

# A randomised controlled trial of geriatric liaison intervention in frail surgical oncology patients

<b>Submission date</b> 28/12/2006	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 28/12/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 05/01/2021	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
NL810, NTR823

## Study information

**Scientific Title**  
A randomised controlled trial of geriatric liaison intervention in frail surgical oncology patients

**Study objectives**

The primary objective of this study is to show that early detection of geriatric patients at risk of preventable functional decline following a surgical procedure under general anesthesia for a solid tumor, combined with a geriatric liaison intervention will decrease the occurrence of delirium and consequent morbidity and mortality, without an increase in costs.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Ethics approval received from the local medical ethics committee

**Study design**

Randomised, controlled, parallel group, multicentre trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Frail surgical oncology geriatric patients

**Interventions**

The intervention entails participation of a geriatric nurse and geriatrician in the perioperative treatment of the oncogeriatric surgical patient. Multi-component interventions to achieve best-supportive care in individual treatment plans will be implemented. These will be focused on electrolyte- and fluid levels, pain management, pharmacological clearance, miction and defecation, nutrition, early mobilisation and rehabilitation, sleep, vision, hearing and cognition.

The Delirium Observation Scale (DOS) will be used to screen for delirium by the nurse and the Delirium Rating Scale (DRS) will be used to measure the severity of the delirium. To ensure uniformity of geriatric intervention in participating centres a daily checklist will be used.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

The cumulative incidence of delirium (measured with the Delirium Observation Scale and the Diagnostic and Statistical Manual of Mental Disorders Fourth Edition [DSM IV] criteria) up to ten days postoperatively.

**Key secondary outcome(s)**

1. Returning to the pre-operative living situation within 3 months postoperatively
2. The Physical Component Summary measure (PCS) of the Short Form health survey (SF-36)
3. The Mental Component Summary measure (MCS) of the SF-36
4. Complications during hospital stay including mortality

5. Care Dependence Scale at discharge
6. Direct health care and non-health care costs will be used as economic indicators

**Completion date**

01/01/2010

## Eligibility

**Key inclusion criteria**

1. A score greater than three on the Groningen Frailty Index (GFI)
2. Surgery is scheduled more than 24 hours after inclusion in the study as we feel this is the time necessary for the geriatric team to plan their perioperative measures
3. Surgery under general anesthesia
4. Written informed consent given according to local regulations

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Senior

**Sex**

Not Specified

**Total final enrolment**

260

**Key exclusion criteria**

1. Any psychological, familial, sociological or geographical condition potentially hampering compliance with the study protocol and follow-up schedule
2. Patient unable to comply with the outcome questionnaires

**Date of first enrolment**

01/01/2007

**Date of final enrolment**

01/01/2010

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre**

**University Medical Center Groningen (UMCG)**  
Groningen  
Netherlands  
9700 RB

## Sponsor information

### Organisation

University Medical Center Groningen (UMCG) (The Netherlands)

### ROR

<https://ror.org/03cv38k47>

## Funder(s)

### Funder type

Research organisation

### Funder Name

Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

### Alternative Name(s)

Netherlands Organisation for Health Research and Development

### Funding Body Type

Private sector organisation

### Funding Body Subtype

Other non-profit organizations

### Location

Netherlands

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	22/02/2016	05/01/2021	Yes	No