

The London East Anglia randomised controlled trial for cognitive-behaviour therapy for psychosis: effects of the treatment phase

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 23/01/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 09/11/2022	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

NMH13C

Study information

Scientific Title

The London East Anglia randomised controlled trial for cognitive-behaviour therapy for psychosis: effects of the treatment phase

Study objectives

A series of small, mainly uncontrolled, studies have suggested that techniques adapted from cognitive-behavioural therapy (CBT) for depression can improve outcome in psychosis, but no large randomised controlled trial of intensive treatment for medication-resistant symptoms of psychosis has previously been published.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Schizophrenia and other psychoses

Interventions

Participants randomised into the treatment group received up to nine months of individual cognitive behaviour therapy for psychosis. Sessions were conducted weekly initially, and then fortnightly. Participants randomised into standard care received routine care from their clinical team, which as part of the study entry criteria consisted of case management and medication.

Intervention Type

Behavioural

Primary outcome(s)

Measures were taken at baseline of demographic, clinical and cognitive variables. Changes over time were assessed on the Brief Psychiatric Rating Scale and the relationship between potential predictor variables and outcome was investigated using analysis of variance and covariance.

Key secondary outcome(s))

Not provided at time of registration

Completion date

31/12/1997

Eligibility

Key inclusion criteria

60 participants who each had one positive and distressing symptom of psychosis that was medication resistant (28 in a treatment group received a cognitive behaviour therapy and 32 a standard care only control condition).

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Total final enrolment

60

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/1993

Date of final enrolment

31/12/1997

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Institute of Psychiatry

London

United Kingdom

SE5 8AF

Sponsor information**Organisation**

Funder(s)

Funder type

Government

Funder Name

NHS Mental Health National Research and Development Programme (UK)

Results and Publications

Individual participant data (IPD) sharing plan

Not provided at time of registration

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		01/10/1997		Yes	No
Results article		01/11/1997		Yes	No
Results article		01/07/1998		Yes	No