# Biomarker-supported detection of paroxysmal atrial fibrillation in patients with cerebral ischemia.

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
04/01/2010		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
17/02/2010	Completed	[X] Results		
<b>Last Edited</b> 23/09/2019	Condition category Circulatory System	[] Individual participant data		

#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

Dr Raoul Stahrenberg

#### Contact details

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#### Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

## Study information

#### Scientific Title

A longitudinal cohort study in patients presenting with acute cerebral ischemia to identify factors that are predictive individually or in combination for a diagnosis of atrial fibrillation during 12 months of follow-up.

#### Acronym

Find-AF

#### Study objectives

Novel biomarkers will improve the diagnosis of paroxysmal atrial fibrillation in patients presenting with cerebral ischemia.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Approved by local ethics committee of the medical faculty of the university of Goettingen, Germany, on the 27th of January 2009 (ref: 23/11/08)

#### Study design

Single centre observational longitudinal cohort study

#### Primary study design

Observational

#### Secondary study design

Cohort study

#### Study setting(s)

Hospital

#### Study type(s)

Diagnostic

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Cerebral ischemia, Atrial fibrillation

#### **Interventions**

Serial biomarker sampling for the identification of novel biomarkers to be used in the diagnosis of atrial fibrillation.

Blood samples will be collected at 0, 6 and 12 hours after presentation. The primary marker will be the value of the change of natriuretic peptides over time after presentation, calculated as ratio N-terminal pro B-type Natriuretic Peptide (NT-proBNP) at 0h / NT-proBNP at 24h. All patients will also undergo transthoracic echocardiography.

7-day Holter monitoring, 90-day telephone follow-up and 12 months clinical follow-up will be used to optimize detection of atrial fibrillation as the endpoint for which blood markers, clinical characteristics and echocardiographic markers may show prognostic value.

#### **Intervention Type**

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Diagnosis of atrial fibrillation from baseline up to 12 months follow-up

#### Secondary outcome measures

Major adverse cerebral or cardiovascular events (MACCE)

#### Overall study start date

01/03/2009

#### Completion date

28/02/2011

# **Eligibility**

#### Key inclusion criteria

- 1. Cerebral ischemia, i.e. transient ischemic attack (TIA) or stroke
- 2. Ability and willingness to consent
- 3. Age > 18 years

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

#### Target number of participants

300 included

#### Total final enrolment

211

#### Key exclusion criteria

- 1. Inability or unwillingness to consent
- 2. Age < 18 years
- 3. Cerebral haemorrhage

#### Date of first enrolment

01/03/2009

#### Date of final enrolment

28/02/2011

#### Locations

#### Countries of recruitment

Germany

# Study participating centre Department of Cardiology and Pneumology

Goettingen Germany 37075

# Sponsor information

#### Organisation

University Hospital Goettingen (Germany) - Department of Cardiology and Pneumology

#### Sponsor details

Robert-Koch-Str. 40 Goettingen Germany 37075

310

wachter@med.uni-goettingen.de

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.herzzentrum-goettingen.de

#### **ROR**

https://ror.org/021ft0n22

# Funder(s)

#### Funder type

Hospital/treatment centre

#### Funder Name

University Hospital Goettingen (Germany) - Department of Cardiology and Pneumology

### **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/2010		Yes	No
Results article	results	28/06/2013		Yes	No
Results article	cost-effectiveness results	01/12/2013		Yes	No
Results article	results	01/11/2019	23/09/2019	Yes	No