# An Australian randomised trial of group psychotherapy for deliberate self harm in adolescents: Replication and extension of a British study

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
07/01/2005	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
26/05/2005	Completed	Results
Last Edited	Edited Condition category	Individual participant data
12/11/2008	Mental and Behavioural Disorders	<ul><li>Record updated in last year</li></ul>

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Philip Hazell

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

#### Scientific Title

### Study objectives

Not provided at time of registration

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

# Primary study design

Interventional

### Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

# Study type(s)

Treatment

#### Participant information sheet

# Health condition(s) or problem(s) studied

Self harm

#### Interventions

This trial aims to replicate Wood et al's (2001) study and continue evaluation of whether group psychotherapy is associated with decreased repetition of self harm in adolescents. Adolescents will be randomised to treatment as usual (TAU) or the group intervention (to be used in conjunction with TAU).

The experimental arm involves attendance at six group sessions run by local clinicians. Participants can continue attending the group for up to one year. The group psychotherapy is manualised and based on problem solving and cognitive behavioural therapy.

## Intervention Type

Other

#### Phase

**Not Specified** 

# Primary outcome measure

Outcome assessments will be conducted at baseline, seven weeks, six months and one year. Outcomes of interest include repetition of self harm, changes in diagnosis, level of depressive symptoms and level of suicidal ideation. Service use and repetition of self harm will be monitored monthly.

# Secondary outcome measures

Not provided at time of registration

### Overall study start date

01/11/2004

#### Completion date

31/01/2007

# **Eligibility**

## Key inclusion criteria

Adolescents (12-16 years) who present to one of three Australian child and youth mental health services and who report having engaged in two or more episodes of deliberate self harm in the past year are eligible to participate.

Deliberate self harm is defined as any intentional self inflicted injury, regardless of the apparent purpose of the act (includes suicidal and non suicidal behaviour).

### Participant type(s)

Patient

# Age group

Child

#### Lower age limit

12 Years

#### Upper age limit

16 Years

#### Sex

Both

#### Target number of participants

Not provided at time of registration

#### Key exclusion criteria

Acute psychosis, anorexia nervosa, intellectual delay, and inability to attend the intervention or research appointments.

#### Date of first enrolment

01/11/2004

#### Date of final enrolment

31/01/2007

# **Locations**

# Countries of recruitment

Australia

Study participating centre Locked Bag 1014 Wallsend, NSW Australia 2287

# Sponsor information

#### Organisation

American Foundation of Suicide Prevention

#### Sponsor details

120 Wall Street, 22nd Floor New York United States of America 10005 +1 212 363 3500 inquiry@afsp.org

#### Sponsor type

Charity

#### **ROR**

https://ror.org/01zcf4n33

# Funder(s)

# Funder type

Charity

#### Funder Name

American Foundation for Suicide Prevention (USA)

## Alternative Name(s)

AFSPNational AFSP, AFSP

# **Funding Body Type**

Government organisation

# Funding Body Subtype

Trusts, charities, foundations (both public and private)

#### Location

United States of America

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration