# Improving the treatment of neuropsychiatric symptoms in nursing home residents suffering from dementia

Submission date	Recruitment status  No longer recruiting	Prospectively registered	
30/01/2010		Protocol	
Registration date 10/06/2010	Overall study status Completed	Statistical analysis plan	
		[X] Results	
Last Edited	Condition category	[] Individual participant data	
25/04/2014	Mental and Behavioural Disorders		

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Michael Rapp

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

LT 44-076

# Study information

#### Scientific Title

Evaluation of a combined guideline implementation protocol for neuropsychiatric symptoms in nursing home residents suffering from dementia

#### Acronym

**VIDEANT** 

## **Study objectives**

The implementation of guideline-driven training and occupational therapy interventions will reduce neuropsychiatric symptoms, specifically, agitation, depression, and apathy, in nursing home residents suffering from dementia

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Ethics Committee of Charite - University Medicine Berlin approved on the 17th of July 2008 (ref: EA1/065/08)

## Study design

Cluster randomised controlled trial

## Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Other

# Study type(s)

Treatment

# Participant information sheet

Not available in web format, please use contact details below to request a patient information sheet (in German)

# Health condition(s) or problem(s) studied

Neuropsychiatric symptoms in dementia

#### **Interventions**

18 care centres in Berlin will be randomised to the intervention or control conditions:

- 1. Intervention centres:
- 1.1. 20 hours of training for nursing staff on causes, symptomatology and treatment of neuropsychiatric symptoms in dementia
- 1.2. 4 hours of training for primary care psychiatrists on causes and medical treatment of

neuropsychiatric symptoms in dementia

- 1.3. 15 minute individual occupational therapy sessions twice a week
- 1.4. Provision of and training in standardized assessments of neuropsychiatric symptoms in dementia (nursing staff)
- 2. Control centres: treatment as usual

The total duration of the intervention and follow up will be 9 months

## Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

- 1. Agitation as measured with the Cohen-Mansfield Agitation inventory (CMAI)
- 2. Depression as measured with the Dementia Mood Assessment Scale (DMAS)
- 3. Apathy as measured with the Apathy Evaluation Scale (AES)

All primary outcomes are measured at baseline and at 12 months.

#### Secondary outcome measures

- 1. Psychotropic medication in defined daily dosages
- 2. Number of hospital admissions
- 3. Caregiver burden as measured with the Perceived Stress Scale (PSS)
- 4. Mortality

All secondary outcomes are measured at baseline, months 3, 6, and 12, and mortality dates are ascertained retrospectively.

#### Overall study start date

01/11/2008

#### Completion date

01/05/2010

# **Eligibility**

# Key inclusion criteria

Both male and female dementia patients aged 60 or older who live in a nursing home

## Participant type(s)

Patient

#### Age group

Senior

#### Sex

Both

## Target number of participants

400 (from 18 Berlin nursing homes)

## Key exclusion criteria

- 1. Inability to give informed consent and absence of a caregiver holding power of attorney
- 2. Any of the following conditions as defined by ICD-10 criteria
- 2.1. Presence of substance abuse (F 10)
- 2.2. Schizophrenia and associated conditions (F20)
- 2.3. Bipolar disorder (F30,31)

# Date of first enrolment

01/11/2008

#### Date of final enrolment

01/05/2010

# Locations

## Countries of recruitment

Germany

# Study participating centre

Psychiatric University Hospital St. Hedwig

Berlin Germany 10115

# Sponsor information

## Organisation

Federal Office of Administration (Bundesverwaltungsamt [BVA]) (Germany)

# Sponsor details

Eupener Str. 125 Koeln Germany 50728

#### Sponsor type

Government

#### Website

http://www.bundesverwaltungsamt.de

## **ROR**

https://ror.org/04n9aye53

# Funder(s)

# Funder type

Government

#### Funder Name

German Federal Ministry of Health (Bundesministerium für Gesundheit [BMG]) (ref: LT 44-076)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2013		Yes	No