

# An audit to examine the effectiveness of information and counselling strategies in relieving caregiver stress in caregivers of patients with dementia

<b>Submission date</b> 30/09/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 30/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 20/04/2015	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

N0124148627

# Study information

## Scientific Title

An audit to examine the effectiveness of information and counselling strategies in relieving caregiver stress in caregivers of patients with dementia

## Study objectives

Does enhanced carer counselling improve the quality of life, relieve caregiver stress and improve clinical practice, compared with routine counselling?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Quality of life

## Participant information sheet

## Health condition(s) or problem(s) studied

Nervous System Diseases: Alzheimer's disease

## Interventions

Patients will be randomised into two groups. One will receive routine counselling and the other enhanced. Groups assessment results will be compared.

## Intervention Type

Behavioural

## Primary outcome measure

Zait Burden interview (caregiver)

## Secondary outcome measures

Medication use/Medication Resource Use (Patient and Caregiver)

**Overall study start date**

30/07/2004

**Completion date**

30/06/2006

## **Eligibility**

**Key inclusion criteria**

100 newly diagnosed patients with Alzheimer's disease and their caregivers referred to the memory clinic.

**Participant type(s)**

Patient

**Age group**

Senior

**Sex**

Both

**Target number of participants**

100

**Key exclusion criteria**

Any concomitant medical condition in patient/carer which would confound interpretation of impact of Alzheimer's disease

**Date of first enrolment**

30/07/2004

**Date of final enrolment**

30/06/2006

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

University Hospital Lewisham

London

United Kingdom

SE13 6LH

# Sponsor information

## Organisation

Department of Health

## Sponsor details

Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL  
+44 (0)20 7307 2622  
dhmail@doh.gsi.org.uk

## Sponsor type

Government

## Website

<http://www.dh.gov.uk/Home/fs/en>

# Funder(s)

## Funder type

Government

## Funder Name

University Hospital Lewisham NHS Trust (UK), NHS R&D Support Funding

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration