

# Randomised controlled study of group therapy for adolescents who self-harm

**Submission date**

23/01/2004

**Recruitment status**

No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**

23/01/2004

**Overall study status**

Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**

21/12/2009

**Condition category**

Mental and Behavioural Disorders

☐ Individual participant data

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

Prof Richard Harrington

**Contact details**

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

RHC33008

# Study information

## Scientific Title

### Study objectives

The main aim of the study would be to compare the routine clinical care of adolescents who have repeatedly harmed themselves with routine clinical care plus a six month group-based intervention. By the end of the studentship evidence would be gathered to indicate whether this would lead to improvements in depression and suicidal scores and in other areas of psychosocial functioning such as social relationships and whether the intervention would lead to higher levels of client satisfaction than routine clinical care.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Other

### Study type(s)

Treatment

### Participant information sheet

### Health condition(s) or problem(s) studied

Other mental disorder

### Interventions

1. Routine care plus six month group-based intervention
2. Routine care

### Intervention Type

Other

### Phase

Not Applicable

### Primary outcome measure

1. Repeated self-harm
2. Depression

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/10/1997

**Completion date**

01/10/2000

## Eligibility

**Key inclusion criteria**

1. Repeated self-harm
2. Adolescents aged 12-16 years

**Participant type(s)**

Patient

**Age group**

Child

**Lower age limit**

12 Years

**Upper age limit**

16 Years

**Sex**

Both

**Target number of participants**

63 (added 18/12/09)

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

01/10/1997

**Date of final enrolment**

01/10/2000

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**School of Psychiatry and Behavioural Sciences**  
Manchester  
United Kingdom  
M27 4HA

## **Sponsor information**

**Organisation**  
NHS R&D Regional Programme Register - Department of Health (UK)

**Sponsor details**  
The Department of Health  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL  
+44 (0)20 7307 2622  
dhmail@doh.gsi.org.uk

**Sponsor type**  
Government

**Website**  
<http://www.doh.gov.uk>

## **Funder(s)**

**Funder type**  
Government

**Funder Name**  
NHS Executive North West (UK)

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | results | 01/11/2001   |            | Yes            | No              |