

# A randomised trial of a shorter radiation fraction schedule for the treatment of localised prostate cancer

<b>Submission date</b> 05/11/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 05/11/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 20/03/2019	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Study website

<http://www.ocog.ca/SMAP/Trials.aspx>

## Contact information

### Type(s)

Scientific

### Contact name

Dr Mark N. Levine

### Contact details

Ontario Clinical Oncology Group (OCOG)  
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-  
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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

NCT00304759

## **Secondary identifying numbers**

MCT-78776

# **Study information**

## **Scientific Title**

A randomised trial of a shorter radiation fraction schedule for the treatment of localised prostate cancer

## **Acronym**

PROFIT (PROstate Fractionated Irradiation Trial)

## **Study objectives**

To determine whether a 4-week course of hypofractionated radiotherapy is as safe and effective as a standard 8-week course of radiotherapy for treatment of intermediate risk localised prostate cancer.

On 12/11/2008 this record was updated to include an amendment to the exclusion criteria and a change of sponsor. The initial sponsor was McMaster University (Canada) as this was where the Ontario Clinical Oncology Group (OCOG) was initially based, but this has now moved to the Henderson Research Centre. Please also note that at this time, Australia was added to the trial countries of recruitment.

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

1. Research Ethics Board of University Health Network, Toronto, Ontario, Canada, 16/01/2006, ref: 05-849-C
2. Research Ethics Board of McMaster University, Hamilton, Ontario, Canada, 21/02/2006, ref: 06-44

Approval for the amendment to the exclusion criteria was gained by the UHN on 16/05/2008 and the Hamilton Health Sciences on 19/08/2008.

## **Study design**

Multicentre two-arm randomised parallel trial

## **Primary study design**

Interventional

## **Secondary study design**

Randomised controlled trial

## **Study setting(s)**

Hospital

## **Study type(s)**

## Treatment

### Participant information sheet

#### Health condition(s) or problem(s) studied

Prostate cancer

#### Interventions

Conformal external beam radiotherapy.

Standard arm: 78 Gy in 39 fractions over 7.8 weeks (5 days a week)

Investigational arm: 60 Gy in 20 fractions over 4 weeks (5 days a week)

The below contact is for scientific and public queries.

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

Biochemical (PSA) relapse-free rate at 5 years post treatment.

#### Secondary outcome measures

1. Biochemical-Clinical Failure (BCF)
2. All-cause mortality
3. Prostate cancer specific mortality
4. Treatment-related toxicity
5. Health-related quality of life
6. Economic outcomes

#### Overall study start date

01/11/2005

#### Completion date

30/11/2012

## Eligibility

#### Key inclusion criteria

1. Histologic diagnosis of carcinoma of the prostate without evidence of metastatic disease to the lymph nodes, bone or lung; within 6 months of recruitment
2. Intermediate risk prostate cancer, that is:
  - 2.1. T1-2a, Gleason score 6, Prostate Specific Antigen [PSA] 10.1 - 20.0 ng/ml
  - 2.2. T2b-c Gleason 6, PSA less than or equal to 20.0 ng/ml
  - 2.3. T1-2, Gleason 7, PSA less than or equal to 20.0 ng/ml
3. Male prostate cancer patients 50 years old and above

#### Participant type(s)

Patient

**Age group**

Adult

**Sex**

Male

**Target number of participants**

1204

**Key exclusion criteria**

Current exclusion criteria as of 12/08/2014:

1. Previous therapy for carcinoma of the prostate other than biopsy or transurethral resection
2. Patients previously on more than 12 weeks of hormone therapy for treatment of their prostate cancer to be excluded from study
3. Any other active malignancy (untreated, progressive or recurrent), except for non-melanoma skin cancer. Any inactive malignancy diagnosed within 5 years of study entry, except for non-melanoma skin cancer.
4. Treatment plan cannot meet dose constraints for the hypofractionation arm of the trial
5. Previous pelvic radiotherapy
6. Inflammatory bowel disease

Previous exclusion criteria:

1. Previous therapy for carcinoma of the prostate other than biopsy or transurethral resection
2. Patients previously on more than 12 weeks of hormone therapy for treatment of their prostate cancer to be excluded from study
3. Prior or active malignancy other than non-melanoma skin cancer, or colon or thyroid cancer treated a minimum of five years prior to study entry and presumed cured
4. Treatment plan cannot meet dose constraints for the hypofractionation arm of the trial
5. Previous pelvic radiotherapy
6. Inflammatory bowel disease

**Date of first enrolment**

01/11/2005

**Date of final enrolment**

30/11/2012

**Locations**

**Countries of recruitment**

Australia

Canada

**Study participating centre**

Ontario Clinical Oncology Group (OCOG)

Hamilton, Ontario

Canada  
L8V 1C3

## Sponsor information

### Organisation

Ontario Clinical Oncology Group (OCOG) (Canada)

### Sponsor details

Henderson Research Centre  
711 Concession Street  
Hamilton, Ontario  
Canada  
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+1 905 527 2299 ext 42626  
a@b.com

### Sponsor type

Research organisation

### Website

<http://www.ocog.ca>

### ROR

<https://ror.org/003w29077>

## Funder(s)

### Funder type

Research organisation

### Funder Name

Canadian Institutes of Health Research (CIHR) (Canada) (ref: MCT-78776)

### Alternative Name(s)

Instituts de Recherche en Santé du Canada, Canadian Institutes of Health Research (CIHR),  
CIHR\_IRSC, Canadian Institutes of Health Research | Ottawa ON, CIHR, IRSC

### Funding Body Type

Government organisation

### Funding Body Subtype

National government

**Location**

Canada

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	10/06/2017		Yes	No