

# Arterial Revascularisation Trial - a randomised trial to compare survival following bilateral versus single internal mammary artery (IMA) grafting in coronary revascularisation

<b>Submission date</b> 19/10/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 17/01/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 11/07/2023	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Current plain English summary as of 26/10/2021:

### Background and study aims

A coronary artery bypass graft (CABG) is a surgical procedure that diverts blood around narrowed or clogged arteries of the heart to improve blood flow and oxygen supply to the heart. CABG surgery provides excellent short- and intermediate-term success in treating coronary heart disease but its long-term success may be limited by failure of the veins that have been used to bypass the blood vessels of the heart. Ten years after CABG, around ½ of vein grafts have become blocked or diseased although current drug therapy such as aspirin and statins (which lower cholesterol) may reduce this failure. Blocked or diseased vein grafts means that the patient may develop recurrent angina (chest pain) and may require further treatment including the possibility of another operation. The artery grafts last better than the vein grafts. There is some circumstantial (but no definite) evidence that if both of the mammary arteries are used in the CABG operation instead of just one it may improve the longer-term outcome. The aim of this study is to determine if the use of both mammary arteries improves survival, and reduces the chance of recurrent angina and/or the need for further intervention (including surgery) compared to using one mammary artery. Patients will be followed up for 15 years after surgery.

### Who can participate?

CABG patients with coronary heart disease.

### What does the study involve?

Patients are randomly allocated to receive either a single internal mammary artery (SIMA) graft or a bilateral internal mammary artery (BIMA) graft during their CABG surgery. Patients are then followed up every year for up to 10 years after their surgery to collect data on their health status and quality of life, and then again at 15 years after surgery to determine their health status.

### What are the possible benefits and risks of participating?

The possible disadvantages and risks of taking part are common to all patients undergoing CABG

surgery. The possible disadvantages of BIMA grafting is that there may be a slightly increased risk of poor wound healing. The risk of poor wound healing with the standard SIMA operation is 1%-2% and this may increase by a further 1% in the BIMA group. However, this is usually only a problem in those with diabetes, or who are already very overweight or have severe breathing problems. A further consideration is that BIMA grafting has a slightly longer operation time (approximately 30 minutes in a three hour procedure) than SIMA grafting. Patients taking part in the study will be asked to complete quality of life questionnaires which may be regarded by some as an inconvenience. Both the SIMA grafting and the BIMA grafting should help treat the patient's coronary heart disease. The possible advantages of BIMA grafting are that there may be a reduced risk of angina, heart attack and a requirement for further intervention, including the possibility of a second CABG operation in the long term. It is not possible to say definitively which type of grafting is better but the information from this study should help to decide the best treatment in the future for patients with coronary heart disease.

Where is the study run from?

Department of Cardiothoracic Surgery, The John Radcliffe (UK)

When is the study starting and how long is it expected to run for?

July 2004 to December 2023

Who is funding the study?

1. British Heart Foundation (UK) up to the 15-year follow up
2. Medical Research Council (UK) up to the 10-year follow up

Who is the main contact?

Prof. David Taggart

David.Taggart@ouh.nhs.uk

Background and study aims

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Department of Cardiothoracic Surgery, The John Radcliffe (UK)

When is the study starting and how long is it expected to run for?

July 2004 to June 2014

Who is funding the study?

1. British Heart Foundation (UK)
2. Medical Research Council (UK)

Who is the main contact?

Prof. David Taggart

David.Taggart@ouh.nhs.uk

**Study website**

<https://www.situ.ox.ac.uk/surgical-trials/art>

## Contact information

**Type(s)**

Scientific

**Contact name**

Prof David Taggart

**Contact details**

Nuffield Department of Surgical Sciences

University of Oxford

John Radcliffe Hospital

Headley Way

Headington

Oxford

United Kingdom

OX3 9DU

+44 (0)1865 221121  
David.Taggart@ouh.nhs.uk

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

G0200390

## Study information

### Scientific Title

Arterial Revascularisation Trial - a randomised trial to compare survival following bilateral versus single internal mammary artery (IMA) grafting in coronary revascularisation

### Acronym

ART

### Study objectives

The main objective is to assess whether the use of both IMA during coronary artery bypass graft (CABG) surgery improves survival and reduces the need for further interventions over that observed with a single IMA.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Current ethics approval as of 26/10/2021:

Approved 09/04/2004, amendment for 15 year follow-up approved 13/12/19, HRA North East-York (NHSBT, Newcastle Blood Donor Centre, Holland Drive, HRA Jarrow, NE2 4NQ; +44 (0)207 104 8079; nrescommittee.northeast-york@nhs.net), ref: 04/3/006

Previous ethics approval:

HRA North East-York, 09/04/2004, ref: 04/3/006

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

## **Study type(s)**

Treatment

## **Participant information sheet**

Not available in web format, please use the contact details to request a patient information sheet

## **Health condition(s) or problem(s) studied**

Cardiovascular

## **Interventions**

Current interventions as of 26/10/2021:

Patients were randomised to single internal mammary artery (SIMA) grafting or bilateral internal mammary artery (BIMA) grafting with supplemental vein or radial artery grafts as required. Patients will be followed-up for up to 15 years.

