How effective is Ametop 4% gel, before a venipuncture, at reducing procedural pain in infants: a randomized placebo-controlled trial

Submission date	Recruitment status No longer recruiting	Prospectively registered		
29/07/2005		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
04/11/2005	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
27/10/2022	Signs and Symptoms			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

BL 002

Study information

Scientific Title

How effective is Ametop 4% gel, before a venipuncture, at reducing procedural pain in infants: a randomized placebo-controlled trial

Study objectives

Amethocaine 4% gel applied before a venipuncture in newborn infants will safely and significantly decrease procedural pain

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Procedural pain

Interventions

Ametop (amethocaine) 4% gel versus placebo, 1.5 g applied to skin for 30 minutes prior to the venipuncture

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

Ametop (amethocaine, tetracaine hydrochloride) 4% gel

Primary outcome measure

Premature Infant Pain Profile (PIPP) score in the first minute after skin puncture

Secondary outcome measures

- 1. PIPP scores during the first, second, third and fourth minute post-skin puncture
- 2. Mean heart rate in beats per minute, mean respiratory rate per minute, mean blood pressure in mm Hg and mean 02 saturation in % at the end of baseline, 1 minute after skin puncture then
- 2, 3, 4, 5 and 10 minutes after skin puncture
- 3. Duration of cry, from skin puncture to recovery
- 4. Ease of procedure, as reflected by the mean number of attempts required to obtain the bloodwork, the success rate at obtaining the bloodwork and subjective measure of easiness on a scale of 1 to 5 (1 being very easy and 5 very hard)

The safety of amethocaine was assessed using the following data: local skin reaction (redness, edema), complete blood count and differential (pre and post intervention), aspartate aminotransferase (AST) and ALT (pre and post intervention), and creatinine levels (post intervention). All infants' vital signs were monitored throughout and after the intervention and any significant event (apnea/bradycardia, sustained bradycardia or tachycardia, sustained desaturation requiring intervention) was recorded.

Overall study start date

03/01/2003

Completion date

30/12/2004

Eligibility

Key inclusion criteria

- 1. Born at >24 weeks gestation
- 2. Skin considered in good condition (no burns or rash)
- 3. If <27 weeks gestation, at least 48 hours of life
- 4. Considered stable by the treating neonatologist

Participant type(s)

Patient

Age group

Neonate

Sex

Both

Target number of participants

54

Total final enrolment

142

Key exclusion criteria

- 1. Skin considered immature (insensible water losses requiring more fluids than usual for gestation)
- 2. Suspected or proven significant central nervous system anomaly
- 3. Receiving opioids or sedatives at time of venipuncture or in the previous 12 hours or receiving muscle relaxants
- 4. Facial anomalies (cleft lip/palate, Moebius syndrome) preventing typical facial expression of pain
- 5. Sub optimal hepatic function (alanine aminotransferase $[ALT] > 2 \times per normal limit)$ or sub optimal renal function (urine output <1 ml/kg/hour in the last 12 hours)

Date of first enrolment

03/01/2003

Date of final enrolment 30/12/2004

Locations

Countries of recruitment

Canada

Study participating centre 401 Smyth Road

Ottawa Canada K1H 8L1

Sponsor information

Organisation

Children's Hospital of Eastern Ontario Research Institute (Canada)

Sponsor details

401 Smyth Road Ottawa Canada K1H 8L1

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Sponsor type

Hospital/treatment centre

ROR

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Physicians Services Incorporated (#02-39) and Children's Hospital of Eastern Ontario Research Institute

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

Not provided at time of registration

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		08/02/2007	27/10/2022	Yes	No