

# Exploratory randomised controlled trial of training general practitioners to manage patients with persistent medically unexplained symptoms

<b>Submission date</b> 18/05/2001	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 18/05/2001	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 25/03/2009	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
G0100809

## Study information

## Scientific Title

### Acronym

MUST

### Study objectives

To determine efficacy, feasibility and generalisability of health facilitator delivered training to General Practitioners (GPs) for patients with medically unexplained symptoms.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Study type(s)

Diagnostic

### Health condition(s) or problem(s) studied

Public health, social medicine

### Interventions

Health professionals trained to train GPs in reattribution (6 h) versus no training in reattribution

### Intervention Type

Other

### Phase

Not Applicable

### Primary outcome(s)

GP communication behaviour with medically unexplained symptom patients, patient symptom beliefs, emotional distress and satisfaction with GP care.

### Key secondary outcome(s)

No secondary outcome measures

### Completion date

30/05/2006

## Eligibility

### Key inclusion criteria

Practices: all GPs willing to be trained in reattribution, patients with medically unexplained symptoms for 3 months or more (June 2006: previously the inclusion criteria stated 6 months or more)

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

1. Under 18 years
2. Refuse consent to data collection
3. Already receiving treatment for medically unexplained symptoms
4. Definite physical pathology that explains presenting physical symptoms

**Date of first enrolment**

01/07/2003

**Date of final enrolment**

30/05/2006

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

University Department of Psychiatry

Liverpool

United Kingdom

L69 3GA

**Sponsor information****Organisation**

Mersey Care NHS Trust/University of Liverpool (UK)

**ROR**

<https://ror.org/03vtyzs10>

## Funder(s)

### Funder type

Research council

### Funder Name

Medical Research Council (UK)

### Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

### Funding Body Type

Government organisation

### Funding Body Subtype

National government

### Location

United Kingdom

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results:	01/07/2006		Yes	No
<a href="#">Other publications</a>	qualitative analysis:	01/04/2009		Yes	No