Randomised controlled study of group therapy for adolescents who self-harm

Submission date	Recruitment status No longer recruiting	Prospectively registered		
23/01/2004		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
23/01/2004	Completed	[X] Results		
Last Edited 21/12/2009	Condition category Mental and Behavioural Disorders	Individual participant data		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

RHC33008

Study information

Scientific Title

Study objectives

The main aim of the study would be to compare the routine clinical care of adolescents who have repeatedly harmed themselves with routine clinical care plus a six month group-based intervention. By the end of the studentship evidence would be gathered to indicate whether this would lead to improvements in depression and suicidal scores and in other areas of psychosocial functioning such as social relationships and whether the intervention would lead to higher levels of client satisfaction than routine clinical care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Other mental disorder

Interventions

- 1. Routine care plus six month group-based intervention
- 2. Routine care

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

- 1. Repeated self-harm
- 2. Depression

Key secondary outcome(s))

Not provided at time of registration

Completion date

01/10/2000

Eligibility

Key inclusion criteria

- 1. Repeated self-harm
- 2. Adolescents aged 12-16 years

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

12 years

Upper age limit

16 years

Sex

All

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/10/1997

Date of final enrolment

01/10/2000

Locations

Countries of recruitment

United Kingdom

England

Study participating centre School of Psychiatry and Behavioural Sciences

Manchester United Kingdom M27 4HA

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Executive North West (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2001		Yes	No