# Bridging the age gap in breast cancer

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
11/08/2016		Protocol		
Registration date	Overall study status Ongoing	Statistical analysis plan		
11/11/2016		[X] Results		
<b>Last Edited</b> 11/06/2025	Condition category	[] Individual participant data		
11/00/2025	Cancer			

#### Plain English summary of protocol

Current plain English summary as of 15/10/2018:

Background and study aims

Breast cancer is common in older women, affecting 13,000 women in the UK over the age of 70 every year. Despite this, little has been done to study breast cancer in older women to find out the best way to treat this disease and what types of treatment older women prefer. For many older women, treatment is identical to that of younger women as they have comparable levels of health and fitness. Surgery followed by a range of treatments is recommended and often tolerated well. However, for some older women, treatment may need to be changed to take into account other illnesses and frailty which may limit their ability to tolerate the full range of treatments. The problem is that there is little guidance available on this level of age, ill health and frailty, which makes the risks of some treatments (such as surgery and chemotherapy) outweigh the benefits. At present, these decisions are based on the personal expertise of the treating team with no research to guide them to best practice. This has resulted in a high level of variation in practice in the UK. This study hopes to fill this gap in our knowledge by studying UK practice and treatment in older women.

Who can participate?

Women aged over 70 years with breast cancer

#### What does the study involve?

The study involves collecting detailed data about how fit older women are at the start of their treatment (other illnesses, level of independence, and quality of life), how they respond to their recommended treatment, and finally, how well their cancer is controlled in the long term. This study has a minimal impact on them and involves completing some questionnaires (some of which are optional). The study will then evaluate the use of decision support interventions (DESIs), which are given to 50% of sites and embedded as 'standard of care.' The DESIs comprise two patient-facing booklets and two web-based tools, which can be shared with individual patients. Women can take part in one of the following three ways. In its simplest form, the study only requires the participants' permission to collect data about them, with no requirement to complete any questionnaires. The research staff just need permission to access the notes to obtain as much data as they can or ask carers for information if they have cognitive decline. Some women may be happy to spend a little time going through some initial questions about

their health, fitness and independence on their first visit, but may not wish to fill in any further detailed quality-of-life questionnaires at follow-up visits. Some women may be happy to also fill in quality of life questionnaires at their first visit and when they attend follow-up visits.

What are the possible benefits and risks of participating?

This study will not directly benefit participants, but will give a much better understanding of the best ways to treat breast cancer in older women, and also help clinicians themselves to make better choices about treatment. The study is very low risk and involves no change of treatment. The study is designed to pose a minimal burden to participants, meaning that many parts are either optional or can be done later via telephone or postal return of quality of life questionnaires.

Where is the study run from?

Doncaster and Bassetlaw Hospitals NHS Foundation Trust and 48 other trusts in the UK

When is the study starting and how long is it expected to run for? July 2012 to May 2016

Who is funding the study? National Institute for Health Research (UK)

Who is the main contact?
Ms Charlene Martin, agegap@sheffield.ac.uk

Previous plain English summary:

Background and study aims

Breast cancer is common in older women, affecting 13,000 women in the UK over the age of 70 every year. Despite this, little has been done to study breast cancer in older women to find out the best way to treat this disease and what types of treatment older women prefer. For many older women, treatment is identical to that of younger women as they have comparable levels of health and fitness. Surgery followed by a range of treatments is recommended and often tolerated well. However, for some older women, treatment may need to be changed to take into account other illnesses and frailty which may limit their ability to tolerate the full range of treatments. The problem is that there is little guidance available on this level of age, ill health and frailty, which makes the risks of some treatments (such as surgery and chemotherapy) outweigh the benefits. At present, these decisions are based on the personal expertise of the treating team with no research to guide them to best practice. This has resulted in a high level of variation in practice in the UK. This study hopes to fill this gap in our knowledge by studying UK practice and treatment in older women.

Who can participate? Women aged over 70 years with breast cancer

#### What does the study involve?

The study involves collecting detailed data about how fit older women are at the start of their treatment (other illnesses, level of independence, and quality of life), how they respond to their recommended treatment, and finally, how well their cancer is controlled in the long term. This study has a minimal impact on them and involves completing some questionnaires (some of which are optional). Women can take part in one of the following three ways. In its simplest form, the study only requires the participants' permission to collect data about them, with no requirement to complete any questionnaires. The research staff just need permission to access the notes to obtain as much data as they can or ask carers for information if they have cognitive

decline. Some women may be happy to spend a little time going through some initial questions about their health, fitness and independence on their first visit, but may not wish to fill in any further detailed quality-of-life questionnaires at follow-up visits. Some women may be happy to also fill in quality of life questionnaires at their first visit and when they attend follow-up visits.

What are the possible benefits and risks of participating?

This study will not directly benefit participants, but will give a much better understanding of the best ways to treat breast cancer in older women, and also help clinicians themselves to make better choices about treatment. The study is very low risk and involves no change of treatment. The study is designed to pose a minimal burden to participants, meaning that many parts are either optional or can be done later via telephone or postal return of quality of life questionnaires.

Where is the study run from?

Doncaster and Bassetlaw Hospitals NHS Foundation Trust and 48 other trusts in the UK

When is the study starting and how long is it expected to run for? July 2012 to October 2017

Who is funding the study? National Institute for Health Research (UK)

Who is the main contact? Ms Charlene Martin

https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-study-looking-improving-outcomes-older-women-breast-cancer

# Contact information

# Type(s)

**Public** 

#### Contact name

Ms Charlene Martin

#### Contact details

FU21, Department of Oncology and Metabolism University of Sheffield Medical School Beech Hill Road Sheffield United Kingdom S10 2RX

# Additional identifiers

Clinical Trials Information System (CTIS) 2016-000779-25

Protocol serial number

# Study information

#### Scientific Title

Bridging the age gap in breast cancer: improving outcomes for older women

#### Study objectives

Current hypothesis as of 15/10/2018:

The Age Gap study will use state of the art statistical and modelling techniques to determine the age, comorbidity, frailty and disease characteristics of women over 70 with early breast cancer to provide guidance on two primary questions:

- 1. What are the personal and cancer characteristics of women who can be safely advised that surgery is unlikely to confer any advantage for them?
- 2. What are the personal and cancer characteristics of women who should be advised to have adjuvant chemotherapy after surgery?

These data will be used to provide guidelines for clinicians to ensure that optimal individually tailored treatment is offered to all older women with breast cancer.

The data from the cohort study will then be used to develop two management algorithms for older women with breast cancer using a package of decision support interventions (DESIs) nested in the cohort study.

#### Previous hypothesis:

The Age Gap study will use state of the art statistical and modelling techniques to determine the age, comorbidity, frailty and disease characteristics of women over 70 with early breast cancer to provide guidance on two primary questions:

- 1. What are the personal and cancer characteristics of women who can be safely advised that surgery is unlikely to confer any advantage for them?
- 2. What are the personal and cancer characteristics of women who should be advised to have adjuvant chemotherapy after surgery?

These data will be used to provide guidelines for clinicians to ensure that optimal individually tailored treatment is offered to all older women with breast cancer.

#### Ethics approval required

Old ethics approval format

### Ethics approval(s)

London South East Research Ethics Committee, 30/11/2012 (revised 25/01/2013), ref: 12/LO /1808

### Study design

Observational cohort study with nested cluster randomized controlled trial

### Primary study design

Observational

### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Breast cancer

#### **Interventions**

Current intervention as of 15/10/2018:

Phase One:

The first phase is to construct a preliminary disease outcome and health economic model of breast cancer in older women. This will be based on the rather limited published trial evidence in this age group and also retrospective data from the UK cancer registry and hospital episode statistics (HES data).

Once the participant has consented, the treatment they have decided to have will just proceed as normal, with no change. Information about how the participant is doing and the treatment they are receiving will be recorded by a member of study staff but the participant's hospital visit will not differ from normal with the exception of going through some questionnaires with a member of the study team about their health, fitness and independence. Health and fitness data will be collected using well validated tools widely used in the field of geriatric research (the IADL, ADL, MMSE, Charlson score etc). These questionnaires are only completed at the baseline visit and if the woman wishes, she may complete these at a later date via a telephone call to minimise the burden of the study at each visit. It is estimated that these baseline questionnaires will take 20 to 30 minutes.

The participant can opt to also take part in answering questionnaires about how they are feeling (quality of life validated questionnaires: the EORTC QLQ C30, BR23 and ELD 15) at baseline and when they attend for their follow up visits. These are all well validated, widely used instruments in health research and are easy to understand and administer. The participant can see the questionnaires before they decide whether they want to take part so they can see what sort of questions they are. If the participant agrees to this option, these questionnaires will be completed pre-treatment and at various follow-up visits. Again, these may be completed later either by the patient themselves (and posted back to the study centre) or via a telephone call.

The participant can also opt to agree to let the study team have potential future access to any biopsy samples of their breast cancer that may have already been taken as part of their normal care. No additional biopsies for the study will be taken. These samples will not be accessed as part of the present study but the consents may be used as the basis for a follow on biological markers study which will be the subject of further funding and ethics applications.

The participant also has the option of agreeing to let the research team follow their long-term progress, even after the clinic has discharged them by giving consent for the study team to have access to their cancer registry and HES data. Follow up by this means would be undertaken for 10 years.

The participant will be seen in the clinic 6 weeks after they started their treatment and then every 6 months after they entered the study for a minimum of 2 years and up to 5 years. At each visit their doctor will perform a routine physical examination to check that their disease is under control and that they are well, the participant will also be asked if they have had any treatment-related problems. If the participant has agreed to full participation, at some of these visits the participant will also be asked by their doctor/nurse to complete some questionnaires about their quality of life. Patients may complete these questionnaires at home after their clinic visit if they wish.

At follow-up visits, patients on Primary Endocrine Therapy will have the size of the primary tumour and the largest of the diseased axillary lymph nodes (if present) measured by the Consultant Breast Surgeon, Consultant Oncologist or an appropriate delegated individual. These assessments are all part of normal routine practice.

At follow-up visits all patients will have the following documented:

- 1. Treatment details will be recorded e.g. radiotherapy, surgery, chemotherapy, trastuzumab, endocrine therapy
- 2. Treatment-related adverse events
- 3. Management of local/regional recurrence, progressive disease, metastatic disease or new primary breast tumour (if applicable)

The data from the cohort study will then be used to modify and improve the preliminary model of cancer outcomes and enable us to develop two management algorithms for older women with breast cancer using a package of decision support interventions (DESIS).

#### Phase Two:

The DESIs will be embedded in half of Age Gap recruiting sites as part of standard care, with completion of two additional questionnaires focusing on pre-treatment counselling and decision-making, and the ability to use the decision aids if they wish to help patients decide on treatment. The aim of the intervention is to improve the quality of life, decision quality, decision regret, satisfaction and treatment understanding of older women entering the Age Gap study. These DESIs will be aimed at women facing a choice of surgery or primary endocrine therapy (PET) or, following surgery, for those with higher risk cancer facing a choice of chemotherapy or no chemotherapy. These are the two areas where clinical practice in older women differs most markedly from that in younger women and where there are high levels of variation between breast units.

The DESIs comprise of two patient facing booklets designed especially for older women facing these choices and two web based algorithms, which may be used by the clinical team to predict individual risk and benefit information that can be shared with patients. These resources have been carefully developed using the best available evidence and have undergone extensive user testing. Sites will be allocated access to use the decision tools as part of routine care or simply continue with normal best practice pre-treatment counselling. Randomisation of sites will be stratified according to PET and chemotherapy rate.

- 1. Control Usual standard practice for older women (>70 years) diagnosed with breast cancer with no change to normal counselling and decision-making practice.
- 2. Intervention Usual standard practice for older women (>70 years) diagnosed with breast cancer plus optional clinician and patient access to the DESIs (option grid, detailed information booklet and clinical algorithm), which will have been made available to these units to adopt as their standard of care.

#### Previous intervention:

The first phase is to construct a preliminary disease outcome and health economic model of breast cancer in older women. This will be based on the rather limited published trial evidence in this age group and also retrospective data from the UK cancer registry and hospital episode statistics (HES data).

Once the participant has consented, the treatment they have decided to have will just proceed as normal, with no change. Information about how the participant is doing and the treatment they are receiving will be recorded by a member of study staff but the participant's hospital visit will not differ from normal with the exception of going through some questionnaires with a member of the study team about their health, fitness and independence. Health and fitness data

will be collected using well validated tools widely used in the field of geriatric research (the IADL, ADL, MMSE, Charlson score etc). These questionnaires are only completed at the baseline visit and if the woman wishes, she may complete these at a later date via a telephone call to minimise the burden of the study at each visit. It is estimated that these baseline questionnaires will take 20 to 30 minutes.

The participant can opt to also take part in answering questionnaires about how they are feeling (quality of life validated questionnaires: the EORTC QLQ C30, BR23 and ELD 15) at baseline and when they attend for their follow up visits. These are all well validated, widely used instruments in health research and are easy to understand and administer. The participant can see the questionnaires before they decide whether they want to take part so they can see what sort of questions they are. If the participant agrees to this option, these questionnaires will be completed pre-treatment and at various follow-up visits. Again, these may be completed later either by the patient themselves (and posted back to the study centre) or via a telephone call.

The participant can also opt to agree to let the study team have potential future access to any biopsy samples of their breast cancer that may have already been taken as part of their normal care. No additional biopsies for the study will be taken. These samples will not be accessed as part of the present study but the consents may be used as the basis for a follow on biological markers study which will be the subject of further funding and ethics applications.

The participant also has the option of agreeing to let the research team follow their long-term progress, even after the clinic has discharged them by giving consent for the study team to have access to their cancer registry and HES data. Follow up by this means would be undertaken for 10 years.

The participant will be seen in the clinic 6 weeks after they started their treatment and then every 6 months after they entered the study for a minimum of 2 years and up to 5 years. At each visit their doctor will perform a routine physical examination to check that their disease is under control and that they are well, the participant will also be asked if they have had any treatment-related problems. If the participant has agreed to full participation, at some of these visits the participant will also be asked by their doctor/nurse to complete some questionnaires about their quality of life. Patients may complete these questionnaires at home after their clinic visit if they wish.

At follow-up visits, patients on Primary Endocrine Therapy will have the size of the primary tumour and the largest of the diseased axillary lymph nodes (if present) measured by the Consultant Breast Surgeon, Consultant Oncologist or an appropriate delegated individual. These assessments are all part of normal routine practice.

At follow-up visits all patients will have the following documented:

- 1. Treatment details will be recorded e.g. radiotherapy, surgery, chemotherapy, trastuzumab, endocrine therapy
- 2. Treatment-related adverse events
- 3. Management of local/regional recurrence, progressive disease, metastatic disease or new primary breast tumour (if applicable)

The data from the cohort study will then be used to modify and improve the preliminary model of cancer outcomes and enable us to develop two management algorithms for older women with breast cancer. These will be made freely available as web-based tools to help to guide clinicians in optimising the management of older women.

#### Intervention Type

Other

#### Primary outcome(s)

Global health status/quality of life, measured using questions 29+30 of The European Organization for Research and Treatment of Cancer QLQ-C30 (EORTC QLQ-C30) at 6 weeks and 6 months post-intervention

#### Key secondary outcome(s))

Current secondary outcome measures as of 15/10/2018:

Measured at the time of diagnosis:

- 1. Comorbidity, measured using the Charlson comorbidity index
- 2. Frailty, measured using the Barthel Index (ADL) and instrumental activities of daily living scores (IADL)
- 3. Cognitive status, measured using the mini-mental state examination MMSE)
- 4. Quality of life, measured using the EORTC QLQ C30, EORTC breast cancer-specific quality-of-life questionnaire (BR23), EORTC quality of life questionnaire module for older people with cancer (EORTC ELD 15, EuroQol Group EQ-5D)
- 5. Tumour stage, grade and receptor status
- 6. Decision regret, measured using the Decision Regret Scale
- 7. Shared decision making using the CollaboRATE score
- 8. Patient anxiety levels using the Speilberger short-form State Anxiety Score
- 9. Knowledge and treatment preference, measured using a non-validated questionnaire
- 10. Illness perceptions after the relevant treatment decision using the Brief Illness Perceptions Questionnaire
- 11. Coping after the relevant treatment decision, using the Brief COPE

Previous secondary outcome measures:

Measured at the time of diagnosis:

- 1. Comorbidity, measured using the Charlson comorbidity index
- 2. Frailty, measured using the Barthel Index (ADL) and instrumental activities of daily living scores (IADL)
- 3. Cognitive status, measured using the mini-mental state examination MMSE)
- 4. Quality of life, measured using the EORTC QLQ C30, EORTC breast cancer-specific quality-of-life questionnaire (BR23), EORTC quality of life questionnaire module for older people with cancer (EORTC ELD 15, EuroQol Group EQ-5D)
- 5. Tumour stage, grade and receptor status

### Completion date

30/05/2026

# **Eligibility**

#### Key inclusion criteria

Current inclusion criteria as of 15/10/2018:

- 1. Female
- 2. Aged over 70 years of age at the time of diagnosis of cancer
- 3. Primary operable (TNM categories: T1 (Tumour 2 cm or less in greatest dimension), T2 (Tumour more than 2 cm but not more than 5 cm in greatest dimension), T3 (Tumour more than 5 cm in greatest dimension), N0 (No regional lymph node metastasis), N1 (Metastasis in movable ipsilateral axillary lymph node(s), M0 (No distant metastasis)) invasive breast cancer (core biopsy

or diagnostic incision biopsy)

- 4. Tumour ER and Her-2 status will be available and categorised according to accepted scoring systems e.g. H score 6 or Allred score 57 for ER and for Her-2, IHC score 1-3 plus FISH testing if IHC equivocal
- 5. Ability to give informed consent if considering full or partial trial participation (see below)
- 6. Willing to complete the questionnaires for the additional trial evaluations if considering full trial participation
- 7. If suitable for data collection only, the patient does not need to give consent but participation in the data collection exercise should be agreed and assented to by their next of kin, friend or carer
- 8. Willing to complete the additional questionnaires for the additional trial evaluations relating to decision-making quality, regret and knowledge. All women in the study who are offered a choice of treatments will have the decision quality forms sent to them in both intervention and control sites at baseline, 6 week and 6 month after their treatment decision. The PET versus surgery DESI may be used for any women who are considering this treatment choice. The chemotherapy versus no chemotherapy DESI may be used for any women who are considering this treatment choice. For women who are not offered either choice, the DESI will not be used. 9. Relating only to women entered into the study by a proxy decision maker because they lack cognitive capacity: the proxy decision maker will be offered access to the DESIs as part of the normal counselling process in intervention sites (and normal counselling in control sites). These proxy decision makers will be invited to complete optional questionnaires and take part in an interview about the counselling process.

#### Previous inclusion criteria:

- 1. Female
- 2. Aged over 70 years of age at the time of diagnosis of cancer
- 3. Primary operable (TNM categories: T1 (Tumour 2 cm or less in greatest dimension), T2 (Tumour more than 2 cm but not more than 5 cm in greatest dimension), T3 (Tumour more than 5 cm in greatest dimension), N0 (No regional lymph node metastasis), N1 (Metastasis in movable ipsilateral axillary lymph node(s), M0 (No distant metastasis)) invasive breast cancer (core biopsy or diagnostic incision biopsy)
- 4. Tumour ER and Her-2 status will be available and categorised according to accepted scoring systems e.g. H score 6 or Allred score 57 for ER and for Her-2, IHC score 1-3 plus FISH testing if IHC equivocal
- 5. Ability to give informed consent if considering full or partial trial participation (see below) 6. Willing to complete the questionnaires for the additional trial evaluations if considering full trial participation
- 7. If suitable for data collection only, the patient does not need to give consent but participation in the data collection exercise should be agreed and assented to by their next of kin, friend or carer

#### Participant type(s)

Patient

Healthy volunteers allowed

No

#### Age group

Senior

Lower age limit

70 years

#### Sex

**Female** 

#### Total final enrolment

3416

#### Key exclusion criteria

- 1. Disease unsuitable for surgery e.g. inoperable or metastatic disease
- 2. Previous invasive breast cancer (within past 5 years)
- 3. There is no restriction for people who are unable to speak English. Translation of study documents and translators will be undertaken by recruiting centres if required
- 4. For patients considered for the PET versus surgery comparison, use of concurrent Hormone Replacement Therapy (HRT) or therapy with any other oestrogen-containing preparation is an exclusion criteria, unless treatment is discontinued for 4 weeks before the study starts
- 5. There is no restriction for any co-morbidity or frailty as the study aims to capture data on management and outcomes in these cases
- 6. Patient without capacity being considered for the data collection only arm of the study but for whom there is no consultee available

#### Date of first enrolment

01/04/2013

#### Date of final enrolment

31/05/2018

### Locations

#### Countries of recruitment

United Kingdom

England

Wales

# Study participating centre Doncaster and Bassetlaw Hospitals NHS Trust

Doncaster Royal Infirmary Doncaster United Kingdom DN2 5LT

# Study participating centre Sheffield Teaching Hospitals

Royal Hallamshire Hospital Sheffield United Kingdom S10 2JF

#### Study participating centre Barnsley Hospital NHS Trust

Barnsley Hospital Barnsley United Kingdom S75 2EP

### Study participating centre Milton Keynes Hospital NHS Trust

Milton Keynes Hospital Milton Keynes United Kingdom MK6 5LD

#### Study participating centre North Lincolnshire & Goole NHS Trust

Diana, Princess of Wales Hospital Scunthorpe General Hospital United Kingdom DN33 2BA

### Study participating centre University Hospitals of Leicester

Glenfield Hospital Leicester Royal Infirmary Leicester United Kingdom LE1 5WW

#### Study participating centre East Lancashire Teaching Hospitals

Burnley General Hospital Burnley United Kingdom BB10 2PQ

#### Study participating centre Harrogate & District Foundation Trust

Harrogate District Hospital Harrogate United Kingdom HG2 7SX

# Study participating centre St Helens & Knowsley Teaching Hospitals NHS Trust

Whiston Hospital Prescot United Kingdom L35 5DR

#### Study participating centre York Teaching Hospital NHS Foundation Trust

The York Hospital Scarborough Hospital York United Kingdom YO31 8HE

# Study participating centre

# Royal Liverpool and Broadgreen University Hospitals NHS Trust

Royal Liverpool University Hospital Liverpool United Kingdom L7 8XP

# Study participating centre Airedale NHS Foundation Trust

Airedale General Hospital Keighley United Kingdom BD20 6TD

#### Study participating centre Leeds Teaching Hospitals NHS Trust

St James's University Hospital

Leeds United Kingdom LS9 7TF

# Study participating centre Bradford Teaching Hospitals NHS Trust

St Luke's Hospital Bradford United Kingdom BD5 0NA

#### Study participating centre Cardiff and Vale University Health Board

University Hospital Llandough Llandough United Kingdom CF64 2XX

#### Study participating centre Aneurin Bevan Health Board

Royal Gwent Hospital, Newport Nevill Hall Hospital, Abergavenny Newport United Kingdom NP18 3XQ

