

# Evaluation of the Parent Academy programme aiming to improve attainment of pupils aged 7 to 11 by motivating and educating parents

<b>Submission date</b> 20/03/2015	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2015	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 19/01/2018	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

This study will test the hypothesis that educating parents in how to support their child's learning can improve the attainment of pupils from disadvantaged backgrounds, focusing on children in Key Stage 2 aged 7-11. It focuses on the added value of intervening with parents, and investigating the effect of incentives in motivating and engaging them. If successful, the project may lead to a further study of more complex incentive structures.

### Who can participate?

Parents of a pupil attending a school participating on the study.

### What does the study involve?

The Parent Academy is delivered over 8 months. There are approximately 20 parents in a class and each class meet every fortnight, totalling 13 sessions across the 8 months. The classes last an hour and a half and follow a curriculum aligned with the learning of the pupils at school, so that similar topics are being taught at both simultaneously. The design is a three arm study (two treatment groups and a control group) individual-level randomised control trial. Within each school, parents of pupils in Years 3 to 6 will be randomly allocated to one of three groups:

1. Control group ('business as usual')
2. Intervention group
3. Intervention group (with incentives for attendance)

Take-up in the two intervention arms is expected to be less than 100%, so we will analyse outcomes according to the original treatment allocation of the parents (intention to treat).

### What are the possible benefits and risks of participating?

Benefits of participating in the study are that parents may be able to engage better with the school and other parents. There are no specific risks of participating in the study, although parents may feel under pressure to take part in the evening classes.

### Where is the study run from?

16 schools in disadvantaged areas in Middlesbrough (8 schools) and Camden (8 schools).

When is the study starting and how long is it expected to run for?  
September 2013 to December 2015

Who is funding the study?  
Education Endowment Foundation (UK)

Who is the main contact?  
Dr Fatima Husain

## Contact information

**Type(s)**  
Public

**Contact name**  
Dr Fatima Husain

**ORCID ID**  
<http://orcid.org/0000-0003-3419-546X>

**Contact details**  
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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N/A

## Study information

**Scientific Title**  
A three-arm randomised controlled trial of offering (incentivised and unincentivised) parents Maths and English classes in order to improve attainment of pupils aged 7-11

**Study objectives**  
Offering Maths and English classes to parents will improve attainment for pupils within a year. Incentivising parents to attend will have a greater effect.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

National Centre for Social Research Ethics Committee, 15/08/2014.

**Study design**

Interventional, randomised, three-arm controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised parallel trial

**Study setting(s)**

School

**Study type(s)**

Other

**Participant information sheet**

**Health condition(s) or problem(s) studied**

Education trial

**Interventions**

1. Intervention 1: Unincentivised. Parents of pupils aged 7-11 are offered the opportunity to participate in the Parent Academy programme, where they are given lessons in Maths and English, covering a syllabus similar to that received by their children. Parents of pupils in years 3 and 4 are taught separately from parents of pupils in years 5 and 6.
2. Intervention 2: Incentivised. Parents are offered the same intervention, but are financially rewarded for each session they attend.
3. Control: Parents are not offered to attend the Academy.

**Intervention Type**

Other

**Primary outcome measure**

Test scores of the InCAS standardised assessment modules Maths and Literature. Tests are conducted in schools.

**Secondary outcome measures**

Attendance rates of parents.

**Overall study start date**

01/09/2013

**Completion date**

15/12/2015

# Eligibility

## Key inclusion criteria

1. Parent of a pupil who attends a school participating in the trial
2. Parent's pupil is in school year 3-6

## Participant type(s)

Other

## Age group

Adult

## Sex

Both

## Target number of participants

3000

## Key exclusion criteria

N/A

## Date of first enrolment

20/08/2014

## Date of final enrolment

20/09/2014

# Locations

## Countries of recruitment

England

United Kingdom

## Study participating centre

**London Borough of Camden**

5 Pancras Square

London

United Kingdom

N1C 4AG

## Study participating centre

**Middlesbrough Council**

PO Box 500

Middlesbrough  
United Kingdom  
TS1 9FT

## Sponsor information

### Organisation

Education Endowment Foundation

### Sponsor details

Millbank Tower  
21 – 24 Millbank  
London  
United Kingdom  
SW1P 4QP  
0207 802 1676  
[info@eefoundation.org.uk](mailto:info@eefoundation.org.uk)

### Sponsor type

Charity

### Website

<http://educationendowmentfoundation.org.uk>

### ROR

<https://ror.org/03bhd6288>

## Funder(s)

### Funder type

Government

### Funder Name

Education Endowment Foundation

## Results and Publications

### Publication and dissemination plan

### Intention to publish date

15/12/2015

# Individual participant data (IPD) sharing plan

IPD sharing plan summary  
Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Funder report results</a>	results			No	No