

# Randomised controlled trial of a brief GP intervention to reduce overweight in Victorian primary school children (LEAP)

<b>Submission date</b> 09/01/2004	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 26/04/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 09/05/2019	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

## Secondary identifying numbers

AHMAC PDR 2001/15

# Study information

## Scientific Title

Randomised controlled trial of a brief GP intervention to reduce overweight in Victorian primary school children (LEAP)

## Acronym

LEAP

## Study objectives

Not provided at time of registration

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Not Specified

## Participant information sheet

## Health condition(s) or problem(s) studied

Overweight and mild obesity

## Interventions

Arm A: Four consultations with the family doctor, employing a brief family-centred, solution-focussed approach aiming to increase physical activity and reduce fat and sugar intake.

Arm B: Standard identification and care.

## Intervention Type

Other

## Phase

Not Specified

**Primary outcome measure**

Not provided at time of registration

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/07/2004

**Completion date**

31/12/2005

## **Eligibility**

**Key inclusion criteria**

Healthy children aged 5.0-9.11 years who are overweight or mildly obese (International Obesity Task Force [IOTF] cutpoints; children with UK Body Mass Index [BMI] z-score  $\geq 3.0$  excluded). Sample drawn from BMI survey of all children aged 5.0-9.11 years attending their family doctor in 29 participating practices May-Dec 2002.

**Participant type(s)**

Patient

**Age group**

Child

**Lower age limit**

5 Years

**Upper age limit**

9 Years

**Sex**

Not Specified

**Target number of participants**

Not provided at time of registration

**Total final enrolment**

2112

**Key exclusion criteria**

children with UK Body Mass Index [BMI] z-score  $\geq 3.0$  excluded

**Date of first enrolment**

01/07/2004

**Date of final enrolment**

31/12/2005

## **Locations**

### **Countries of recruitment**

Australia

### **Study participating centre**

**Centre for Community Child Health**

Melbourne

Australia

3052

## **Sponsor information**

### **Organisation**

Murdoch Children's Research Institute (Australia)

### **Sponsor details**

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### **Sponsor type**

Research organisation

### **ROR**

<https://ror.org/048fyec77>

## **Funder(s)**

### **Funder type**

Government

### **Funder Name**

AHMAC (Australian Health Ministers' Advisory Council) Priority Driven Research Grant 2001/15

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/09/2005	09/05/2019	Yes	No
<a href="#">Results article</a>	results	01/04/2007	09/05/2019	Yes	No