public Health

School of Public Health & Family Medicine

University of Malawi College of Medicine

Private Bag 360

Chichiri

Blantyre

Malawi

Blantyre 3

## Sponsor information

**Organisation**

Population Council

**ROR**

<https://ror.org/03zjj0p70>

## Funder(s)

**Funder type**

Government

**Funder Name**

United States Agency for International Development

## Results and Publications

## Individual participant data (IPD) sharing plan

The current data sharing plans for the current study are unknown and will be made available at a later date.

## IPD sharing plan summary

Data sharing statement to be made available at a later date

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes