Delivering interventions for obsessive compulsive disorder (OCD) through a web based virtual therapist: a randomised controlled trial

Submission date	Recruitment status	Prospectively registered
30/09/2005	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
30/09/2005	Completed	☐ Results
Last Edited	Condition category	Individual participant data
13/02/2017	Mental and Behavioural Disorders	Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0577151669

Study information

Scientific Title

Delivering interventions for obsessive compulsive disorder (OCD) through a web based virtual therapist: a randomised controlled trial

Study objectives

Can a web delivered treatment package for OCD be as effective as traditional psychological outpatient therapy?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Internet/virtual

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Obsessive compulsive disorder

Interventions

60 patients will be randomised into standard or web treatment groups. At week 0, 12 and 52 self administered scales will be administered. Both groups will undergo an 8 week course of therapy.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

BDI-II (Beck Depression Inventory), Yale Brown OCD scale, Beck Anxiety Inventory. Patient Global Impression of Improvement Scale.

All scales at 0, 12 and 52 weeks.

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/10/2004

Completion date

01/10/2006

Eligibility

Key inclusion criteria

Outpatients with ICD10 diagnosis of obsessive compulsive disorder (OCD)

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

60

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/10/2004

Date of final enrolment

01/10/2006

Locations

Countries of recruitment

England

United Kingdom

Study participating centre Mascalls Park Brentwood United Kingdom CM14 5HQ

Sponsor information

Organisation

Department of Health

Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

http://www.dh.gov.uk/Home/fs/en

Funder(s)

Funder type

Government

Funder Name

North East London Mental Health NHS Trust NELMHT (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summaryNot provided at time of registration