# Combination drug treatment in moderate-tosevere essential hypertension

Submission date	Recruitment status	Prospectively registered
30/09/2005	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
30/09/2005	Completed	Results
Last Edited	Condition category	[] Individual participant data
19/10/2016	Circulatory System	<ul><li>Record updated in last year</li></ul>

### Plain English summary of protocol

Not provided at time of registration

### Contact information

### Type(s)

Scientific

#### Contact name

Prof Graham A MacGregor

#### Contact details

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## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

**Secondary identifying numbers** N0236066889

## Study information

#### Scientific Title

Combination drug treatment in moderate-to-severe essential hypertension

### **Study objectives**

The aim of this study is to investigate the effect on blood pressure of the addition of moxonidine or doxazosin in 20 patients with moderate-to-severe essential hypertension who are not adequately controlled on triple therapy with amlodipine 5-10 mg once daily (o.d.), enalapril 10 mg b.d. and bendrofluazide 5 mg o.d.

### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

### Health condition(s) or problem(s) studied

Hypertension

#### Interventions

Only those patients treated for at least one month with amlodipine 5-10mg o.d., enalapril 10-20mg twice daily (b.d.) and bendrofluazide 5mg o.d., will be included in the study if their supine systolic and/or diastolic BP is >160/90 mmHg on two different occasions. A randomised, double-blind, prospective study.

#### Intervention Type

Drug

#### Phase

Not Specified

### Drug/device/biological/vaccine name(s)

#### moxonidine or doxazosin

### Primary outcome measure

Control of blood pressure < 150/90 mmHg

### Secondary outcome measures

Not provided at time of registration

### Overall study start date

01/05/1999

### Completion date

30/09/2005

## **Eligibility**

### Key inclusion criteria

Patients with uncomplicated, moderate-to-severe essential hypertension which is not adequately controlled on triple therapy with amlodipine 5-10 mg once daily (o.d.), enalapril 10-20 mg b.d. and bendrofluazide 5 mg o.d., iv)

### Participant type(s)

**Patient** 

### Age group

**Not Specified** 

#### Sex

**Not Specified** 

### Target number of participants

20

### Key exclusion criteria

Malignant or accelerated hypertension. Serum creatinine >60umol/L, ischaemic heart disease, cerebrovascular disease, impaired liver function, diabetes mellitus, pregnancy or risk of pregnancy, lactation, history of alcoholism, drug abuse or other problems likely to invalidate the informed consent.

#### Date of first enrolment

01/05/1999

#### Date of final enrolment

30/09/2005

## Locations

#### Countries of recruitment

England

### **United Kingdom**

Study participating centre Blood Pressure Unit London United Kingdom SW17 0QT

## Sponsor information

### Organisation

Department of Health

### Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

### Sponsor type

Government

#### Website

http://www.dh.gov.uk/Home/fs/en

## Funder(s)

### Funder type

Government

#### Funder Name

St George's Healthcare NHS Trust

#### Funder Name

The Blood Pressure Unit

#### Funder Name

NHS R&D Support Funding

## **Results and Publications**

**Publication and dissemination plan**Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration