

# Factors influencing the outcome of children attending Croydon CAMHS

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 18/06/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 13/12/2013	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
4604

# Study information

## Scientific Title

Factors influencing the outcome of children attending Croydon Child and Adolescent Mental Health Services (CAMHS): a multicentre cohort study

## Acronym

Croydon CAMHS Outcome Project

## Study objectives

This project will focus on the effectiveness of Child and Adolescent Mental Health Services (CAMHS). It will evaluate a methodology for assessing the effectiveness of attendance at CAMHS by judging clinical outcome measures against normative data from national epidemiological studies. It will also identify factors predicting the outcome of children attending CAMHS with the aim of generating an empirically derived prognostic index. It will also assess the feasibility of the adoption of a standardized diagnostic assessment into routine practice. It will study the attitudes of CAMHS clinicians toward routine outcome monitoring and how these change over the course of the project. Finally, it will compare the rates of public sector service use over 18 months by CAMHS attenders as compared with a community sample of untreated children with similar psychopathology from a national study with a view to planning a more detailed cost-effectiveness study in the longer term.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Joint South London and Maudsley and the Institute of Psychiatry NHS Research Ethics Committees, 14/09/2005, ref: 150/05

## Study design

Multicentre randomised interventional diagnosis and treatment trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Topic: Mental Health Research Network, Generic Health Relevance and Cross Cutting Themes;  
Subtopic: All Diagnoses, Generic Health Relevance (all Subtopics); Disease: Not Applicable,  
Paediatrics

### **Interventions**

1. To evaluate the utility of the SDQ "added value" computer algorithm as a tool to allow clinics to measure their performance with that of untreated children in the community
2. To explore staff perceptions, about the use of a standardized diagnostic assessment and routine outcome monitoring
3. To gather preliminary data, to establish whether an in depth study of cost effectiveness is feasible
4. To identify factors, influencing the outcome of children attending Croydon CAMHS in order to generate an empirically based measure of case complexity

There was no treatment arm children were assessed at baseline using the Development and Well-being Assessment which includes a brief measure call the SDQ (completed by parents) prior to assessment, and a brief in house questionnaire completed by the assessing clinician about what difficulties the child had, their level of function according to the CGAS, and was their assessment completed.

Every six months for two subsequent years the parents completed an SDQ, while the clinicians reported on how they perceived the child's difficulties, the CGAS and what interventions had happened in the previous six months if the child's was discharged, clinician follow up ceased (for obvious reasons) but parental follow up did not we are just chasing the final follow ups for the final patients and data collection will close at the end of this month.

Follow-up length: 26 months

Study entry: single randomisation only

### **Intervention Type**

Other

### **Phase**

Not Applicable

### **Primary outcome measure**

SDQ total difficulties and impact scores, according to parents at six monthly intervals.

### **Secondary outcome measures**

1. CGAS scores at 6 monthly intervals
2. Parental rating of whether coming to the clinic has changed the child's difficulties according to the follow up SDQ at six monthly intervals
2. The SDQ "added value", as produced by the computer algorithm

### **Overall study start date**

01/03/2006

### **Completion date**

31/05/2008

# Eligibility

## Key inclusion criteria

1. Subsequent referrals accepted to the waiting list of two district tier 2 - 3 CAMHS services
2. Aged between 5 - 10 years and 9 months over 2 years and 2 months

## Participant type(s)

Patient

## Age group

Child

## Lower age limit

5 Years

## Upper age limit

10 Years

## Sex

Both

## Target number of participants

Planned sample size: 300; UK sample size: 300

## Key exclusion criteria

1. Younger than five or older than 10 years and 9 months at the time of they are accepted onto the waiting list
2. Child is looked after by their local authority, because of the difficulty of parental responsibility changing during the course of the study and because of the difficulty in finding informants that know the child well enough
3. The parent has insufficient English to complete the questionnaires
4. Emergency and paediatric liaison referrals because of the difficulty in gaining consent and completing the base line assessment between referral and first assessment

## Date of first enrolment

01/03/2006

## Date of final enrolment

31/05/2008

# Locations

## Countries of recruitment

England

United Kingdom

## Study participating centre

**Institute of Health Services Research**  
Exeter  
United Kingdom  
EX1 2LU

## **Sponsor information**

### **Organisation**

South London and Maudsley NHS Foundation Trust (SLaM) (UK)

### **Sponsor details**

Institute of Psychiatry  
16 De Crespigny Park  
London  
United Kingdom  
SE5 8AF

### **Sponsor type**

Not defined

### **Website**

<http://www.slam.nhs.uk/>

### **ROR**

<https://ror.org/015803449>

## **Funder(s)**

### **Funder type**

Research council

### **Funder Name**

Medical Research Council (MRC) (UK) - Clinician Scientist Fellowship (ref: G108/625)

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

### **Intention to publish date**

### **Individual participant data (IPD) sharing plan**

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/04/2013		Yes	No