# VITAL Germany (Valdoxan® Improves Treatment of depression and daytime Activity in real Life)

Submission date	Recruitment status	Prospectively registered
13/01/2011	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
25/03/2011	Completed	[X] Results
<b>Last Edited</b> 13/09/2019	Condition category  Mental and Behavioural Disorders	Individual participant data

# Plain English summary of protocol

Not provided at time of registration and not expected to be available in the future

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Martin Kühn

#### Contact details

Elsenheimer Str. 53 Munich Germany 80687 +49 (0)89 570 9530 8 martin.kuehn@de.netgrs.com

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

IC4-20098-93-DEU

# Study information

#### Scientific Title

VITAL Germany (Valdoxan® improves treatment of depression and daytime activity in real life): an observational prospective multicentre study

#### Acronym

**VITAL Germany** 

## **Study objectives**

Effects of Valdoxan® therapy on depressive symptoms, daytime well-being and compliance in adult patients with episodes of major depression under daily routine in an observational prospective multicentre trial by psychiatrists and general practitioners.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Freiburger Ethics Committee International approved on 25/10/2010 (ref: 010/2141)

## Study design

Observational prospective multicentre study

#### Primary study design

Observational

#### Secondary study design

Multi-centre

#### Study setting(s)

Other

# Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Episodes of major depression

#### **Interventions**

- 1. Get information on Valdoxan® therapy under daily routine practice by psychiatrists and general practitioners:
- 1.1. Changes in depressive symptoms under daily routine conditions via CGI (Clinical Global Impressions)
- 1.2. Effects of the therapy on depressive symptoms and daytime well-being via patients-questionnaire Beck Depression Inventory (BDI-II) and Circ-Screen questions 5 and 6
- 1.3. Compliance via standardised questions to the patients

- 2. Get information about how Valdoxan® SmPC and patients information are followed via standardised documentation of the dosage of Valdoxan®, of comedications and concomittant diseases
- 3. Analysis of the general tolerability of Valdoxan® under routine conditions via standardised adverse drug reactions' documentation and standardised documentation of therapy discontinuation
- 4. Analysis of unknown adverse drug reactions via standardised documentation
- 5. Get further information on known adverse drug reactions under routine practice via standardised adverse drug reactions' documentation and laboratory parameter (liver function testing)

Study duration is about 6 months.

#### Intervention Type

Drug

#### Phase

Not Applicable

# Drug/device/biological/vaccine name(s)

Valdoxan®

#### Primary outcome measure

- 1. Get informations on Valdoxan® therapy under daily routine practice by psychiatrists and general practitioners:
- 1.1. Changes in depressive symptoms under daily routine conditions via CGI (Clinical Global Impressions): measured at U0 (inclusion), U2 (after 2 weeks), U3 (after 6 weeks), U4 (after 12 weeks) and U5 (after 24 weeks)
- 1.2. Effects of the therapy on depressive symptoms and daytime well-being via patient-questionnaire Beck Depression Inventory (BDI-II) and Circ-Screen questions 5 and 6: measured at U0 (inclusion), U2 (after 2 weeks), U4 (after 12 weeks) and U5 (after 24 weeks)
- 1.3. Compliance via standardised questions to the patients: measured at U0 (inclusion), U2 (after 2 weeks), U4 (after 12 weeks) and U5 (after 24 weeks)
- 2. Get information about how Valdoxan® SmPC and patients information are followed via standardised documentation of the dosage of Valdoxan® and of comedications (measured at U0 [inclusion], U2 [after 2 weeks], U3 [after 6 weeks], U4 [after 12 weeks] and U5 [after 24 weeks]) and concomitant diseases (measured at U0 [inclusion])
- 3. Analysis of the general tolerability of Valdoxan® under routine conditions via standardised adverse drug reactions' documentation and standardised documentation of therapy discontinuation: measured at U2 (after 2 weeks), U3 (after 6 weeks), U4 (after 12 weeks) and U5 (after 24 weeks)
- 4. Analysis of unknown adverse drug reactions via standardised documentation: measured at U2 (after 2 weeks), U3 (after 6 weeks), U4 (after 12 weeks) and U5 (after 24 weeks)
- 5. Get further information on known adverse drug reactions under routine practice via standardised adverse drug reactions 'documentation and laboratory parameter (liver function testing): measured at U2 (after 2 weeks), U3 (after 6 weeks), U4 (after 12 weeks) and U5 (after 24 weeks)

## Secondary outcome measures

No secondary outcome measures

# Overall study start date

13/01/2011

# Completion date

31/03/2012

# **Eligibility**

# Key inclusion criteria

Adult patients with episodes of major depression

# Participant type(s)

Patient

# Age group

Adult

## Sex

Both

# Target number of participants

4200 patients

# Total final enrolment

3005

# Key exclusion criteria

Does not meet inclusion criteria

# Date of first enrolment

13/01/2011

# Date of final enrolment

31/03/2012

# **Locations**

# Countries of recruitment

Germany

# Study participating centre Elsenheimer Str. 53

Munich Germany 80687

# Sponsor information

# Organisation

Servier Deutschland GmbH (Germany)

#### Sponsor details

Elsenheimer Str. 53 Munich Germany 80687 +49 (0)89 570 9501 marie-laure.escafit-schuelke@de.netgrs.com

#### Sponsor type

Industry

#### Website

http://www.servier.com/

#### ROR

https://ror.org/05wk4ae67

# Funder(s)

# Funder type

Industry

#### **Funder Name**

Servier Deutschland GmbH (Germany)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

Study outputs

Output typeDetailsDate createdDate addedPeer reviewed?Patient-facing?Results articleresults04/08/201613/09/2019YesNo