# Study participating centre University Hospitals of Morecambe Bay NHS Trust

Royal Lancaster Infirmary Furness General Hospital Lancaster United Kingdom LA1 4RP

# Study participating centre University Hospitals Coventry & Warwickshire NHS Trust

University Hospital Coventry United Kingdom CV2 2DX

# Study participating centre United Lincolnshire Hospitals NHS Trust

Lincoln County Hospital Grantham and District Hospital Pilgrim Hospital Boston Lincolnshire United Kingdom LN2 5QY

#### Study participating centre Hull and East Yorkshire Hospitals NHS Trust

Castle Hill Hospital Hull United Kingdom HU16 5JQ

#### Study participating centre Nottingham University Hospitals NHS Trust

Nottingham City Hospital Nottingham United Kingdom NG5 1PB

#### Study participating centre Southport & Ormskirk Hospital NHS Trust

Southport & Formby District General Hospital Southport United Kingdom PR8 6PN

# Study participating centre Mid Cheshire Hospitals NHS Foundation Trust

Leighton Hospital Crewe United Kingdom CW1 4QJ

#### Study participating centre

#### **Royal Marsden NHS Foundation Trust**

The Royal Marsden, Chelsea, London The Royal Marsden, Sutton Surrey London United Kingdom SW3 6JJ

#### Study participating centre Gloucestershire Hospitals NHS Trust

Gloucestershire Royal Hospital Cheltenham General Hospital Gloucester United Kingdom GL1 3NN

