# A randomised controlled trial of geriatric liaison intervention in frail surgical oncology patients

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
28/12/2006		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
28/12/2006	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
05/01/2021	Cancer			

#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

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#### Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

NL810, NTR823

## Study information

#### Scientific Title

A randomised controlled trial of geriatric liaison intervention in frail surgical oncology patients

#### **Study objectives**

The primary objective of this study is to show that early detection of geriatric patients at risk of preventable functional decline following a surgical procedure under general anesthesia for a solid tumor, combined with a geriatric liaison intervention will decrease the occurrence of delirium and consequent morbidity and mortality, without an increase in costs.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the local medical ethics committee

#### Study design

Randomised, controlled, parallel group, multicentre trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Frail surgical oncology geriatric patients

#### **Interventions**

The intervention entails participation of a geriatric nurse and geriatrician in the perioperative treatment of the oncogeriatric surgical patient. Multi-component interventions to achieve best-supportive care in individual treatment plans will be implemented. These will be focused on electrolyte- and fluid levels, pain management, pharmacological clearance, miction and defecation, nutrition, early mobilisation and rehabilitation, sleep, vision, hearing and cognition.

The Delirium Observation Scale (DOS) will be used to screen for delirium by the nurse and the Delirium Rating Scale (DRS) will be used to measure the severity of the delirium. To ensure uniformity of geriatric intervention in participating centres a daily checklist will be used.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

The cumulative incidence of delirium (measured with the Delirium Observation Scale and the Diagnostic and Statistical Manual of Mental Disorders Fourth Edition [DSM IV] criteria) up to ten days postoperatively.

#### Secondary outcome measures

- 1. Returning to the pre-operative living situation within 3 months postoperatively
- 2. The Physical Component Summary measure (PCS) of the Short Form health survey (SF-36)
- 3. The Mental Component Summary measure (MCS) of the SF-36
- 4. Complications during hospital stay including mortality
- 5. Care Dependence Scale at discharge
- 6. Direct health care and non-health care costs will be used as economic indicators

#### Overall study start date

01/01/2007

#### Completion date

01/01/2010

### **Eligibility**

#### Key inclusion criteria

- 1. A score greater than three on the Groningen Frailty Index (GFI)
- 2. Surgery is scheduled more than 24 hours after inclusion in the study as we feel this is the time necessary for the geriatric team to plan their perioperative measures
- 3. Surgery under general anesthesia
- 4. Written informed consent given according to local regulations

#### Participant type(s)

Patient

#### Age group

Senior

#### Sex

**Not Specified** 

#### Target number of participants

294

#### Total final enrolment

260

#### Key exclusion criteria

- 1. Any psychological, familial, sociological or geographical condition potentially hampering compliance with the study protocol and follow-up schedule
- 2. Patient unable to comply with the outcome questionnaires

#### Date of first enrolment

01/01/2007

#### Date of final enrolment

01/01/2010

#### Locations

#### Countries of recruitment

Netherlands

# Study participating centre University Medical Center Groningen (UMCG)

Groningen Netherlands 9700 RB

# Sponsor information

#### Organisation

University Medical Center Groningen (UMCG) (The Netherlands)

#### Sponsor details

Department of Surgery P.O. Box 30.001 Groningen Netherlands 9700 RB

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.rug.nl/umcg/index?lang=en

#### **ROR**

https://ror.org/03cv38k47

# Funder(s)

#### Funder type

Research organisation

#### Funder Name

Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

#### Alternative Name(s)

Netherlands Organisation for Health Research and Development

#### **Funding Body Type**

Private sector organisation

#### **Funding Body Subtype**

Other non-profit organizations

#### Location

Netherlands

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

#### Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	22/02/2016	05/01/2021	Yes	No