An evaluation of a brief assessment-led intervention with young non-injecting drug users

Submission date	Recruitment status No longer recruiting	Prospectively registered		
13/02/2008		☐ Protocol		
Registration date	Overall study status Completed	Statistical analysis plan		
26/02/2008		[X] Results		
Last Edited 06/08/2020	Condition category Mental and Behavioural Disorders	Individual participant data		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number V#1, 10/01/06

Study information

Scientific Title

An evaluation of a brief assessment-led intervention with young non-injecting drug users

Study objectives

That participants receiving a brief assessment-led intervention would at 3 months follow-up have a lower mean frequency of cannabis use, cocaine use, crack cocaine use and MDMA (3,4 methylenedioxymethamphetamine; Ecstasy) use combined than delayed assessment control participants

Ethics approval required

Old ethics approval format

Ethics approval(s)

King's College London, 17/10/2005, ref: 05/Q0706/219

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Substance misuse

Interventions

Experimental: A brief assessment-led intervention

a. Drugs and Lifestyle Assessment

b. Manual guided 30 minute feedback interview

Control 1: Assessment only Control 2: Delayed assessment

Intervention Type

Behavioural

Primary outcome(s)

Combined frequency of cocaine powder use, crack cocaine use, MDMA use and cannabis use, assessed at baseline and 90 days

Key secondary outcome(s))

The following were assessed at baseline and 90 days:

- 1. Typical intensity of cannabis use, cocaine use, crack cocaine use and MDMA use at 90 days
- 2. Drug dependency: Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders, 4th edition (DSM-IV) Personality Disorders (Structured Clinical Interview for DSM-IV Axis II Personality Disorders; SCID-II)
- 3. Alcohol frequency and intensity
- 4. Hazardous drinking: The Alcohol Use Disorders Identification Test (AUDIT)

- 5. General health: EQ-5D A multi-dimensional Quality of Health Instrument (EurQol)
- 6. Psychological health: General Health Questionnaire (GHQ 12)
- 7. Engagement with health and social services

Completion date

29/01/2008

Eligibility

Key inclusion criteria

- 1. 16 to 28 years old
- 2. Using either cannabis, cocaine powder, crack cocaine, or MDMA on four days in previous month
- 3. Able speak and comprehend English
- 4. Written consent

Participant type(s)

Other

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Total final enrolment

342

Key exclusion criteria

- 1. In contact with a drug/alcohol treatment agency in previous 12 months
- 2. Used opiates more than 30 days in the previous 90 days or in the previous 48 hours before interview
- 3. Injected more than once in the last 12 months and no more than ten times lifetime
- 4. Receiving specialist treatment for a mental health problem
- 5. Participated in a similar research study in the previous 12 months

Date of first enrolment

01/10/2005

Date of final enrolment

29/01/2008

Locations

Countries of recruitment

United Kingdom

England

Study participating centre Institute of Psychiatry London United Kingdom SE5 8AF

Sponsor information

Organisation

King's College London (UK)

ROR

https://ror.org/0220mzb33

Funder(s)

Funder type

Government

Funder Name

Department of Health of England & Wales, Drug Misuse Research Initiative (Phase 2) (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2006	06/08/2020	Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes