

# VITAL Germany (Valdoxan® Improves Treatment of depression and daytime Activity in real Life)

<b>Submission date</b> 13/01/2011	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 25/03/2011	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 13/09/2019	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration and not expected to be available in the future

## Contact information

### Type(s)

Scientific

### Contact name

Dr Martin Kühn

### Contact details

Elsenheimer Str. 53

Munich

Germany

80687

+49 (0)89 570 9530 8

[martin.kuehn@de.netgrs.com](mailto:martin.kuehn@de.netgrs.com)

## Additional identifiers

### Protocol serial number

IC4-20098-93-DEU

## Study information

### Scientific Title

VITAL Germany (Valdoxan® improves treatment of depression and daytime activity in real life) : an observational prospective multicentre study

**Acronym**

VITAL Germany

**Study objectives**

Effects of Valdoxan® therapy on depressive symptoms, daytime well-being and compliance in adult patients with episodes of major depression under daily routine in an observational prospective multicentre trial by psychiatrists and general practitioners.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Freiburger Ethics Committee International approved on 25/10/2010 (ref: 010/2141)

**Study design**

Observational prospective multicentre study

**Primary study design**

Observational

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Episodes of major depression

**Interventions**

1. Get information on Valdoxan® therapy under daily routine practice by psychiatrists and general practitioners:
  - 1.1. Changes in depressive symptoms under daily routine conditions via CGI (Clinical Global Impressions)
  - 1.2. Effects of the therapy on depressive symptoms and daytime well-being via patients-questionnaire Beck Depression Inventory (BDI-II) and Circ-Screen questions 5 and 6
  - 1.3. Compliance via standardised questions to the patients
2. Get information about how Valdoxan® SmPC and patients information are followed via standardised documentation of the dosage of Valdoxan®, of comedications and concomittant diseases
3. Analysis of the general tolerability of Valdoxan® under routine conditions via standardised adverse drug reactions' documentation and standardised documentation of therapy discontinuation
4. Analysis of unknown adverse drug reactions via standardised documentation
5. Get further information on known adverse drug reactions under routine practice via standardised adverse drug reactions' documentation and laboratory parameter (liver function testing)

Study duration is about 6 months.

**Intervention Type**

Drug

**Phase**

Not Applicable

**Drug/device/biological/vaccine name(s)**

Valdoxan®

**Primary outcome(s)**

1. Get informations on Valdoxan® therapy under daily routine practice by psychiatrists and general practitioners:
  - 1.1. Changes in depressive symptoms under daily routine conditions via CGI (Clinical Global Impressions): measured at U0 (inclusion), U2 (after 2 weeks), U3 (after 6 weeks), U4 (after 12 weeks) and U5 (after 24 weeks)
  - 1.2. Effects of the therapy on depressive symptoms and daytime well-being via patient-questionnaire Beck Depression Inventory (BDI-II) and Circ-Screen questions 5 and 6: measured at U0 (inclusion), U2 (after 2 weeks), U4 (after 12 weeks) and U5 (after 24 weeks)
  - 1.3. Compliance via standardised questions to the patients: measured at U0 (inclusion), U2 (after 2 weeks), U4 (after 12 weeks) and U5 (after 24 weeks)
2. Get information about how Valdoxan® SmPC and patients information are followed via standardised documentation of the dosage of Valdoxan® and of comedications (measured at U0 [inclusion], U2 [after 2 weeks], U3 [after 6 weeks], U4 [after 12 weeks] and U5 [after 24 weeks]) and concomitant diseases (measured at U0 [inclusion])
3. Analysis of the general tolerability of Valdoxan® under routine conditions via standardised adverse drug reactions' documentation and standardised documentation of therapy discontinuation: measured at U2 (after 2 weeks), U3 (after 6 weeks), U4 (after 12 weeks) and U5 (after 24 weeks)
4. Analysis of unknown adverse drug reactions via standardised documentation: measured at U2 (after 2 weeks), U3 (after 6 weeks), U4 (after 12 weeks) and U5 (after 24 weeks)
5. Get further information on known adverse drug reactions under routine practice via standardised adverse drug reactions' documentation and laboratory parameter (liver function testing): measured at U2 (after 2 weeks), U3 (after 6 weeks), U4 (after 12 weeks) and U5 (after 24 weeks)

**Key secondary outcome(s)**

No secondary outcome measures

**Completion date**

31/03/2012

**Eligibility**

**Key inclusion criteria**

Adult patients with episodes of major depression

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Total final enrolment**

3005

**Key exclusion criteria**

Does not meet inclusion criteria

**Date of first enrolment**

13/01/2011

**Date of final enrolment**

31/03/2012

**Locations****Countries of recruitment**

Germany

**Study participating centre**

Elsenheimer Str. 53

Munich

Germany

80687

**Sponsor information****Organisation**

Servier Deutschland GmbH (Germany)

**ROR**

<https://ror.org/05wk4ae67>

**Funder(s)****Funder type**

Industry

**Funder Name**

Servier Deutschland GmbH (Germany)

# Results and Publications

## Individual participant data (IPD) sharing plan

IPD sharing plan summary  
Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	04/08/2016	13/09/2019	Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes