

An Australian randomised trial of group psychotherapy for deliberate self harm in adolescents: Replication and extension of a British study

Submission date 07/01/2005	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 26/05/2005	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 12/11/2008	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N/A

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Self harm

Interventions

This trial aims to replicate Wood et al's (2001) study and continue evaluation of whether group psychotherapy is associated with decreased repetition of self harm in adolescents. Adolescents will be randomised to treatment as usual (TAU) or the group intervention (to be used in conjunction with TAU).

The experimental arm involves attendance at six group sessions run by local clinicians. Participants can continue attending the group for up to one year. The group psychotherapy is manualised and based on problem solving and cognitive behavioural therapy.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Outcome assessments will be conducted at baseline, seven weeks, six months and one year. Outcomes of interest include repetition of self harm, changes in diagnosis, level of depressive symptoms and level of suicidal ideation. Service use and repetition of self harm will be monitored monthly.

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/01/2007

Eligibility

Key inclusion criteria

Adolescents (12-16 years) who present to one of three Australian child and youth mental health services and who report having engaged in two or more episodes of deliberate self harm in the past year are eligible to participate.

Deliberate self harm is defined as any intentional self inflicted injury, regardless of the apparent purpose of the act (includes suicidal and non suicidal behaviour).

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

12 years

Upper age limit

16 years

Sex

All

Key exclusion criteria

Acute psychosis, anorexia nervosa, intellectual delay, and inability to attend the intervention or research appointments.

Date of first enrolment

01/11/2004

Date of final enrolment

31/01/2007

Locations**Countries of recruitment**

Australia

Study participating centre

Locked Bag 1014

Wallsend, NSW

Australia

2287

Sponsor information

Organisation

American Foundation of Suicide Prevention

ROR

<https://ror.org/01zcf4n33>

Funder(s)**Funder type**

Charity

Funder Name

American Foundation for Suicide Prevention (USA)

Alternative Name(s)

AFSPNational AFSP, AFSP

Funding Body Type

Government organisation

Funding Body Subtype

Trusts, charities, foundations (both public and private)

Location

United States of America

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration