

# REVascularisation for Ischaemic VEntricular Dysfunction

<b>Submission date</b> 20/11/2012	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 20/11/2012	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 22/12/2022	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Current plain English summary as of 14/09/2018:

### Background and study aims

In 2002, it was estimated that approximately 900,000 individuals in the United Kingdom had a diagnosis of heart failure and at least 1 in 20 of all deaths here were related to this condition. There is evidence of an increase in heart failure in the population, with the number of associated hospital admissions expected to increase by around 50% in the next 25 years. This is the likely consequence of a progressively aging population and improved survival from acute coronary syndromes, partly due to more efficient and timely revascularisation techniques. Patients with heart failure are traditionally treated with a combination of tablets and (in some cases) by insertion of a special pacemaker. Together these treatments are called Optimal Medical Therapy (OMT). In patients who have heart failure as well as narrowed heart arteries, several recent studies have suggested that treatment of the narrowed arteries by Percutaneous Coronary Intervention (PCI) or Coronary Artery Bypass Grafting (CABG) may improve heart muscle pumping strength and heart failure symptoms. However, most of these studies have been too small or have not been scientific enough to allow widespread use of PCI or CABG as a treatment for heart failure. The purpose of this study is to assess whether treatment of heart arteries by angioplasty and stenting (PCI) in combination with OMT can improve heart muscle function, quality of life and life expectancy of patients, compared to OMT alone.

### Who can participate?

Patients at least 18 years of age with poor heart pumping function and diseased arteries of the heart.

### What does the study involve?

Patients will be randomly allocated to two treatment groups - either Percutaneous Coronary Intervention (PCI) and Optimal Medical Therapy (OMT), or to OMT alone.

### What are the possible benefits and risks of participating?

As the benefit of treating narrowed arteries has not been clearly established yet, patients should assume that there would be no direct benefit to them. There is a very small risk of major

complications during or shortly after the PCI procedure (including damage to an artery, heart attack, stroke or death). PCI procedures involve exposure to radiation in the form of X-rays, which can potentially be harmful.

Where is the study run from?

The trial will take place at approximately 35 centres in the UK. The main centre is Guy's & St Thomas' NHS Foundation Trust in London and will be coordinated from the London School of Hygiene and Tropical Medicine Clinical Trials Unit (LSHTM CTU).

When is the study starting and how long is it expected to run for?

Recruitment began in August 2013 and will continue until the end of April 2020. Follow-up will be for a minimum of two years, and the study is expected to finish in March 2022 (updated 15/06 /2021, previously: December 2022.)

Who is the main contact?

Ruth Canter

ruth.canter@lshtm.ac.uk

Previous plain English summary:

Background and study aims

In 2002, it was estimated that approximately 900,000 individuals in the United Kingdom had a diagnosis of heart failure and at least 1 in 20 of all deaths here were related to this condition. There is evidence of an increase in heart failure in the population, with the number of associated hospital admissions expected to increase by around 50% in the next 25 years. This is the likely consequence of a progressively aging population and improved survival from acute coronary syndromes, partly due to more efficient and timely revascularisation techniques. Patients with heart failure are traditionally treated with a combination of tablets and (in some cases) by insertion of a special pacemaker. Together these treatments are called Optimal Medical Therapy (OMT). In patients who have heart failure as well as narrowed heart arteries, several recent studies have suggested that treatment of the narrowed arteries by Percutaneous Coronary Intervention (PCI) or Coronary Artery Bypass Grafting (CABG) may improve heart muscle pumping strength and heart failure symptoms. However, most of these studies have been too small or have not been scientific enough to allow widespread use of PCI or CABG as a treatment for heart failure. The purpose of this study is to assess whether treatment of heart arteries by angioplasty and stenting (PCI) in combination with OMT can improve heart muscle function, quality of life and life expectancy of patients, compared to OMT alone.

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Where is the study run from?

The trial will take place at approximately 25 centres in the UK. The main centre is Guy's & St Thomas' NHS Foundation Trust in London and will be coordinated from the clinical trial unit at London School of Hygiene and Tropical Medicine (UK).

When is study starting and how long is it expected to run for?

Recruitment will begin in May 2013 and continue until May 2016. Follow-up will be for a minimum of two years, and the study is expected to finish in May 2018.

Who is funding the study?

NIHR Health Technology Assessment - HTA (UK).

Who is the main contact?

Richard Evans

richard.evans@lshtm.ac.uk

### **Study website**

<http://revived.lshtm.ac.uk>

## **Contact information**

### **Type(s)**

Scientific

### **Contact name**

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### **Contact details**

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SE1 7EH

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Divaka.Perera@kcl.ac.uk

### **Type(s)**

Public

### **Contact name**

Ms Ruth Canter

### **ORCID ID**

<http://orcid.org/0000-0003-0916-2551>

### **Contact details**

Clinical Trials Unit (CTU)

Department of Medical Statistics

London School of Hygiene & Tropical Medicine

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WC1E 7HT  
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Ruth.Canter@lshtm.ac.uk

## **Additional identifiers**

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

NCT01920048

**Secondary identifying numbers**

HTA 10/57/67

## **Study information**

**Scientific Title**

REVascularisation for Ischaemic VEntricular Dysfunction

**Acronym**

REVIVED

**Study objectives**

Current study hypothesis as of 21/04/2022:

Compared to medical therapy alone, PCI improves event-free survival in patients with ischaemic cardiomyopathy and viable myocardium.

More details and the latest version of the Protocol can be found at: <https://www.journalslibrary.nihr.ac.uk/programmes/hta/105767#/>

Previous study hypothesis:

Compared to medical therapy alone, PCI improves event-free survival in patients with ischaemic cardiomyopathy and viable myocardium.

More details can be found at: <http://www.nets.nihr.ac.uk/projects/hta/105767>

Protocol can be found at: [http://www.nets.nihr.ac.uk/\\_\\_data/assets/pdf\\_file/0016/81124/PRO-10-57-67.pdf](http://www.nets.nihr.ac.uk/__data/assets/pdf_file/0016/81124/PRO-10-57-67.pdf)

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Westminster Research Ethics Committee, 13/09/2010, bref: 10/H0802/46

**Study design**

Multi-centre phase III randomised double-blind controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Cardiology, heart failure

**Interventions**

Patients are randomised to receive either Optimal Medical Therapy (OMT) alone or Percutaneous Coronary Intervention (PCI) and OMT.

**Intervention Type**

Procedure/Surgery

**Primary outcome measure**

Current primary outcome measure as of 23/10/2018:

A composite of all-cause death and hospitalisation due to heart failure with a minimum follow-up of 2 years and maximum follow-up of approximately 8.5 years depending on time of randomisation.

Previous primary outcome measure as of 14/09/2018:

A composite of all-cause death and hospitalisation due to heart failure

Previous primary outcome measures:

1. All-cause death
2. Acute myocardial infarction or hospitalisation due to heart failure (hierarchy: death > MI > heart failure)

**Secondary outcome measures**

Current secondary outcome measures as of 21/04/2022:

1. Left Ventricular Ejection Fraction (LVEF) on echocardiography at 6 months and 1 year
2. Quality of life score:
  - 2.1. Kansas City Cardiomyopathy questionnaire (KCCQ) up to 2 years
  - 2.2. EuroQol EQ-5D-5L at 6 months and then yearly to the end of follow-up
3. New York Heart Association Functional (NYHA) Class up to 2 years
4. Cardiovascular death over the entire duration of follow-up
5. All-cause death over the entire duration of follow-up

6. Hospitalisation due to heart failure over the entire duration of follow-up
7. Acute myocardial infarction (MI) over the entire duration of follow-up
8. Appropriate implantable cardioverter defibrillator (ICD) therapy to 2 years
9. Unplanned further revascularisation over the entire duration of follow-up
10. Canadian Cardiovascular Society (CCS) up to 2 years
11. NHS resource use
12. Brain natriuretic peptide (BNP or NT-Pro BNP) up to 2 years
13. Major bleeding up to 2 years

Previous secondary outcome measures:

1. Cardiovascular death, MI, CVA or unplanned revascularisation at 30-days
2. Left ventricular ejection fraction at 6 months, 1 year
3. Cardiovascular death or myocardial infarction
4. Hospitalisation for heart failure
5. Appropriate ICD therapy
6. Unplanned further revascularisation
7. Acute coronary syndrome

**Overall study start date**

01/05/2013

**Completion date**

31/03/2022

## **Eligibility**

**Key inclusion criteria**

Current inclusion criteria as of 13/08/2014:

1. LVEF  $\leq 35\%$
2. Extensive coronary disease (BCIS-1 Jeopardy Score  $\geq 6$ )
3. Viability in at least 4 dysfunctional segments, that can be revascularised by PCI

Previous inclusion criteria:

1. LVEF  $\leq 30\%$
2. Extensive coronary disease (BCIS-1 Jeopardy Score  $\geq 6$ )
3. Viable myocardium in  $\geq 30\%$  of dysfunctional segments

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

700

**Total final enrolment**

**Key exclusion criteria**

Current exclusion criteria as of 14/09/2018:

