Effective physiotherapy management of hip osteoarthritis: a preliminary trial

Submission date	Recruitment status No longer recruiting	[X] Prospectively registeredProtocol		
25/02/2005				
Registration date 14/04/2005	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	Individual participant data		
02/10/2017	Musculoskeletal Diseases			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number PRF/04/2

Study information

Scientific Title

Effective physiotherapy management of hip osteoarthritis: a preliminary trial

Acronym

ESCAPE hip pain

Study objectives

Patients who undergo a combined exercise and self-management regimen will have improved function and pain than those continuing with standard GP management.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Added as of 16/06/2008:

This study received approval from the following:

- 1. West Kent Ethics Committee (ref: 05/Q1801/57)
- 2. Local Research and Development approval from the Kent Primary Care Trust (ref: SWK20)

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Hip osteoarthritis

Interventions

Intervention: A 10 session exercise and self-management regimen Control group: Standard care of GP, which includes on-going drug management (primarily analgesics with non-steroidal anti-inflammatory drugs [NSAIDs] as necessary)

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Western Ontario and McMaster Universities (WOMAC) function sub-scale.

Key secondary outcome(s))

- 1. WOMAC pain
- 2. Self-efficacy for exercise
- 3. Hospital Anxiety and Depression (HAD) scale
- 4. EuroQol
- 5. Aggregate Functional Performance Time (AFPT)

Completion date

Eligibility

Key inclusion criteria

- 1. Over-50
- 2. Hip osteoarthritis

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Senior

Sex

All

Key exclusion criteria

- 1. Previous hip replacement
- 2. Physiotherapy or steroid injections within the previous year

Date of first enrolment

01/06/2005

Date of final enrolment

31/12/2007

Locations

Countries of recruitment

United Kingdom

England

Study participating centre Faculty of Health and Social Care

Bristol United Kingdom BS16 1DD

Sponsor information

Organisation

Physiotherapy Research Foundation (UK)

ROR

https://ror.org/04sn78z72

Funder(s)

Funder type

Research organisation

Funder Name

Physiotherapy Research Foundation (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Abstract results		01/04/2008		No	No