# The nutritional, cardiovascular and immunological effect of daily subcutaneous ghrelin in dialysis patients with evidence of malnutrition

Submission date	<b>Recruitment status</b> No longer recruiting	Prospectively registered		
06/03/2006		☐ Protocol		
Registration date 22/06/2006	Overall study status Completed Condition category	Statistical analysis plan		
		[X] Results		
Last Edited		Individual participant data		
20/01/2011	Nutritional, Metabolic, Endocrine			

#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

Dr Peter Choi

#### Contact details

West London Renal and Transplant Centre Hammersmith Hospital Du Cane Road London United Kingdom W12 0HS

#### Additional identifiers

**Protocol serial number** N/A

# Study information

Scientific Title

#### Study objectives

Ghrelin treatment has beneficial effects on the disordered nutritional, cardiovascular and immunological physiology of dialysis patients.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Approved by the Riverside Research Ethics Committee on 01/02/2006, reference number: 05/00401/132

#### Study design

Randomised, double-blind, placebo-controlled, crossover trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Malnutrition or renal failure

#### **Interventions**

Subcutaneous ghrelin versus placebo

#### Intervention Type

Drug

#### Phase

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

Ghrelin

#### Primary outcome(s)

- 1. Blood pressure
- 2. Energy expenditure
- 3. Cytokine production

#### Key secondary outcome(s))

- 1. Food intake
- 2. Nutritional parameters

#### Completion date

01/12/2006

### **Eligibility**

#### Key inclusion criteria

Dialysis patients at West London Renal and Transplant Centre, Hammersmith Hospital with evidence of malnutrition

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

All

#### Key exclusion criteria

- 1. Anaemia
- 2. Over 75 years of age
- 3. Recent illness

#### Date of first enrolment

13/03/2006

#### Date of final enrolment

01/12/2006

#### Locations

#### Countries of recruitment

**United Kingdom** 

England

# Study participating centre West London Renal and Transplant Centre

London United Kingdom W12 0HS

# Sponsor information

#### Organisation

Hammersmith Hospitals NHS Trust (UK)

#### **ROR**

https://ror.org/05jg8yp15

# Funder(s)

#### Funder type

Government

#### Funder Name

Hammersmith Hospital NHS Trust (UK)

## **Results and Publications**

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2009		Yes	No