1. Myocardial infarction <4 weeks previously
2. Decompensated heart failure requiring inotropic support, invasive or non-invasive ventilation or IABP/left ventricular assist device (LVAD) therapy <72 hours prior to randomisation
3. Sustained VT/VF or appropriate ICD discharges <72 hours prior to randomisation
4. Valve disease requiring intervention
5. Contraindications to PCI
6. Aged <18 years
7. eGFR < 25 ml/min, unless established on dialysis
8. Women who are pregnant
9. Previously enrolled in REVIVED-BCIS2 or current enrolment in other trial that may affect REVIVED-BCIS2 outcome data
10. Life expectancy <1 year due to non-cardiac pathology

Previous exclusion criteria as of 13/08/2014:

Specific exclusions:

1. Significant angina ( $\geq$ CCS class 3)
2. Myocardial infarction < 4 weeks previously

General exclusions:

1. Decompensated heart failure requiring inotropic support or IABP/LVAD therapy <72 hours prior to randomisation
2. Sustained VT/VF or appropriate ICD discharges <72 hours prior to randomisation
3. More than mild aortic stenosis or more than mild aortic regurgitation on echocardiography
4. Contra-indications to PCI
5. Age <18 years
6. eGFR < 25 ml/min, unless established on dialysis
7. Women who are pregnant
8. Previously enrolled in REVIVED or current enrolment in other study
9. Life expectancy < 1 year due to non-cardiac pathology

Previous exclusion criteria:

Specific exclusions:

1. Significant angina ( $\geq$ CCS class 3)
2. Myocardial infarction < 6 weeks previously

General exclusions:

1. Decompensated heart failure requiring inotropic support or IABP/LVAD therapy <72 hours prior to randomisation
2. Sustained VT/VF or appropriate ICD discharges <72 hours prior to randomisation
3. More than mild aortic stenosis or mild aortic regurgitation on echocardiography
4. Contra-indications to PCI, including contra-indications to Aspirin or Clopidogrel or Heparin
5. Age <18 years
6. Bleeding diathesis or Warfarin therapy with INR>3
7. Active internal bleeding (except menstruation)
8. Platelet count < 100,000 cells/mm<sup>3</sup> at randomisation
9. Haemoglobin < 9 g/dl at randomisation
10. eGFR < 25 ml/min, unless established on dialysis
11. Women who are pregnant

- 12. Previously enrolled in REVIVED or current enrolment in other study
- 13. Life expectancy < 1 year due to non-cardiac pathology

