Pilot randomised controlled trial of deep brain stimulation in Tourette syndrome

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
02/07/2007		∐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
06/07/2007	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
27/06/2016	Mental and Behavioural Disorders			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

ClinicalTrials.gov (NCT)

NCT01647269

Protocol serial number

V 1.0

Study information

Scientific Title

Pilot randomised controlled trial of deep brain stimulation in Tourette syndrome

Study objectives

Current hypothesis as of 05/12/2007:

That bilateral deep brain stimulation applied to the globus pallidus internum will improve symptoms of Tourette syndrome, as measured by the Yale Global Tic Severity scale, when compared to sham stimulation.

Previous hypothesis:

That deep brain stimulation applied to the globus pallidus internum bilaterally will reduce tic scores significantly over one year compared to sham stimulation in Tourette syndrome.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval applied for via:

- 1. COREC on 06/06/2007
- 2. NRES in December 2007

Study design

Randomised placebo-controlled crossover study

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Tourette syndrome

Interventions

Current interventions as of 05/12/2007:

Group 1:

Group 1 will have deep brain stimulation electrodes placed in the globus palludus internum. After 6 weeks, the electrodes will be switched on and adjusted maximally. After 3 months, electrodes will be switched off and the patient followed up after a further 3 months.

Group 2:

Group 2 will have deep brain stimulation electrodes placed in the globus pallidus internum. After 6 weeks, the participant will have a "sham" switching on of electrodes. After 3 months, the electrodes will be switched on and adjusted maximally. The patient will be followed up and assessed after a further 3 months.

Previous interventions:

Intervention group:

Intervention group will have deep brain stimulation electrodes placed in globus pallidus externum. After 6 weeks, the electrodes will be switched on and further adjusted at 12 and 18 weeks. Follow-up assessments will then happen at 6 months, 9 months and 12 months.

Control group:

Control group will also have severe Tourette syndrome. They will also have electrodes implanted in the same way as the patients. After 6 weeks they will have a "sham switch on" proceedure. Follow-ups will be done in the same way as the intervention group.

After one year of treatment, the code will be broken and data analysed. Participants in the intervention and control group will then be invited to participate in a further year of open-label extension study with all stimulators switched on. Data will then be gathered at 18 and 24 months.

Intervention Type

Procedure/Surgery

Primary outcome(s)

Yale Global Tic severity scale.

Key secondary outcome(s))

- 1. Yale-Brown Obsessive Compulsive Scale
- 2. Hospital Anxiety and Depression Scale
- 3. Total Subjective Quality Of Life (TS-QOL)

Completion date

01/04/2010

Eligibility

Key inclusion criteria

Adults with medically intractable Tourette syndrome for whom surgery and post-operative care is not contraindicated.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

- 1. Tics for other neurological reasons
- 2. High risk for surgery or post-op care

Date of first enrolment

01/04/2008

Date of final enrolment

Locations

Countries of recruitment

United Kingdom

England

Study participating centre Queen Elizabeth Psychiatric Hospital Birmingham United Kingdom B15 2QZ

Sponsor information

Organisation

University Hospital Birmingham NHS Foundation Trust (UK)

ROR

https://ror.org/014ja3n03

Funder(s)

Funder type

Charity

Funder Name

Tourette Syndrome Association (UK) - applied for funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2015	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	No	Yes