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Delivering interventions for obsessive compulsive disorder (OCD) through a web based virtual therapist: a randomised controlled trial

Submission date 30/09/2005	**Recruitment status** No longer recruiting	[ ] Prospectively registered [ ] Protocol [ ] Statistical analysis plan [ ] Results [ ] Individual participant data [ ] Record updated in last year
Registration date 30/09/2005	**Overall study status** Completed	
Last Edited 13/02/2017	**Condition category** Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Jason Taylor

Contact details
Mascalls Park
Mascalls Lane
Brentwood
United Kingdom
CM14 5HQ
+44 (0)1277 302712
jasonltaylor@aol.com

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N0577151669

Study information

Scientific Title
Delivering interventions for obsessive compulsive disorder (OCD) through a web based virtual therapist: a randomised controlled trial

Study objectives
Can a web delivered treatment package for OCD be as effective as traditional psychological outpatient therapy?

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Internet/virtual

Study type(s)
Treatment

Participant information sheet
Not available in web format, please use contact details to request a participant information sheet

Health condition(s) or problem(s) studied
Mental and Behavioural Disorders: Obsessive compulsive disorder

Interventions
60 patients will be randomised into standard or web treatment groups. At week 0, 12 and 52 self administered scales will be administered. Both groups will undergo an 8 week course of therapy.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
BDI-II (Beck Depression Inventory), Yale Brown OCD scale, Beck Anxiety Inventory.
Patient Global Impression of Improvement Scale.
All scales at 0, 12 and 52 weeks.

Secondary outcome measures
Not provided at time of registration

Overall study start date
01/10/2004

Completion date
01/10/2006

Eligibility

Key inclusion criteria
Outpatients with ICD10 diagnosis of obsessive compulsive disorder (OCD)

Participant type(s)
Patient

Age group
Not Specified

Sex
Not Specified

Target number of participants
60

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/10/2004

Date of final enrolment
01/10/2006

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
Mascalls Park
Brentwood
United Kingdom
CM14 5HQ

Sponsor information

Organisation
Department of Health

Sponsor details
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type
Government

Website
http://www.dh.gov.uk/Home/fs/en

Funder(s)

Funder type
Government

Funder Name
North East London Mental Health NHS Trust NELMHT (UK)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration