

# Local anesthesia for carotid artery surgery

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<b>Registration date</b> 08/02/2024	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 03/11/2025	<b>Condition category</b> Surgery	<input type="checkbox"/> Individual participant data <input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Carotid endarterectomy (CEA) is a surgical procedure designed to treat carotid artery disease, specifically the narrowing or stenosis of the carotid arteries (internal carotid stenosis), which are major blood vessels in the neck that supply blood to the brain. The goal of the procedure is to remove the atherosclerotic plaque that has built up within the carotid artery and to restore normal blood flow to the brain.

This study examines the effectiveness of plexus anesthesia versus general anesthesia for carotid endarterectomy procedures. We have adopted plexus anesthesia as our primary approach since January 2023, and this study presents a detailed evaluation of the initial 50 consecutive cases. We carefully considered both advantages and potential drawbacks to assess the long-term viability of plexus anesthesia for patients with significant and symptomatic carotid stenosis. Additionally, we provide insights into the patients' perspectives and experiences during carotid endarterectomy under plexus anesthesia.

### Who can participate?

Patients aged over 18 years with symptomatic internal carotid stenosis

### What does the study involve?

Death rates, serious adverse (neurological) events, complications and conversions of plexus anesthesia are collected from electronic patient files.

### What are the possible benefits and risks of participating?

This is a retrospective study so there is no further burden for the participants. All data are anonymized and encoded.

### Where is the study run from?

Euregio-Klinik (Germany)

### When is the study starting and how long is it expected to run for?

December 2023 to October 2025

### Who is funding the study?

Euregio-Klinik (Germany)

Who is the main contact?

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## Contact information

### Type(s)

Public, Scientific

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## Additional identifiers

### Clinical Trials Information System (CTIS)

Nil known

### ClinicalTrials.gov (NCT)

Nil known

### Protocol serial number

Nil known

# Study information

## Scientific Title

Plexus anesthesia introduced as the standard technique for carotid endarterectomy in a regional teaching hospital: the first 50 consecutive cases

## Study objectives

Is introduction of plexus anesthesia for carotid endarterectomy patients in a regional teaching hospital possible within literature based complication rates?

## Ethics approval required

Ethics approval not required

## Ethics approval(s)

The board of the Ärztekammer Niedersachsen, Hannover, Germany have stated that no further ethical permission is needed for this study as the data collected has been anonymized in such a way that the person concerned cannot or can no longer be identified

## Study design

Retrospective consecutive case series

## Primary study design

Observational

## Study type(s)

Efficacy, Quality of life, Other

## Health condition(s) or problem(s) studied

Plexus anesthesia for carotid endarterectomy patients

## Interventions

All symptomatic carotid endarterectomy patients are already operated on and encoded, all pre-, peri- and postoperative data codes will be used. Data is accessible in electronic patient files after informed consent of the Medical Ethical Board in Hannover has been obtained.

## Intervention Type

Procedure/Surgery

## Primary outcome(s)

1. Mortality collected from electronic patient files from operation date (in 2023) to 31/10/2023
2. Serious adverse (neurological) events collected from electronic patient files from operation date (in 2023) to 31/10/2023

## Key secondary outcome(s)

Complications and conversions of plexus anesthesia collected from electronic patient files from operation date to 31/10/2023

## Completion date

01/10/2025

# Eligibility

## Key inclusion criteria

1. Symptomatic internal carotid stenosis (>50%)
2. Adult (>18 years)

## Participant type(s)

Health professional, Patient

## Healthy volunteers allowed

No

## Age group

Adult

## Lower age limit

18 years

## Upper age limit

100 years

## Sex

All

## Key exclusion criteria

Previous ipsilateral internal carotid stenosis

## Date of first enrolment

01/01/2023

## Date of final enrolment

31/10/2023

# Locations

## Countries of recruitment

Germany

## Study participating centre

### Euregio Hospital

Albert-Schweitzerstrasse 10

Nordhorn

Germany

48527

# Sponsor information

**Organisation**  
Euregio-Klinik

## **Funder(s)**

**Funder type**  
Hospital/treatment centre

**Funder Name**  
Euregio-Klinik

## **Results and Publications**

### **Individual participant data (IPD) sharing plan**

IPD storage in a non-public and password-accessible computer. The datasets generated during and/or analysed during the current study are not expected to be made available due to the privacy laws in Germany. Moreover, the codes are not traceable to real patient data anymore after this was double-checked.

### **IPD sharing plan summary**

Not expected to be made available, Stored in non-publicly available repository