# Frequency and duration of clinical remission in patients with peripheral psoriatic arthritis requiring second-line drugs. A 6-year, casecontrol study.

Submission date 25/01/2007	<b>Recruitment status</b> No longer recruiting	[_] Pr [_] Pr
<b>Registration date</b> 26/02/2007	<b>Overall study status</b> Completed	[_] St [X] R
Last Edited 02/10/2008	<b>Condition category</b> Musculoskeletal Diseases	[] In

] Prospectively registered

[] Protocol

- Statistical analysis plan
- [X] Results
- Individual participant data

## Plain English summary of protocol

Not provided at time of registration

# **Contact information**

**Type(s)** Scientific

**Contact name** Dr Fabrizio Cantini

### **Contact details**

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# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

#### Secondary identifying numbers Prato/33

# Study information

Scientific Title

Acronym

PSARE (PSoriatic Arthritis REmission)

#### **Study objectives**

Studies on the efficacy of traditional Disease-Modifying Anti-Rheumatic Drugs (DMARDs) in the treatment of Psoriatic Arthritis (PsA) show a significant efficacy compared to placebo, with a response ratio ranging from 20% to 50% of the patients. Better results have been obtained with leflunomide and anti-tumor necrosis factor drugs (anti-TNFa), with a response rate of 50%-70%. Similarly to rheumatoid arthritis (RA), response to therapy in PsA is usually measured in terms of percentage improvement with respect to baseline, but rarely patients have been evaluated for clinical remission. Moreover, differently from RA, remission criteria for PsA have not yet been defined. However, in keeping with other authors, over 15 years of activity of our rheumatologic centre, we noted PsA patients who experienced prolonged remission both during treatment and after therapy interruption. We designed a prospective, follow-up, case-control study to evaluate the frequency of clinical remission in patients with peripheral PsA, and the duration of remission episodes both during treatment and over the off-therapy follow-up period.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Traditional DMARDs and all treatments employed in the study had the Italian Ministry of Health approval for PsA patients when the trial started in 2000. The trial obtained an automated approval from the Ethical Committee of the Hospital of Prato.

**Study design** Case-control study

**Primary study design** Interventional

**Secondary study design** Case-control study

Study setting(s) Not specified

**Study type(s)** Not Specified

Participant information sheet

### Health condition(s) or problem(s) studied

Peripheral psoriatic arthritis

Interventions Traditional DMARDs vs anti-TNF agents

**Intervention Type** Other

**Phase** Not Specified

**Primary outcome measure** Modified American College of Rheumatology (ACR) criteria for clinical remission

#### Secondary outcome measures

Duration of clinical remission during treatment and after therapy interruption, to evaluate the ACR 20, 50, 70 response rates at the end of follow up, and to evaluate the correlation between initial clinical and laboratory variables and the frequency of remissions.

Overall study start date 01/01/2000

Completion date 31/12/2005

# Eligibility

### Key inclusion criteria

Case patients: consecutive new outpatients with peripheral psoriatic arthritis requiring secondline drugs Controls: consecutive new outpatients with rheumatoid arthritis

**Participant type(s)** Patient

**Age group** Not Specified

**Sex** Not Specified

**Target number of participants** 400

### Key exclusion criteria

Patients with inflammatory spinal pain at presentation or during the disease course, or meeting the modified New York criteria for ankylosing spondylitis, and those with contraindications to the use of traditional DMARDs and anti-TNFa drugs.

Date of first enrolment 01/01/2000

Date of final enrolment 31/12/2005

# Locations

**Countries of recruitment** Italy

**Study participating centre Hospital of Prato** Prato Italy 59100

# Sponsor information

**Organisation** Hospital of Prato (Italy)

### Sponsor details

(c/o Dr Fabrizio Cantini) 2nd Division of Medicine and Rheumatology Hospital of Prato Piazza Ospedale,1 Prato Italy 59100 +39 (0)574 434572 fcantini@usl4.toscana.it

**Sponsor type** Hospital/treatment centre

ROR https://ror.org/03gbp6p96

# Funder(s)

**Funder type** Other Funder Name Investigator-funded (Italy)

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2008		Yes	No