# Frequency and duration of clinical remission in patients with peripheral psoriatic arthritis requiring second-line drugs. A 6-year, casecontrol study.

Submission date	<b>Recruitment status</b> No longer recruiting	Prospectively registered	
25/01/2007		☐ Protocol	
Registration date 26/02/2007	Overall study status Completed	Statistical analysis plan	
		[X] Results	
Last Edited	Condition category	Individual participant data	
02/10/2008	Musculoskeletal Diseases		

#### Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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# Additional identifiers

Protocol serial number Prato/33

# Study information

#### Scientific Title

#### Acronym

PSARE (PSoriatic Arthritis REmission)

#### Study objectives

Studies on the efficacy of traditional Disease-Modifying Anti-Rheumatic Drugs (DMARDs) in the treatment of Psoriatic Arthritis (PsA) show a significant efficacy compared to placebo, with a response ratio ranging from 20% to 50% of the patients. Better results have been obtained with leflunomide and anti-tumor necrosis factor drugs (anti-TNFa), with a response rate of 50%-70%. Similarly to rheumatoid arthritis (RA), response to therapy in PsA is usually measured in terms of percentage improvement with respect to baseline, but rarely patients have been evaluated for clinical remission. Moreover, differently from RA, remission criteria for PsA have not yet been defined. However, in keeping with other authors, over 15 years of activity of our rheumatologic centre, we noted PsA patients who experienced prolonged remission both during treatment and after therapy interruption. We designed a prospective, follow-up, case-control study to evaluate the frequency of clinical remission in patients with peripheral PsA, and the duration of remission episodes both during treatment and over the off-therapy follow-up period.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Traditional DMARDs and all treatments employed in the study had the Italian Ministry of Health approval for PsA patients when the trial started in 2000. The trial obtained an automated approval from the Ethical Committee of the Hospital of Prato.

#### Study design

Case-control study

## Primary study design

Interventional

## Study type(s)

Not Specified

## Health condition(s) or problem(s) studied

Peripheral psoriatic arthritis

#### Interventions

Traditional DMARDs vs anti-TNF agents

#### Intervention Type

Other

#### Phase

Not Specified

#### Primary outcome(s)

Modified American College of Rheumatology (ACR) criteria for clinical remission

#### Key secondary outcome(s))

Duration of clinical remission during treatment and after therapy interruption, to evaluate the ACR 20, 50, 70 response rates at the end of follow up, and to evaluate the correlation between initial clinical and laboratory variables and the frequency of remissions.

#### Completion date

31/12/2005

# **Eligibility**

#### Key inclusion criteria

Case patients: consecutive new outpatients with peripheral psoriatic arthritis requiring second-line drugs

Controls: consecutive new outpatients with rheumatoid arthritis

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Key exclusion criteria

Patients with inflammatory spinal pain at presentation or during the disease course, or meeting the modified New York criteria for ankylosing spondylitis, and those with contraindications to the use of traditional DMARDs and anti-TNF $\alpha$  drugs.

#### Date of first enrolment

01/01/2000

#### Date of final enrolment

31/12/2005

# Locations

#### Countries of recruitment

Italy

# Study participating centre Hospital of Prato

Prato

# Sponsor information

### Organisation

Hospital of Prato (Italy)

#### **ROR**

https://ror.org/03gbp6p96

# Funder(s)

## Funder type

Other

#### **Funder Name**

Investigator-funded (Italy)

# **Results and Publications**

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2008		Yes	No