# Study participating centre Guys and St Thomas' NHS Foundation Trust

Guy's Hospital London United Kingdom SE1 9RT

# Study participating centre Dorset County Hospitals NHS Foundation Trust

Dorset County Hospital Dorchester United Kingdom DT1 2JY

### Study participating centre Mid Essex Hospital Services Trust

Broomfield Hospital Chelmsford United Kingdom CM1 7ET

# Study participating centre Mid Yorkshire Hospitals NHS Trust

Pinderfields General Hospital

Wakefield United Kingdom WF1 4DG

# Study participating centre North Bristol NHS Trust

Southmead Hospital Bristol United Kingdom BS10 5NB

#### Study participating centre Chesterfield Royal Hospital NHS Foundation Trust

Chesterfield Hospital Chesterfield United Kingdom S44 5BL

#### Study participating centre Rotherham NHS Foundation Trust

Rotherham General Hospital Rotherham United Kingdom S60 2UD

# Study participating centre Dartford and Gravesham Trust

Darent Valley Hospital Dartford United Kingdom DA2 8DA

#### Study participating centre Kingston Hospital NHS Foundation Trust

Kingston Hospital Kingston upon Thames United Kingdom KT2 7QB

# Study participating centre Colchester Hospital University NHS Foundation Trust

Essex County Hospital Colchester United Kingdom CO3 3NB

#### Study participating centre Yeovil District Hospital Foundation Trust

Yeovil District Hospital Yeovil United Kingdom BA21 4AT

#### Study participating centre Croydon Health Services NHS Trust

Croydon University Hospital Croydon United Kingdom CR9 2RS

# Study participating centre North Tees and Hartlepool NHS Trust

University Hospital of North Tees Stockton on Tees United Kingdom TS19 8PE

#### Study participating centre South Tees NHS Foundation Trust

The James Cook University Hospital Middlesbrough United Kingdom TS4 3BW

# Study participating centre

Luton and Dunstable University Hospital NHS Foundation Trust

Luton and Dunstable Hospital Luton United Kingdom LU4 0DZ

#### Study participating centre Weston Area Health NHS Trust

Weston General Hospital Weston-super-Mare United Kingdom BS23 4TQ

#### Study participating centre Tameside Hospital NHS Foundation Trust

Tameside General Hospital Ashton-under-Lyne United Kingdom OL6 9RW

#### Study participating centre East Cheshire NHS Trust

Macclesfield District General Hospital Macclesfield United Kingdom SK10 3BL

### Study participating centre Wrightington, Wigan and Leigh NHS Trust

Royal Albert Edward Infirmary Wigan United Kingdom WN1 2NN

### Study participating centre Sherwood Forest Hospitals NHS Foundation Trust

King's Mill Hospital Sutton-in-Ashfield United Kingdom NG17 4JL

# Study participating centre University Hospital of South Manchester NHS Foundation Trust Wythenshawe Hospital

Manchester United Kingdom M23 9LT

#### Study participating centre Aintree University Hospital NHS Foundation Trust

Aintree University Hospital Liverpool United Kingdom L9 7AL

# Study participating centre

Sandwell and West Birmingham Hospitals NHS Foundation Trust

Birmingham City Hospital Birmingham United Kingdom B18 7QH

# Study participating centre

Brighton and Sussex University Hospitals NHS Foundation Trust

The Park Centre for Breast Care Brighton United Kingdom BN1 6AG

#### Study participating centre St Margaret's Hospital

The Princess Alexandra Hospital NHS Trust The Plain Epping United Kingdom CM16 6TN

#### Study participating centre St Mary's Hospital

Isle of Wight NHS Trust Parkhurst Road Newport United Kingdom PO30 5TG

### Study participating centre

#### **Churchill Hospital**

Oxford University Hospitals NHS Foundation Trust Old Road Headington Oxford United Kingdom OX3 7LE

#### Study participating centre Frimley Park Hospital

Frimley Health NHS Foundation Trust Portsmouth Road Frimley Camberley United Kingdom GU16 7UJ

# Sponsor information

#### Organisation

Doncaster and Bassetlaw Hospitals NHS Foundation Trust

#### **ROR**

https://ror.org/01yc93g67

# Funder(s)

### Funder type

Government

#### **Funder Name**

National Institute for Health Research

#### Alternative Name(s)

National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

#### **Funding Body Type**

Government organisation

### Funding Body Subtype

National government

#### Location

**United Kingdom** 

# **Results and Publications**

## Individual participant data (IPD) sharing plan

The datasets generated and/or analysed during the current study are available from Ms Lynda Wyld (l.wyld@sheffield.ac.uk) on reasonable request.

#### IPD sharing plan summary

Available on request

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient- facing?
Results article	results	01/06 /2015		Yes	No
Results article	results	10/06 /2015		Yes	No
Results article	results	01/08 /2015		Yes	No
Results article	results	01/09 /2015		Yes	No
Results article	results	01/12 /2015		Yes	No
Results article	results	01/01 /2021	23/11 /2020	Yes	No
Results article	results on quality of life in patients undergoing chemotherapy	01/02 /2021	30/12 /2020	Yes	No
Results article		01/07 /2021	12/05 /2021	Yes	No
Results article		27/05 /2021	30/11 /2022	Yes	No
Results article		01/06 /2022	30/11 /2022	Yes	No
Other publications	Intervention development and usability testing	14/01 /2019	30/11 /2022	Yes	No
Other publications	Process evaluation	13/07 /2021	30/11 /2022	Yes	No
Participant information sheet	Participant information sheet	11/11 /2025	11/11 /2025	No	Yes
Plain English results			14/03 /2025	No	Yes
Study website	Study website	11/11 /2025	11/11 /2025	No	Yes