Previous interventions:

Patients will be randomised to single internal mammary artery (SIMA) grafting or bilateral internal mammary artery (BIMA) grafting with supplemental vein or radial artery grafts as required.

## **Intervention Type**

Procedure/Surgery

## **Primary outcome measure**

Current primary outcome measure as of 26/10/2021:

Survival will be measured using patient telephone follow-up or by national databases where applicable at 10 and 15 years.

Previous primary outcome measure:

Survival

## **Secondary outcome measures**

Current secondary outcome measures as of 26/10/2021:

1. Cause-specific mortality measured using patient telephone follow-up or by national databases where applicable at 10 and 15 years
2. Major Adverse Cardiovascular Events measured using patient telephone follow-up or by national databases where applicable at 15 years
3. 30 day mortality measured using patient telephone follow-up or by national databases where applicable at 30 days
4. Need for re-intervention by percutaneous coronary intervention or redo surgery other clinical events measured using patient telephone follow-up or by national databases where applicable at 10 years
5. Quality of life measured using the Short Form-36 (SF36), Rose, and EuroQol questionnaires at 10 years
6. Cost-effectiveness measured using patient telephone follow-up or by national databases where applicable at 10 years

Previous secondary outcome measures:

1. Cause-specific mortality
2. 30 day mortality
3. Need for re-intervention by percutaneous coronary intervention or redo surgery  
other clinical events
4. Quality of life (SF36, Rose and EuroQol)
5. Cost-effectiveness

**Overall study start date**

01/07/2004

**Completion date**

31/12/2023

## Eligibility

**Key inclusion criteria**

Coronary artery bypass graft (CABG) patients with multi-vessel coronary artery disease (including urgent and off pump CABG patients)

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

3000

**Total final enrolment**

3102

**Key exclusion criteria**

1. Single graft
2. Redo CABG
3. Evolving myocardial infarction
4. Concomitant valve surgery

**Date of first enrolment**

01/07/2004

**Date of final enrolment**

20/12/2007

## Locations

**Countries of recruitment**

Australia

Austria

Brazil

England

India

Italy

Poland

United Kingdom

**Study participating centre**

**Department of Cardiothoracic Surgery, The John Radcliffe**

Headley Way

Headington

Oxford

United Kingdom

OX3 9DU

**Sponsor information****Organisation**

University of Oxford (UK)

**Sponsor details**

University Offices

Wellington Square

Oxford

England

United Kingdom

OX1 2JD

+44 (0)1865 270000

B.Lees@rbh.nthames.nhs.uk

**Sponsor type**

University/education

**Website**

<http://www.ox.ac.uk>

ROR

<https://ror.org/052gg0110>

## Funder(s)

### Funder type

Government

### Funder Name

British Heart Foundation (SP/03/001)

### Alternative Name(s)

the\_bhf, The British Heart Foundation, BHF

### Funding Body Type

Private sector organisation

### Funding Body Subtype

Trusts, charities, foundations (both public and private)

### Location

United Kingdom

### Funder Name

Medical Research Council (G0200390)

### Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

### Funding Body Type

Government organisation

### Funding Body Subtype

National government

### Location

United Kingdom

## Results and Publications

### Publication and dissemination plan

The 10 year outcomes of ART have been published and the 15 year outcomes will be published in a high-impact peer-reviewed journal.



## Intention to publish date

31/12/2024

## Individual participant data (IPD) sharing plan

Anonymised datasets available by request to the Chief Investigator, Professor David Taggart (David.Taggart@ouh.nhs.uk) on behalf of the ART Trial Management Group once the study has been completed and published.

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	30/03/2006		Yes	No
<a href="#">Results article</a>	results	01/10/2010		Yes	No
<a href="#">Other publications</a>	assessment of data quality	26/09/2011		Yes	No
<a href="#">Results article</a>	results	01/06/2015		Yes	No
<a href="#">Results article</a>	results	01/07/2016		Yes	No
<a href="#">Results article</a>	results	29/12/2016		Yes	No
<a href="#">Results article</a>	results	01/08/2017		Yes	No
<a href="#">Results article</a>	results	01/11/2017		Yes	No
<a href="#">Results article</a>	results	03/03/2018		Yes	No
<a href="#">Results article</a>	results	31/01/2019		Yes	No
<a href="#">Results article</a>	results	01/08/2019	11/06/2020	Yes	No