# A prospective randomised controlled trial evaluating pre-clinic telephone advice for patients referred to a rectal bleed clinic

| Submission date   | Recruitment status No longer recruiting | <ul><li>Prospectively registered</li></ul> |  |  |
|-------------------|---|--|--|--|
| 12/09/2003        |   | ☐ Protocol                                 |  |  |
| Registration date | Overall study status                    | Statistical analysis plan                  |  |  |
| 12/09/2003        | Completed                               | [X] Results                                |  |  |
| Last Edited       | Condition category                      | [] Individual participant data             |  |  |
| 22/07/2009        | Digestive System                        |  |  |  |

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Ms Tracey Irvine

### Contact details

General Surgery Whittington Hospital Highgate Hill London United Kingdom N19 5NF +44 (0)20 7288 3938

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0277122006

# Study information

### Scientific Title

### **Study objectives**

To see if outpatient attendances for patients with benign rectal bleeding can be reduced with pre-clinic telephone advice.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Other

### Study type(s)

Other

### Participant information sheet

### Health condition(s) or problem(s) studied

Colorectal bleeding

### Interventions

Group 1: Telephone Questionnaire + Advice. The Colorectal Nurse Practitioner contacts patients by phone and patients that are felt to have benign rectal bleeding are given telephone advice. They are contacted 6 weeks later and if still symptomatic are brought into the clinic. If patients are symptom free they decide whether they require an appointment. They receive a letter giving further advice and that they may come to the clinic if symptoms reoccur.

Group 2: Routine Outpatient Attendance + Questionnaire. These patients attend clinic as planned. They fill in the questionnaire and will be examined and treated in the usual way.

### Intervention Type

Other

### Phase

**Not Specified** 

### Primary outcome measure

Number of patients still requiring outpatient visits after telephone advice.

### Secondary outcome measures

Not provided at time of registration

### Overall study start date

06/02/2003

### Completion date

31/10/2004

# **Eligibility**

### Key inclusion criteria

- 1. patients with rectal bleeding referred to colorectal specialist clinic
- 2. young adults under 40 years of age
- 3. low risk of colorectal cancer = 60

### Participant type(s)

**Patient** 

### Age group

Adult

### Sex

Both

### Target number of participants

60

### Key exclusion criteria

Does not match inclusion criteria

### Date of first enrolment

06/02/2003

### Date of final enrolment

31/10/2004

## Locations

### Countries of recruitment

England

**United Kingdom** 

### Study participating centre General Surgery London

United Kingdom N19 5NF

# Sponsor information

### Organisation

Department of Health (UK)

### Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL

### Sponsor type

Government

### Website

http://www.doh.gov.uk

# Funder(s)

### Funder type

Hospital/treatment centre

### Funder Name

Whittington Hospital NHS Trust (UK)

# **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

# Study outputs

| Output type     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-----------------|---------|--------------|------------|----------------|-----------------|
| Results article | results | 01/01/2007   |            | Yes            | No              |