

Promoting personal recovery from psychosis: A randomised controlled trial in first episode schizophrenia

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 23/01/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 28/01/2010	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Chris Jackson

Contact details
North Birmingham Mental Health NHS Trust
Harry Waton House
97 Church Lane
Aston
Birmingham
United Kingdom
B6 5UG
+44 (0)121 685 6479
chris.jackson@bsmht.nhs.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

RGC00447

Study information

Scientific Title

Study objectives

The objective of the study is to evaluate whether a form of cognitive therapy (recovery intervention) is an effective intervention to promote personal adjustment to psychosis and reduce depression, trauma and other characteristic negative consequences of psychosis.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Schizophrenia and other psychoses

Interventions

1. The intervention group will receive cognitive therapy over a 6 month period
2. The control group will receive treatment as usual

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

1. Post-psychotic depression, suicidal ideation (Calgary scale)
2. Symptoms of Post Traumatic Stress Disorder (Impact of Events scale)
3. Adaptation to psychosis
4. Particularly perceived control over psychosis

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/05/2001

Completion date

01/05/2003

Eligibility

Key inclusion criteria

Patients conforming to International Statistical Classification of Diseases and Related Health Problems, Tenth revision (ICD-10) schizophrenia or related disorder

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

66 (added 28/01/10; see publication)

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/05/2001

Date of final enrolment

01/05/2003

Locations

Countries of recruitment

England

United Kingdom

Study participating centre
North Birmingham Mental Health NHS Trust
Birmingham
United Kingdom
B6 5UG

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details

The Department of Health
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

<http://www.doh.gov.uk>

Funder(s)

Funder type

Government

Funder Name

NHS Executive West Midlands (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2009		Yes	No