

# Pilot randomised controlled trial of deep brain stimulation in Tourette syndrome

<b>Submission date</b> 02/07/2007	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 06/07/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 27/06/2016	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**  
NCT01647269

**Secondary identifying numbers**  
V 1.0

# Study information

## Scientific Title

Pilot randomised controlled trial of deep brain stimulation in Tourette syndrome

## Study objectives

Current hypothesis as of 05/12/2007:

That bilateral deep brain stimulation applied to the globus pallidus internum will improve symptoms of Tourette syndrome, as measured by the Yale Global Tic Severity scale, when compared to sham stimulation.

Previous hypothesis:

That deep brain stimulation applied to the globus pallidus internum bilaterally will reduce tic scores significantly over one year compared to sham stimulation in Tourette syndrome.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval applied for via:

1. COREC on 06/06/2007
2. NRES in December 2007

## Study design

Randomised placebo-controlled crossover study

## Primary study design

Interventional

## Secondary study design

Randomised cross over trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Tourette syndrome

## Interventions

Current interventions as of 05/12/2007:

Group 1:

Group 1 will have deep brain stimulation electrodes placed in the globus pallidus internum.

After 6 weeks, the electrodes will be switched on and adjusted maximally. After 3 months, electrodes will be switched off and the patient followed up after a further 3 months.

#### Group 2:

Group 2 will have deep brain stimulation electrodes placed in the globus pallidus internum. After 6 weeks, the participant will have a "sham" switching on of electrodes. After 3 months, the electrodes will be switched on and adjusted maximally. The patient will be followed up and assessed after a further 3 months.

#### Previous interventions:

##### Intervention group:

Intervention group will have deep brain stimulation electrodes placed in globus pallidus externum. After 6 weeks, the electrodes will be switched on and further adjusted at 12 and 18 weeks. Follow-up assessments will then happen at 6 months, 9 months and 12 months.

##### Control group:

Control group will also have severe Tourette syndrome. They will also have electrodes implanted in the same way as the patients. After 6 weeks they will have a "sham switch on" procedure. Follow-ups will be done in the same way as the intervention group.

After one year of treatment, the code will be broken and data analysed. Participants in the intervention and control group will then be invited to participate in a further year of open-label extension study with all stimulators switched on. Data will then be gathered at 18 and 24 months.

### **Intervention Type**

Procedure/Surgery

### **Primary outcome measure**

Yale Global Tic severity scale.

### **Secondary outcome measures**

1. Yale-Brown Obsessive Compulsive Scale
2. Hospital Anxiety and Depression Scale
3. Total Subjective Quality Of Life (TS-QOL)

### **Overall study start date**

01/04/2008

### **Completion date**

01/04/2010

## **Eligibility**

### **Key inclusion criteria**

Adults with medically intractable Tourette syndrome for whom surgery and post-operative care is not contraindicated.

### **Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

20

**Key exclusion criteria**

1. Tics for other neurological reasons
2. High risk for surgery or post-op care

**Date of first enrolment**

01/04/2008

**Date of final enrolment**

01/04/2010

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Queen Elizabeth Psychiatric Hospital**

Birmingham

United Kingdom

B15 2QZ

**Sponsor information****Organisation**

University Hospital Birmingham NHS Foundation Trust (UK)

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**Sponsor type**

Hospital/treatment centre

**Website**

<http://www2.uhb.nhs.uk/Homepage.aspx>

**ROR**

<https://ror.org/014ja3n03>

## Funder(s)

**Funder type**

Charity

**Funder Name**

Tourette Syndrome Association (UK) - applied for funding

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/06/2015		Yes	No