Pilot to develop and evaluate the role of a nurse specialist delivering information to newly diagnosed epileptics

| Submission date | Recruitment status | Prospectively registered | | |
|-------------------|-------------------------|-----------------------------|--|--|
| 23/01/2004 | No longer recruiting | ☐ Protocol | | |
| Registration date | Overall study status | Statistical analysis plan | | |
| 23/01/2004 | Completed | [X] Results | | |
| Last Edited | Condition category | Individual participant data | | |
| 02/12/2008 | Nervous System Diseases | | | |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number REC00077

Study information

Scientific Title

Study objectives

Epilepsy affects one in 200 people. Their need for information and counselling have not generally been met either in primary or secondary care. Consumer groups have been less effective in drawing attention to gaps in the service than in the case of diabetes, probably due to the stigma attached associated with epilepsy. We have trialled the introduction of clinics in primary care in which a nurse specialist monitored patients and provided information and advice on self-management. The patient feedback was the benefit of this would have been greater earlier, preferably from the time of diagnosis. We propose to offer a randomly selected half of patients who have been newly diagnosed an appointment with a nurse specialist. They will receive a package of information and advice. Patients in the intervention and in the comparison groups will be assessed before and after the intervention using qualitative and quantative methods.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Nervous system diseases: Epilepsy

Interventions

- 1. Appointment with nurse specialist and receipt of information package and advice
- 2. Standard care

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Increase in patient knowledge; Qualitative data on patient knowledge, coping and satisfaction, as well as questions and gaps perceived in service.

Key secondary outcome(s))

Not provided at time of registration

Completion date

30/06/1999

Eligibility

Key inclusion criteria

104 patients newly diagnosed with epilepsy, and antiepileptic drugs initiated.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

31/12/1995

Date of final enrolment

30/06/1999

Locations

Countries of recruitment

United Kingdom

England

Study participating centre Academic Neuroscience Centre

London United Kingdom SE5 9RS

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Executive London (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-----------------|---------|--------------|------------|----------------|-----------------|
| Results article | results | 01/08/2000 | | Yes | No |