An audit to examine the effectiveness of information and counselling strategies in relieving caregiver stress in caregivers of patients with dementia

Submission date	Recruitment status	Prospectively registered
30/09/2005	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
30/09/2005	Completed	Results
Last Edited	Condition category	Individual participant data
20/04/2015	Nervous System Diseases	Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Daya Pandita-Gunawardena

Contact details

Geriatric Secretaries
University Hospital Lewisham
Waterloo Block
Lewisham High Street
London
United Kingdom
SE13 6LH

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0124148627

Study information

Scientific Title

An audit to examine the effectiveness of information and counselling strategies in relieving caregiver stress in caregivers of patients with dementia

Study objectives

Does enhanced carer counselling improve the quality of life, relieve caregiver stress and improve clinical practice, compared with routine counselling?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Quality of life

Participant information sheet

Health condition(s) or problem(s) studied

Nervous System Diseases: Alzheimer's disease

Interventions

Patients will be randomised into two groups. One will receive routine counselling and the other enhanced. Groups assessment results will be compared.

Intervention Type

Behavioural

Primary outcome measure

Zait Burden interview (caregiver)

Secondary outcome measures

Medication use/Medication Resource Use (Patient and Caregiver)

Overall study start date

30/07/2004

Completion date

30/06/2006

Eligibility

Key inclusion criteria

100 newly diagnosed patients with Alzheimer's disease and their caregivers referred to the memory clinic.

Participant type(s)

Patient

Age group

Senior

Sex

Both

Target number of participants

100

Key exclusion criteria

Any concomitant medical condition in patient/carer which would confound interpretation of impact of Alzheimer's disease

Date of first enrolment

30/07/2004

Date of final enrolment

30/06/2006

Locations

Countries of recruitment

England

United Kingdom

Study participating centre University Hospital Lewisham London United Kingdom

United Kingdor SE13 6LH

Sponsor information

Organisation

Department of Health

Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

http://www.dh.gov.uk/Home/fs/en

Funder(s)

Funder type

Government

Funder Name

University Hospital Lewisham NHS Trust (UK), NHS R&D Support Funding

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration