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# Promoting personal recovery from psychosis: A randomised controlled trial in first episode schizophrenia

**Submission date**
23/01/2004

**Recruitment status**
No longer recruiting

**Registration date**
23/01/2004

**Overall study status**
Completed

**Last Edited**
28/01/2010

**Condition category**
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

**Plain English summary of protocol**
Not provided at time of registration

## Contact information

**Type(s)**
Scientific

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## Additional identifiers

**Protocol serial number**
RGC00447

## Study information

### Scientific Title

### Study objectives
The objective of the study is to evaluate whether a form of cognitive therapy (recovery intervention) is an effective intervention to promote personal adjustment to psychosis and reduce depression, trauma and other characteristic negative consequences of psychosis.

### Ethics approval required
Old ethics approval format

### Ethics approval(s)
Not provided at time of registration

### Study design
Randomised controlled trial

### Primary study design
Interventional

### Study type(s)
Treatment

### Health condition(s) or problem(s) studied
Schizophrenia and other psychoses

### Interventions
1. The intervention group will receive cognitive therapy over a 6 month period
2. The control group will receive treatment as usual

### Intervention Type
Other

### Phase
Not Applicable

### Primary outcome(s)
1. Post-psychotic depression, suicidal ideation (Calgary scale)
2. Symptoms of Post Traumatic Stress Disorder (Impact of Events scale)
3. Adaptation to psychosis
4. Particularly perceived control over psychosis

### Key secondary outcome(s))
Not provided at time of registration

### Completion date
01/05/2003

## Eligibility

### Key inclusion criteria
Patients conforming to International Statistical Classification of Diseases and Related Health Problems, Tenth revision (ICD-10) schizophrenia or related disorder

### Participant type(s)
Patient

### Healthy volunteers allowed
No

### Age group
Adult

### Sex
All

### Key exclusion criteria
Does not match inclusion criteria

### Date of first enrolment
01/05/2001

### Date of final enrolment
01/05/2003

## Locations

### Countries of recruitment
United Kingdom

England

### Study participating centre
**North Birmingham Mental Health NHS Trust**
Birmingham
United Kingdom
B6 5UG

## Sponsor information

### Organisation
NHS R&D Regional Programme Register - Department of Health (UK)

# Funder(s)

### Funder type
Government

### Funder Name
NHS Executive West Midlands (UK)

# Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary
Not provided at time of registration

### Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---|---|---|---|---|---|
| Results article | results | 01/06/2009 | | Yes | No |