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An Australian randomised trial of group psychotherapy for deliberate self harm in adolescents: Replication and extension of a British study

Submission date
07/01/2005

Registration date
26/05/2005

Last Edited
12/11/2008

Recruitment status
No longer recruiting

Overall study status
Completed

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[ ] Results
[ ] Individual participant data
[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof Philip Hazell

Contact details
Locked Bag 1014
Wallsend, NSW
Australia
2287
Philip.Hazell@hnehealth.nsw.gov.au

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N/A

Study information

Scientific Title

Study objectives
Not provided at time of registration

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Self harm

Interventions
This trial aims to replicate Wood et al's (2001) study and continue evaluation of whether group psychotherapy is associated with decreased repetition of self harm in adolescents. Adolescents will be randomised to treatment as usual (TAU) or the group intervention (to be used in conjunction with TAU).
The experimental arm involves attendance at six group sessions run by local clinicians. Participants can continue attending the group for up to one year. The group psychotherapy is manualised and based on problem solving and cognitive behavioural therapy.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure

Outcome assessments will be conducted at baseline, seven weeks, six months and one year. Outcomes of interest include repetition of self harm, changes in diagnosis, level of depressive symptoms and level of suicidal ideation. Service use and repetition of self harm will be monitored monthly.

Secondary outcome measures
Not provided at time of registration

Overall study start date
01/11/2004

Completion date
31/01/2007

Eligibility

Key inclusion criteria
Adolescents (12-16 years) who present to one of three Australian child and youth mental health services and who report having engaged in two or more episodes of deliberate self harm in the past year are eligible to participate.
Deliberate self harm is defined as any intentional self inflicted injury, regardless of the apparent purpose of the act (includes suicidal and non suicidal behaviour).

Participant type(s)
Patient

Age group
Child

Lower age limit
12 Years

Upper age limit
16 Years

Sex
Both

Target number of participants
Not provided at time of registration

Key exclusion criteria
Acute psychosis, anorexia nervosa, intellectual delay, and inability to attend the intervention or research appointments.

Date of first enrolment
01/11/2004

Date of final enrolment
31/01/2007

Locations

Countries of recruitment
Australia

Study participating centre
Locked Bag 1014
Wallsend, NSW
Australia
2287

Sponsor information

Organisation
American Foundation of Suicide Prevention

Sponsor details
120 Wall Street, 22nd Floor
New York
United States of America
10005
+1 212 363 3500
inquiry@afsp.org

Sponsor type
Charity

ROR
https://ror.org/01zcf4n33

Funder(s)

Funder type
Charity

Funder Name
American Foundation for Suicide Prevention (USA)

Alternative Name(s)
AFSPNational AFSP, AFSP

Funding Body Type
Government organisation

Funding Body Subtype
Trusts, charities, foundations (both public and private)

Location
United States of America

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration