

# Xylitol Clinical Studies for Prevention - Xylitol Frequency Study (Gum 2)

<b>Submission date</b> 16/11/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 22/11/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 13/10/2009	<b>Condition category</b> Oral Health	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Peter Milgrom

**Contact details**  
Dental Public Health Sciences  
1959 NE Pacific Street  
Rm B-509  
Box 357475  
Seattle, Washington  
United States of America  
98195  
+1 206 543 4043  
dfrc@u.washington.edu

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
U54 DE14254

# Study information

## Scientific Title

## Acronym

Gum 2

## Study objectives

Increasing reduction in mutans streptococci level in plaque and saliva to increasing frequency of xylitol use at the same total daily dose.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

University of Washington Internal Review Board - Application#: 04-2024-B 01. Approved 17/06 /2004.

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Not Specified

## Participant information sheet

## Health condition(s) or problem(s) studied

Dental caries

## Interventions

4 group design. Control (sorbitol gum) group and 3 xylitol gum groups who consumed 10.32 g xylitol per day. All 4 groups chewed 12 pellets of gum per day. Xylitol groups evenly divided the 12 gums into 2, 3, or 4 chewing frequency. Controls chewed sorbitol gums 4 times per day.

## Intervention Type

Drug

## Phase

Not Specified

**Drug/device/biological/vaccine name(s)**

Xylitol

**Primary outcome measure**

Reduction in mutans streptococci level in plaque and saliva

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/04/2004

**Completion date**

01/03/2005

## Eligibility

**Key inclusion criteria**

Adult, male & female, with screening plaque mutans streptococci level greater than 10,000 CFU /ml

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

132

**Key exclusion criteria**

1. Gastro-intestinal diseases/problems
2. Phenylalanine intolerant

**Date of first enrolment**

01/04/2004

**Date of final enrolment**

01/03/2005

## Locations

**Countries of recruitment**

United States of America

**Study participating centre**  
**Dental Public Health Sciences**  
Seattle, Washington  
United States of America  
98195

## Sponsor information

**Organisation**  
University of Washington (USA)

**Sponsor details**  
Carol Zuiches  
Asst Vice Provost for Research  
Office of Sponsored Programs  
1100 45th St.  
NE, Ste. 300  
Seattle, Washington  
United States of America  
98105  
+1 206 543 4043  
gcsvcs@u.washington.edu

**Sponsor type**  
University/education

**Website**  
<http://www.washington.edu/research/osp/index.php>

**ROR**  
<https://ror.org/00cvxb145>

## Funder(s)

**Funder type**  
Government

**Funder Name**  
National Institute of Dental and Cranio-facial Research (NIDCR) (USA) - ref: U54 DE14254

## Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	24/03/2006		Yes	No