**Date of first enrolment**

01/08/2013

**Date of final enrolment**

19/03/2020

## **Locations**

**Countries of recruitment**

England

Northern Ireland

Scotland

United Kingdom

Wales

**Study participating centre**

**King's College London**

London

United Kingdom

SE5 9RS

**Study participating centre**

**Basingstoke and North Hampshire Hospital**

Basingstoke

United Kingdom

RG24 9NA

**Study participating centre**

**Blackpool Victoria Hospital**

Blackpool

United Kingdom

FY3 8NR

**Study participating centre**

**Derriford Hospital**

Plymouth



United Kingdom  
PL6 8DH

**Study participating centre**  
**Dorset County Hospital**  
Dorchester  
United Kingdom  
DT1 2JY

**Study participating centre**  
**Freeman Hospital**  
Newcastle  
United Kingdom  
NE7 7DN

**Study participating centre**  
**Glan Clwyd Hospital**  
North Wales Cardiac Centre  
Rhyl  
United Kingdom  
LL30 1LB

**Study participating centre**  
**Glenfield Hospital**  
Leicester  
United Kingdom  
LE3 9QP

**Study participating centre**  
**Golden Jubilee National Hospital**  
Glasgow  
United Kingdom  
G81 4DY

**Study participating centre**  
**Great Western Hospital**  
Swindon  
United Kingdom  
SN3 6BB

**Study participating centre**  
**Kettering General Hospital**  
Kettering  
United Kingdom  
NN16 8UZ

**Study participating centre**  
**Leeds General Infirmary**  
Leeds  
United Kingdom  
LS1 3EX

**Study participating centre**  
**Lister Hospital**  
Stevenage  
United Kingdom  
SG1 4AB

**Study participating centre**  
**Liverpool Heart and Chest Hospital**  
Liverpool  
United Kingdom  
L14 3PE

**Study participating centre**  
**Manchester Royal Infirmary**  
Manchester  
United Kingdom  
M13 9WL

**Study participating centre**  
**New Cross Hospital**  
Wolverhampton  
United Kingdom  
WV10 0QP

**Study participating centre**  
**Ninewells Hospital**  
Dundee  
United Kingdom  
DD1 9SY

**Study participating centre**  
**Pinderfields Hospital**  
Wakefield  
United Kingdom  
WF1 4DG

**Study participating centre**  
**Queen Alexandra Hospital**  
Portsmouth  
United Kingdom  
PO6 3LY

**Study participating centre**  
**Royal Bournemouth Hospital**  
Bournemouth  
United Kingdom  
BH7 7DW

**Study participating centre**  
**Royal Devon and Exeter Hospital**  
Exeter  
United Kingdom  
EX2 3DW

**Study participating centre**  
**Royal Free Hospital**  
London  
United Kingdom  
NW3 2PF

**Study participating centre**  
**Royal Infirmary of Edinburgh**  
Edinburgh

United Kingdom  
EH16 4SA

**Study participating centre**  
**Royal Oldham Hospital**  
Oldham  
United Kingdom  
OL1 2JH

**Study participating centre**  
**Royal Victoria Hospital**  
Belfast  
United Kingdom  
BT12 6BA

**Study participating centre**  
**Salisbury District Hospital**  
Salisbury  
United Kingdom  
SP2 8BJ

**Study participating centre**  
**Southampton General Hospital**  
Southampton  
United Kingdom  
SO16 6YD

**Study participating centre**  
**St Bartholomew's Hospital**  
London  
United Kingdom  
EC1A 7BE

**Study participating centre**  
**St George's Hospital**  
London  
United Kingdom  
SW17 0QT

**Study participating centre**  
**St Thomas' Hospital**  
London  
United Kingdom  
SE1 7EH

**Study participating centre**  
**Sunderland Royal Hospital**  
Sunderland  
United Kingdom  
SR4 7TP

**Study participating centre**  
**The James Cook University Hospital**  
Middlesbrough  
United Kingdom  
TS4 3BW

**Study participating centre**  
**University Hospital Coventry**  
Coventry  
United Kingdom  
CV2 2DX

**Study participating centre**  
**Worcestershire Royal Hospital**  
Worcester  
United Kingdom  
WR5 1DD

**Study participating centre**  
**Worthing Hospital**  
Worthing  
United Kingdom  
BN11 2DH

**Study participating centre**

**Wythenshawe Hospital**

Manchester  
United Kingdom  
M23 9QZ

**Study participating centre****Bristol Royal Infirmary**

Upper Maudlin Street  
Bristol  
United Kingdom  
BS2 8HW

**Study participating centre****Birmingham Heartlands Hospital**

Birmingham  
United Kingdom  
B9 5SS

**Study participating centre****York Hospital**

York  
United Kingdom  
YO31 8HE

**Study participating centre****Northern General Hospital**

Sheffield  
United Kingdom  
S5 7AU

## **Sponsor information**

**Organisation**

King's College London

**Sponsor details**

c/o Professor Reza Razavi  
King's College London  
Room 5.31A

James Clerk Maxwell Building  
57 Waterloo Road  
London  
England  
United Kingdom  
SE1 8WA  
+44 (0)207 8483224  
reza.razavi@kcl.ac.uk

**Sponsor type**

University/education

**Website**

<http://www.kcl.ac.uk/index.aspx>

**ROR**

<https://ror.org/0220mzb33>

**Organisation**

Guy's and St Thomas' NHS Foundation Trust

**Sponsor details**

St Thomas' Hospital  
Westminster Bridge Rd  
Lambeth  
London  
England  
United Kingdom  
SE1 7EH  
-  
crf@gstt.nhs.uk

**Sponsor type**

Hospital/treatment centre

**Funder(s)****Funder type**

Government

**Funder Name**

NIHR Health Technology Assessment - HTA (UK), ref: 10/57/67

# Results and Publications

## Publication and dissemination plan

We plan to publish the trial results in a high-impact peer-reviewed journal and present the results at an international cardiology conference.

We also plan to disseminate the results to the trial participants, recruiting hospitals, relevant PPI groups, and the relevant local, national, and international clinical and regulatory bodies.

## Intention to publish date

31/12/2022

## Individual participant data (IPD) sharing plan

The data-sharing plans for the current study are unknown and will be made available at a later date.

## IPD sharing plan summary

Data sharing statement to be made available at a later date

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	01/06/2018	19/11/2019	Yes	No
<a href="#">Results article</a>	primary composite outcome of death from any cause or hospitalization for heart failure	13/10/2022	22/12/2022	Yes	No
<a href="#">HRA research summary</a>			28/06/2023	No	No