

Effective physiotherapy management of hip osteoarthritis: a preliminary trial

Submission date 25/02/2005	Recruitment status No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 14/04/2005	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 02/10/2017	Condition category Musculoskeletal Diseases	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
PRF/04/2

Study information

Scientific Title

Effective physiotherapy management of hip osteoarthritis: a preliminary trial

Acronym

ESCAPE hip pain

Study objectives

Patients who undergo a combined exercise and self-management regimen will have improved function and pain than those continuing with standard GP management.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Added as of 16/06/2008:

This study received approval from the following:

1. West Kent Ethics Committee (ref: 05/Q1801/57)
2. Local Research and Development approval from the Kent Primary Care Trust (ref: SWK20)

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Quality of life

Participant information sheet

Health condition(s) or problem(s) studied

Hip osteoarthritis

Interventions

Intervention: A 10 session exercise and self-management regimen

Control group: Standard care of GP, which includes on-going drug management (primarily analgesics with non-steroidal anti-inflammatory drugs [NSAIDs] as necessary)

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Western Ontario and McMaster Universities (WOMAC) function sub-scale.

Secondary outcome measures

1. WOMAC pain
2. Self-efficacy for exercise
3. Hospital Anxiety and Depression (HAD) scale
4. EuroQol
5. Aggregate Functional Performance Time (AFPT)

Overall study start date

01/06/2005

Completion date

31/12/2007

Eligibility

Key inclusion criteria

1. Over-50
2. Hip osteoarthritis

Participant type(s)

Patient

Age group

Senior

Sex

Both

Target number of participants

60

Key exclusion criteria

1. Previous hip replacement
2. Physiotherapy or steroid injections within the previous year

Date of first enrolment

01/06/2005

Date of final enrolment

31/12/2007

Locations

Countries of recruitment

England

United Kingdom

Study participating centre
Faculty of Health and Social Care
Bristol
United Kingdom
BS16 1DD

Sponsor information

Organisation
Physiotherapy Research Foundation (UK)

Sponsor details
Chartered Society of Physiotherapy
14 Bedford Row
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Sponsor type
Research organisation

ROR
<https://ror.org/04sn78z72>

Funder(s)

Funder type
Research organisation

Funder Name
Physiotherapy Research Foundation (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Abstract results		01/04/2008		No	No