# Prevention of Post-Operative Atrial Fibrillation

[ ] Prospectively registered Submission date Recruitment status 12/08/2009 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 02/09/2009 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 06/01/2014 Circulatory System

## Plain English summary of protocol

Not provided at time of registration

## Contact information

Type(s)

Scientific

Contact name

Dr Ramon Rodrigo

Contact details

Independencia 1027 Santiago Chile 70058

## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers 1070948

## Study information

#### Scientific Title

Prevention of post-operative atrial fibrillation: pathophysyological characterisation of a pharmacological intervention based on a novel model of non-hypoxic pre-conditioning

#### Acronym

**POAF** 

## **Study objectives**

The trial is designed to test the hypothesis that the previous reinforcement of the antioxidant defense system reduces the occurrence of post-operative atrial fibrillation (AF) in patients subjected to cardiac surgery with extracorporeal circulation.

Please note that as of 16/01/2013, the following changes were made to the record:

- 1. The anticipated start date for this trial was updated from 01/07/2007 to 07/01/2007
- 2. The anticipated end date for this trial was updated from 01/03/2010 to 31/12/2011

#### Ethics approval required

Old ethics approval format

## Ethics approval(s)

Local Ethics Committees (University of Chile Clinical Hospital, Faculty of Medicine of the University of Chile and Health Ministry of the Chilean Government) approved on the 5th June 2008 (ref: 100)

#### Study design

Double blind placebo-controlled clinical trial

#### Primary study design

Interventional

## Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

#### Health condition(s) or problem(s) studied

Post-operative atrial fibrillation

#### Interventions

Oral administration of:

- 1. Omega-3 polyunsaturated fatty acids: 1 g every 12 hours, beginning 7 days before surgery, until hospital discharge
- 2. Vitamin C: 500 mg every 12 hours, beginning 2 days before surgery, until hospital discharge
- 3. Vitamin E: 400 IU daily, beginning 2 days before surgery, until hospital discharge

Total duration of follow-up for all arms: 14 days

## Intervention Type

Other

#### **Phase**

Not Applicable

#### Primary outcome measure

Ocurrence of post-operative atrial fibrillation. Basal electrocardiogram for patients in sinus rhythm and electrocardiographic monitoring will be performed throughout the hospitalisation period, in order to detect the occurrence of atrial fibrillation.

#### Secondary outcome measures

- 1. Biochemical markers of oxidative stress, performed on blood samples withdrawn: 7 and 2 days before surgery, the day of surgery, 8 hours and 4 days after surgery
- 2. Atrial tissue will be obtained during surgery to be analysed

## Overall study start date

07/01/2007

## Completion date

31/12/2011

# **Eligibility**

## Key inclusion criteria

- 1. Aged between 30 80 years, either sex
- 2. Scheduled for elective coronary artery bypass graft, valve surgery, or mixed
- 3. In sinus rhythm

## Participant type(s)

Patient

## Age group

Adult

#### Sex

Both

## Target number of participants

150

### Key exclusion criteria

- 1. Previous heart surgery
- 2. Pre-operative documented history of chronic or paroxysmal AF
- 3. Comorbidities such as congenital or cardiac re-operation
- 4. Advanced hepatic disease (cirrhosis)
- 5. Chronic renal failure (serum creatinine greater than 2.0 mg/dL)

## Date of first enrolment

07/01/2007

# Date of final enrolment 31/12/2011

## Locations

## Countries of recruitment

Chile

Study participating centre Independencia 1027 Santiago Chile 70058

# Sponsor information

## Organisation

Fondo de Desarrollo Científico y Tecnológico (Chile)

## Sponsor details

c/o Maria Elena Boisier Bernarda Morin 551 Providencia Santigo Chile 7500832

## Sponsor type

Government

#### Website

http://www.fondecyt.cl/

#### **ROR**

https://ror.org/02ap3w078

# Funder(s)

## Funder type

Government

### Funder Name

Fondo de Desarrollo Científico y Tecnológico (ref: FONDECYT Nº 1070948), Chilean Government (Chile)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	15/10/2013		Yes	No