

# Interactive Computer Tailored smoking cessation and prevention for Adolescents

<b>Submission date</b> 20/12/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 20/12/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 13/11/2008	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Froukje Dijk

**Contact details**  
Maastricht University  
Department of Health Promotion and Health Education  
P.O. Box 616  
Maastricht  
Netherlands  
6200 MD  
+31 (0)43 388 2406  
f.dijk@gvo.unimaas.nl

## Additional identifiers

**Protocol serial number**  
ZonMw: 2100.0071; NTR345

## Study information

**Scientific Title**

**Acronym**

ICTA

**Study objectives**

Intervention lead to 5% less smoking uptake and 10% more quit attempts.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Received from local medical ethics committee

**Study design**

Randomised, active controlled, parallel group trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Smoking cessation

**Interventions**

Two intervention groups receive three times a personalised advice on (quitting) smoking through Internet or letter after filling out a questionnaire on the Internet. The control group receives no personalised advice.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Smoking status (and secondary outcomes) will be assessed with questionnaires which adolescents fill out on the Internet. At baseline and 6 and 12 months after baseline questionnaires will be filled out.

**Key secondary outcome(s)**

1. Intention to smoke
2. Intention to quit smoking
3. Cognitive factors related to smoking (cessation)

**Completion date**

01/10/2007

**Eligibility**

**Key inclusion criteria**

Adolescents between 15 and 18 years old.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Child

**Lower age limit**

15 years

**Upper age limit**

18 years

**Sex**

All

**Key exclusion criteria**

Adolescents who do not attend school

**Date of first enrolment**

01/10/2002

**Date of final enrolment**

01/10/2007

**Locations****Countries of recruitment**

Netherlands

**Study participating centre**

**Maastricht University**

Maastricht

Netherlands

6200 MD

**Sponsor information****Organisation**

University Maastricht (UM) (The Netherlands)

**ROR**

<https://ror.org/02jz4aj89>

## **Funder(s)**

**Funder type**

Research organisation

**Funder Name**

The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration