

# Nurse led hypertension clinics in primary care: a pilot project

<b>Submission date</b> 30/09/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 21/04/2011	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N0243142063

## Study information

**Scientific Title**

**Study objectives**

Do nurse led clinics improve management of hypertension in primary care?

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Screening

**Health condition(s) or problem(s) studied**

Hypertension

**Interventions**

Pilot RCT studying the effect of a nurse-led hypertension clinic. Patients will be randomised to visit the nurse-led hypertension clinic or receiving care as usual.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Blood pressure

**Key secondary outcome(s))**

No secondary outcome measures

**Completion date**

03/06/2004

**Eligibility**

**Key inclusion criteria**

Primary care hypertension patients

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

1. Housebound
2. Severe illness,
3. GP feels unsuitable for any reason

**Date of first enrolment**

01/02/2004

**Date of final enrolment**

03/06/2004

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

Department of Community Health Sciences

London

United Kingdom

SW17 0RE

**Sponsor information****Organisation**

Department of Health

**Funder(s)****Funder type**

Government

**Funder Name**

STaRNet London (UK)

**Funder Name**

NHS R&D Support Funding (UK)

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/06/2007		Yes	No