# Xylitol Clinical Studies for Prevention - Xylitol Frequency Study (Gum 2)

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
16/11/2005		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
22/11/2005	Completed	[X] Results		
<b>Last Edited</b> 13/10/2009	<b>Condition category</b> Oral Health	[] Individual participant data		

#### Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Peter Milgrom

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

U54 DE14254

# Study information

#### Scientific Title

#### Acronym

Gum 2

#### **Study objectives**

Increasing reduction in mutans streptococci level in plaque and saliva to increasing frequency of xylitol use at the same total daily dose.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

University of Washington Internal Review Board - Application#: 04-2024-B 01. Approved 17/06/2004.

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

# Study type(s)

**Not Specified** 

#### Participant information sheet

# Health condition(s) or problem(s) studied

Dental caries

#### Interventions

4 group design. Control (sorbitol gum) group and 3 xylitol gum groups who consumed 10.32 g xylitol per day. All 4 groups chewed 12 pellets of gum per day. Xylitol groups evenly divided the 12 gums into 2, 3, or 4 chewing frequency. Controls chewed sorbitol gums 4 times per day.

#### Intervention Type

Drug

#### Phase

**Not Specified** 

# Drug/device/biological/vaccine name(s)

**Xylitol** 

#### Primary outcome measure

Reduction in mutans streptococci level in plaque and saliva

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

01/04/2004

#### Completion date

01/03/2005

# **Eligibility**

#### Key inclusion criteria

Adult, male & female, with screening plaque mutans streptococci level greater than 10,000 CFU /ml

### Participant type(s)

**Patient** 

#### Age group

Adult

#### Sex

Both

# Target number of participants

132

#### Key exclusion criteria

- 1. Gastro-intestinal diseases/problems
- 2. Phenylalanine intolerant

#### Date of first enrolment

01/04/2004

#### Date of final enrolment

01/03/2005

# Locations

#### Countries of recruitment

United States of America

# Study participating centre Dental Public Health Sciences

Seattle, Washington United States of America 98195

# Sponsor information

#### Organisation

University of Washington (USA)

#### Sponsor details

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#### Sponsor type

University/education

#### Website

http://www.washington.edu/research/osp/index.php

#### **ROR**

https://ror.org/00cvxb145

# Funder(s)

#### Funder type

Government

#### **Funder Name**

National Institute of Dental and Cranio-facial Research (NIDCR) (USA) - ref: U54 DE14254

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	24/03/2006		Yes	No