# Dose Escalation Legitimate? Pharmacology and Imaging studies in depression

Submission date	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li></ul>		
20/12/2005		☐ Protocol		
Registration date 20/12/2005	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 12/01/2015	Condition category  Mental and Behavioural Disorders	Individual participant data		

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

**NTR193** 

# Study information

#### Scientific Title

Dose Escalation Legitimate? Pharmacology and Imaging studies in depression

#### Acronym

DELPHI-trial and DELPHI-SPECT

#### Study objectives

Dose-escalation of paroxetine (up to 50 mg/day) does not increase efficacy of treatment of major depressive disorder in patients who did not respond to a six week trial of paroxetine in a standard dose (20 mg/day).

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the local medical ethics committee

#### Study design

Multicentre, randomised, double-blinded, placebo controlled, parallel group trial

#### Primary study design

Interventional

## Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

## Participant information sheet

# Health condition(s) or problem(s) studied

Depression, major depressive disorder

#### **Interventions**

After six weeks of open treatment with a standard dose of paroxetine (20 mg/day) the patients who have not responded (less than 50% decrease in baseline HDRS-17) will be randomised to receive either a true or a placebo increase (by capsules) in addition to the standard dose.

# Intervention Type

Drug

#### Phase

Not Applicable

#### Drug/device/biological/vaccine name(s)

Paroxetine

#### Primary outcome measure

- 1. Response and remission rates (decrease of greater than or equal to 50% in HDRS-17 and HDRS-17 less than or equal to 7 respectively)
- 2. Total and specific (due to side-effects or inefficacy) drop-out

#### Secondary outcome measures

- 1. Occurrence of side-effects (physical and sexual)
- 2. Subjective well-being and 36-item Medical Outcome Study Short-Form Health Survey (MOS-SF-36) quality of life
- 3. Direct and indirect costs (TiC-P)

#### Overall study start date

01/11/2003

## Completion date

31/12/2006

# Eligibility

#### Key inclusion criteria

- 1. Major depressive disorder according to Diagnostic and Statistical Manual of Mental Disorders Fourth Edition (DSM-IV) (determined by Structured Interview for DSM-IV [SCID-I])
- 2. 17-item Hamilton Depression Rating Scale (HDRS-17) greater than 18
- 3. Age 18 to 70 years
- 4. Maximum of one previous treatment-trial with an antidepressant (of adequate duration [6 weeks] and dosage [maximum recommended dose]) for the current MDD episode

# Participant type(s)

Patient

## Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

# Target number of participants

500

#### Key exclusion criteria

- 1. Bipolar disorder, psychosis or cognitive impairment (dementia or low intelligence quotient [IQ])
- 2. Use of psychoactive medication (except low doses of benzodiazepines)
- 3. Previous adequate trial with paroxetine with insufficient response for the current episode

- 4. Primary alcohol or drugs abuse
- 5. MDD secondary to co-morbid anxiety or somatophorm disorder
- 6. Somatic illnesses, e.g. untreated thyroid or other endocrine illnesses, systemic illnesses
- 7. Pregnancy or wish to become pregnant
- 8. Severe and acute suicidality
- 9. Insufficient knowledge of Dutch to fill in questionnaires

#### Date of first enrolment

01/11/2003

#### Date of final enrolment

31/12/2006

# Locations

#### Countries of recruitment

Netherlands

## Study participating centre Academic Medical Centre

Amsterdam Netherlands 1100 DD

# Sponsor information

#### Organisation

Academic Medical Centre (AMC) (Netherlands)

#### Sponsor details

Meibergdreef 9 Amsterdam Netherlands 1105 AZ

## Sponsor type

University/education

#### Website

http://www.amc.uva.nl/

#### **ROR**

https://ror.org/03t4gr691

# Funder(s)

## Funder type

Research organisation

#### Funder Name

The Netherlands Organisation for Health Research and Development (ZonMw) (Netherlands)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2009		Yes	No
Results article	results	01/04/2012		Yes	No
Results article	results	01/02/2015		Yes	No