

# Randomised controlled trial of a brief GP intervention to reduce overweight in Victorian primary school children (LEAP)

<b>Submission date</b> 09/01/2004	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 26/04/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 09/05/2019	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

AHMAC PDR 2001/15

## Study information

**Scientific Title**

Randomised controlled trial of a brief GP intervention to reduce overweight in Victorian primary school children (LEAP)

**Acronym**

LEAP

**Study objectives**

Not provided at time of registration

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Not Specified

**Health condition(s) or problem(s) studied**

Overweight and mild obesity

**Interventions**

Arm A: Four consultations with the family doctor, employing a brief family-centred, solution-focussed approach aiming to increase physical activity and reduce fat and sugar intake.

Arm B: Standard identification and care.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Not provided at time of registration

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

31/12/2005

**Eligibility**

**Key inclusion criteria**

Healthy children aged 5.0-9.11 years who are overweight or mildly obese (International Obesity Task Force [IOTF] cutpoints; children with UK Body Mass Index [BMI] z-score  $\geq 3.0$  excluded).  
Sample drawn from BMI survey of all children aged 5.0-9.11 years attending their family doctor in 29 participating practices May-Dec 2002.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Child

**Lower age limit**

5 years

**Upper age limit**

9 years

**Sex**

Not Specified

**Total final enrolment**

2112

**Key exclusion criteria**

children with UK Body Mass Index [BMI] z-score  $\geq 3.0$  excluded

**Date of first enrolment**

01/07/2004

**Date of final enrolment**

31/12/2005

**Locations****Countries of recruitment**

Australia

**Study participating centre**

Centre for Community Child Health

Melbourne

Australia

3052

# Sponsor information

## Organisation

Murdoch Children's Research Institute (Australia)

## ROR

<https://ror.org/048fyec77>

# Funder(s)

## Funder type

Government

## Funder Name

AHMAC (Australian Health Ministers' Advisory Council) Priority Driven Research Grant 2001/15

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/09/2005	09/05/2019	Yes	No
<a href="#">Results article</a>	results	01/04/2007	09/05/2019	Yes	No