# Pilot to develop and evaluate the role of a nurse specialist delivering information to newly diagnosed epileptics

Submission date Recruitment status Prospectively registered 23/01/2004 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 23/01/2004 Completed [X] Results [ ] Individual participant data Last Edited Condition category Nervous System Diseases 02/12/2008

## Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

Dr Leone Ridsdale

#### Contact details

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## Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

**REC00077** 

## Study information

#### Scientific Title

#### **Study objectives**

Epilepsy affects one in 200 people. Their need for information and counselling have not generally been met either in primary or secondary care. Consumer groups have been less effective in drawing attention to gaps in the service than in the case of diabetes, probably due to the stigma attached associated with epilepsy. We have trialled the introduction of clinics in primary care in which a nurse specialist monitored patients and provided information and advice on self-management. The patient feedback was the benefit of this would have been greater earlier, preferably from the time of diagnosis. We propose to offer a randomly selected half of patients who have been newly diagnosed an appointment with a nurse specialist. They will receive a package of information and advice. Patients in the intervention and in the comparison groups will be assessed before and after the intervention using qualitative and quantative methods.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

**Not Specified** 

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Nervous system diseases: Epilepsy

#### Interventions

- 1. Appointment with nurse specialist and receipt of information package and advice
- 2. Standard care

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Increase in patient knowledge; Qualitative data on patient knowledge, coping and satisfaction, as well as questions and gaps perceived in service.

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

31/12/1995

#### Completion date

30/06/1999

## **Eligibility**

#### Key inclusion criteria

104 patients newly diagnosed with epilepsy, and antiepileptic drugs initiated.

#### Participant type(s)

**Patient** 

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Target number of participants

104

#### Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

31/12/1995

#### Date of final enrolment

30/06/1999

## Locations

#### Countries of recruitment

England

**United Kingdom** 

## Study participating centre Academic Neuroscience Centre London United Kingdom SE5 9RS

## Sponsor information

#### Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

#### Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

#### Sponsor type

Government

#### Website

http://www.doh.gov.uk

## Funder(s)

#### Funder type

Government

#### Funder Name

NHS Executive London (UK)

## **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

#### Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2000		Yes	No