# Preventing early language delay: a pilot study

Submission date	Recruitment status	Prospectively registered
03/07/2007	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
05/09/2007	Completed	☐ Results
Last Edited	Condition category	Individual participant data
05/09/2007	Mental and Behavioural Disorders	<ul><li>Record updated in last year</li></ul>

### Plain English summary of protocol

Not provided at time of registration

#### Study website

http://www.rch.org.au/emplibrary/ccch/TheLetsLearnLanguage.pdf

### Contact information

### Type(s)

Scientific

#### Contact name

Dr Melissa Wake

#### Contact details

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### Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

## Study information

#### Scientific Title

#### **Acronym**

LLL (Let's Learn Language)

#### **Study objectives**

To determine the feasibility of conducting a randomised controlled trial investigating a preventative approach to improve children's language development and behaviour problems at two years of age. Aims of this pilot were to:

- 1. Examine whether families whose children score at or below the 20th percentile on a standardised vocabulary measure agree to be randomised to a six-week Parent Language Program and to a non-intervention group
- 2. Compare the usefulness of two standardised vocabulary measures for post-test assessment: the SureStart 100 word Vocabulary Checklist (adapted from the MacArthur Bates Communicative Development Inventories [MBCDI] by Roy, Kersley and Law [2005]) or the Vocabulary Checklist from the complete MBCDI (approx 680 words divided into semantic categories)
- 3. Trial the videotaping of post-test assessment at 21 24 months
- 4. Solicit parents' evaluations of the program's content and format to provide information about program changes that may increase the feasibility of the Parent Language Program for families in Victoria

This is the pilot study to the randomised trial assigned to ISRCTN20953675.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Received ethics approval from The Royal Children's Hospital Ethics in Humans Research Committee (EHRC) on the 7th June 2007 (ref: 26073A).

### Study design

Pilot randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

GP practice

### Study type(s)

Prevention

### Participant information sheet

#### Health condition(s) or problem(s) studied

Early delay in acquiring expressive vocabulary

#### Interventions

For each pair of eligible families recruited, one was randomly allocated to the Parent Language Program Group and one to the Usual Care Group. Masking occurred at randomisation, with group allocation concealed from the principal researcher and participants until allocation was complete. Group allocation was concealed from the researcher conducting follow-up direct assessments with intervention (Parent Language Program) families until data collection was complete.

#### Arm A - Parent Language Program Group:

A six-week parent language promotion program (six two-hour group sessions) adapted from the Hanen You Make The Difference™ program, offered to parents when children were 19 - 22 months old. The Parent Language Program teaches child-centred, interaction-promoting and language-modelling responsive interaction strategies targeting the development of vocabulary and multi-word phrases. The Parent Language Program was conducted within the family's local community, facilitated by an early childhood professional.

#### Arm B - Usual Care Group:

Usual care from the Maternal and Child Health (MCH) nurses who provide a universal and free surveillance service to Melbourne families in the first five years of life (active control).

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

The primary outcomes are to pilot and refine:

- 1. Parent interest in, and attendance at, a six-week parent language promotion program
- 2. Organisation and format of the Parent Language Program sessions, adapted from You Make The Difference™ program
- 3. The sensitivity of the assessment tools used during the follow-up

#### Secondary outcome measures

No secondary outcome measures

#### Overall study start date

15/06/2006

#### Completion date

15/12/2006

## **Eligibility**

### Key inclusion criteria

- 1. Parents of 18 21 month-old toddlers
- 2. Attending any of eight well-child clinics within one Melbourne local government area

3. Identified by a brief, parent-reported vocabulary questionnaire as having minimal or no expressive vocabulary (e.g., scoring at or below the 20th percentile relative to age and sex norms)

#### Participant type(s)

Patient

#### Age group

**Not Specified** 

#### Sex

Both

### Target number of participants

Target sample size was 100 to identify 20 eligible children. Recruitment status achieved was 103, which identified 30 eligible children.

#### Key exclusion criteria

- 1. Children with already-diagnosed (or a referral for) cognitive delay or major medical conditions
- 2. Children with symptoms of Autism Spectrum Disorder
- 3. Parents with insufficient English to attend a parent language program and complete brief written questionnaires

#### Date of first enrolment

15/06/2006

#### Date of final enrolment

15/12/2006

### Locations

#### Countries of recruitment

Australia

Study participating centre Royal Children's Hospital Melbourne

Australia 3052

## Sponsor information

#### Organisation

Murdoch Childrens Research Institute, Parkville (Australia)

#### Sponsor details

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#### Sponsor type

Research organisation

#### Website

http://www.rch.org.au/rch/index.cfm?doc\_id=1495

#### **ROR**

https://ror.org/048fyec77

## Funder(s)

### Funder type

Research organisation

#### Funder Name

Murdoch Childrens Research Institute, Parkville (Australia)

## **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration