

Randomised controlled study of group therapy for adolescents who self-harm

Submission date
23/01/2004

Recruitment status
No longer recruiting

☐ Prospectively registered

☐ Protocol

Registration date
23/01/2004

Overall study status
Completed

☐ Statistical analysis plan

☒ Results

Last Edited
21/12/2009

Condition category
Mental and Behavioural Disorders

☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
RHC33008

Study information

Scientific Title

Study objectives

The main aim of the study would be to compare the routine clinical care of adolescents who have repeatedly harmed themselves with routine clinical care plus a six month group-based intervention. By the end of the studentship evidence would be gathered to indicate whether this would lead to improvements in depression and suicidal scores and in other areas of psychosocial functioning such as social relationships and whether the intervention would lead to higher levels of client satisfaction than routine clinical care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Other mental disorder

Interventions

1. Routine care plus six month group-based intervention
2. Routine care

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

1. Repeated self-harm
2. Depression

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/10/1997

Completion date

01/10/2000

Eligibility

Key inclusion criteria

1. Repeated self-harm
2. Adolescents aged 12-16 years

Participant type(s)

Patient

Age group

Child

Lower age limit

12 Years

Upper age limit

16 Years

Sex

Both

Target number of participants

63 (added 18/12/09)

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/10/1997

Date of final enrolment

01/10/2000

Locations

Countries of recruitment

England

United Kingdom

Study participating centre
School of Psychiatry and Behavioural Sciences
Manchester
United Kingdom
M27 4HA

Sponsor information

Organisation
NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details
The Department of Health
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type
Government

Website
<http://www.doh.gov.uk>

Funder(s)

Funder type
Government

Funder Name
NHS Executive North West (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2001		Yes	No