

# Study of aromatase inhibitors in women with potentially hormone responsive recurrent /metastatic gynaecological cancers

<b>Submission date</b> 22/12/2011	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 12/01/2012	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 29/10/2020	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

<https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-anastrozole-hormone-receptor-positive-gynaecological-cancers-paragon>

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

### Protocol serial number

ANZGOG0903

## Study information

Scientific Title

Phase II study of Aromatase inhibitors in women with potentially hormone Responsive recurrent /metastatic Gynaecological Neoplasms (PARaGoN)

**Acronym**  
PARaGoN

**Study objectives**

Objective:

Determine clinical benefit rate by the proportion of patients experiencing either stable disease or response within 3 months of commencing treatment.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

NRES Committee North East - Newcastle & North Tyneside, 07 December 2011 ref: 11/NE/0214

**Study design**

Single arm prospective phase II study

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Hormone responsive recurrent/metastatic gynaecological neoplasms

**Interventions**

Patients will be eligible for the trial if they have hormone responsive recurrent /metastatic gynaecological cancer which is unlikely to be cured by standard treatment. To be considered for the trial the original tumour specimens will be re examined to ensure that they express the oestrogen receptor.

Patient will give written informed consent before enrollment, following enrollment all patients will be given a standard dose of the oral aromatase inhibitor anastrozole of 1mg per day. Patients will stay on treatment until progression or until 5 years after enrollment, whichever is the sooner.

**Intervention Type**

Other

**Phase**

Phase II

**Primary outcome(s)**

Clinical benefit rate determined by the proportion of patients experiencing either stable disease or response within 3 months of commencing treatment. This will be determined radiologically by RECIST v1.1 or CA125 of inhibin (depending on the specific tumour type).

## **Key secondary outcome(s)**

Progression free survival: this will be determined radiologically by Response Evaluation Criteria in Solid tumours (RECIST v1.1) or CA125 tumour marker response or inhibin.

1. Response duration in each subgroup: this will be determined radiologically by RECIST v1.1 or CA125 or inhibin.
2. Quality of life (QOL): will be assessed in the study using EORTC QLQ-C30 core questionnaire and the Functional Assessment of Cancer Therapy Endocrine Symptoms subscale.
3. Toxicity :Proportion of patients experiencing grade 3 or 4 toxicities, adverse events will be graded according to National Cancer Institute Common Terminology Criteria for Adverse Events (NCI CTCAE) v4.0.

## **Completion date**

31/12/2016

## **Eligibility**

### **Key inclusion criteria**

1. Patient with recurrent or metastatic gynaecological cancer. The specific subgroups are outlined below. All patients will have central review and analyses of oestrogen receptor /progesterone receptor (ER/PR) at a later date to confirm receptor status but entry to the study will be based on local hormone receptor analyses.
  - 1.1. Epithelial ovarian cancer, primary peritoneal cancers and cancers of the fallopian tube
  - 1.2. Endometrial cancer: patients that have measurable disease
  - 1.3. Endometrial stromal sarcomas: patients that have measurable disease
  - 1.4. Miscellaneous sarcomas: includes leiomyosarcomas, adenosarcomas, carcinosarcomas and undifferentiated sarcomas which have relapsed following standard treatment such as chemotherapy or patients in whom chemotherapy is not considered appropriate.
  - 1.5. Granulosa cell tumours and other sex cord tumours: patients with measurable disease and /or elevated inhibin (total inhibin and/or inhibin B? level
  - 1.6. UK centres will only enter patients to subgroups B-E of the study
2. All patients must have ER and/or PR positive tumours by immunohistochemical evaluation based on the assessment at individual sites. Hormone receptor staining should be carried out on the original tumour. If not available, but the recurrent tumour is receptor positive, then these patients will be eligible.
3. Post menopausal as defined by:
  - 3.1. Aged 60 or more, or
  - 3.2. Age 45-59 and has amenorrhoea for at least 12 months and follicle-stimulating hormone (FSH) in postmenopausal range with an intact uterus, or having had a bilateral oophorectomy
4. Evaluable disease defined as
  - 4.1. Measurable disease as per Response Evaluation Criteria In Solid Tumours (RECIST) v1.1, or
  - 4.2. Cancer antigen 125 (CA125) as per GCIg criteria (for ovarian cancer subgroup) or
  - 4.3. Elevated total inhibin and/or inhibin B (for granulosa cell sub-group)
5. Eastern Cooperative Oncology Group (ECOG) performance status 0-2
6. Expected survival > 3 months

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Female

**Key exclusion criteria**

Prior therapy with an aromatase inhibitor:

1. Patients receiving any hormone replacement therapy
2. Inability to comply with study procedures
3. Unable to give informed consent
4. Other active malignancy or primary malignancy diagnosed within the previous 5 years, except for treated squamous or basal cell carcinoma of skin or cervical carcinoma
5. Significant hepatic (bilirubin >2xULN) or renal dysfunction (creatinine>3x ULN)

**Date of first enrolment**

01/01/2011

**Date of final enrolment**

31/12/2016

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Northern Institute for Cancer Research**

Newcastle upon Tyne

United Kingdom

NE2 4HH

**Sponsor information****Organisation**

NHS Greater Glasgow and Clyde (UK)

**ROR**

<https://ror.org/05kdz4d87>

**Funder(s)**

**Funder type**

Charity

**Funder Name**

Cancer Research UK (UK) ref: A12846

**Alternative Name(s)**

CR\_UK, Cancer Research UK - London, Cancer Research UK (CRUK), CRUK

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Other non-profit organizations

**Location**

United Kingdom

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary****Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">HRA research summary</a>			28/06/2023	No	No
<a href="#">Plain English results</a>			29/10/2020	No	Yes