A randomised comparison of microwave endometrial ablation with transcervical resection of the endometrium: follow-up at a minimum of ten years

Submission date	Recruitment status No longer recruiting	Prospectively registered		
06/10/2008		☐ Protocol		
Registration date 10/12/2008	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited 10/12/2008	Condition category Urological and Genital Diseases	Individual participant data		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

06/S0801/123

Study information

Scientific Title

Acronym

MEA vsTCRE

Study objectives

To compare outcomes and further operations at a minimum of ten years following microwave endometrial ablation (MEA^{M}) or transcervical resection of the endometrium (TCRE).

Ethics approval required

Old ethics approval format

Ethics approval(s)

Original study: Grampian Health Board Joint Ethical Committee, approved on 11/12/1995

(Project no.: 2459)

Follow-up study: Grampian Local Research Ethics Committee, approved on 05/02/2007 (ref: 06

/S0801/123)

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Heavy menstrual bleeding

Interventions

Interventions:

Microwave endometrial ablation (MEA $^{\text{m}}$) vs transcervical resection of the endometrium (TCRE).

Start date of RCT: 11/12/1995

End date of RCT: 01/12/1998 (end of follow-up)

Follow-up study: postal questionnaires and operative databank review.

Start date of the follow-up study: 01/03/2007 End date of the follow-up study: 01/10/2008

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Patient satisfaction and acceptability of treatment, assessed by questionnaires (Timepoints: T1-T5).

Timepoints:

T0: Within 6 weeks after operation

T1: 4 months after operation

T2: 12 months after operation

T3: Minimum of 2 years after operation

T4: Minimum of 5 years after operation

T5: Minimum of 10 years after operation

Additional data were also obtained via a hospital database.

Secondary outcome measures

The following were assessed at timepoints T0-T5:

- 1. Menstrual symptoms (questionnaires)
- 2. Changes in health related quality of life, assessed by the SF-36 Health Survey
- 3. Additional treatments received (questionnaires)

Timepoints:

T0: Within 6 weeks after operation

T1: 4 months after operation

T2: 12 months after operation

T3: Minimum of 2 years after operation

T4: Minimum of 5 years after operation

T5: Minimum of 10 years after operation

Additional data were also obtained via a hospital database.

Overall study start date

11/12/1995

Completion date

01/10/2008

Eligibility

Key inclusion criteria

- 1. Premenopausal women, no age limits
- 2. Heavy menstrual loss
- Family was complete (i.e. no desire for further children)

- 4. No endometrial atypia
- 5. Uterine size not greater than ten weeks size

Participant type(s)

Patient

Age group

Adult

Sex

Female

Target number of participants

263

Key exclusion criteria

Unwilling to complete follow-up

Date of first enrolment

11/12/1995

Date of final enrolment

01/10/2008

Locations

Countries of recruitment

Scotland

United Kingdom

Study participating centre

Ward 42

Aberdeen United Kingdom AB25 2ZN

Sponsor information

Organisation

NHS Grampian (UK)

Sponsor details

Aberdeen Royal Infirmary Foresterhill

Aberdeen United Kingdom AB25 2ZN

Sponsor type

Government

Website

http://www.nhsgrampian.org

ROR

https://ror.org/00ma0mg56

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Aberdeen Royal Infirmary, Gynaecological Endoscopy Research Fund (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Original trial results	27/11/1999		Yes	No
Results article	Two-year follow-up results	01/06/2002		Yes	No
Results article	Five-year follow-up results	01/04/2005		Yes	No