# Pilot to develop and evaluate the role of a nurse specialist delivering information to newly diagnosed epileptics

	Submission date 23/01/2004	<b>Recruitment status</b> No longer recruiting	Prospectively regist	
			[_] Protocol	
	Registration date	Overall study status	[] Statistical analysis p	
	23/01/2004	Completed	[X] Results	
	Last Edited	Condition category	[_] Individual participar	
	02/12/2008	Nervous System Diseases		

## Plain English summary of protocol

Not provided at time of registration

# Contact information

Type(s) Scientific

Contact name Dr Leone Ridsdale

#### **Contact details**

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# Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers **REC00077** 

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# Study information

#### Scientific Title

#### **Study objectives**

Epilepsy affects one in 200 people. Their need for information and counselling have not generally been met either in primary or secondary care. Consumer groups have been less effective in drawing attention to gaps in the service than in the case of diabetes, probably due to the stigma attached associated with epilepsy. We have trialled the introduction of clinics in primary care in which a nurse specialist monitored patients and provided information and advice on self-management. The patient feedback was the benefit of this would have been greater earlier, preferably from the time of diagnosis. We propose to offer a randomly selected half of patients who have been newly diagnosed an appointment with a nurse specialist. They will receive a package of information and advice. Patients in the intervention and in the comparison groups will be assessed before and after the intervention using qualitative and quantative methods.

#### Ethics approval required

Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

#### Study setting(s) Not specified

**Study type(s)** Not Specified

Participant information sheet

#### Health condition(s) or problem(s) studied

Nervous system diseases: Epilepsy

#### Interventions

1. Appointment with nurse specialist and receipt of information package and advice 2. Standard care

# Intervention Type

Other

**Phase** Not Specified

#### Primary outcome measure

Increase in patient knowledge; Qualitative data on patient knowledge, coping and satisfaction, as well as questions and gaps perceived in service.

**Secondary outcome measures** Not provided at time of registration

**Overall study start date** 31/12/1995

**Completion date** 30/06/1999

# Eligibility

**Key inclusion criteria** 104 patients newly diagnosed with epilepsy, and antiepileptic drugs initiated.

Participant type(s) Patient

Age group Not Specified

**Sex** Not Specified

**Target number of participants** 104

**Key exclusion criteria** Not provided at time of registration

Date of first enrolment 31/12/1995

Date of final enrolment 30/06/1999

## Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre Academic Neuroscience Centre** London United Kingdom SE5 9RS

### Sponsor information

**Organisation** NHS R&D Regional Programme Register - Department of Health (UK)

#### **Sponsor details**

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type

Government

Website http://www.doh.gov.uk

## Funder(s)

**Funder type** Government

Funder Name NHS Executive London (UK)

## **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2000		Yes	No