# Femoral nerve blockade in hip fracture patients

<b>Submission date</b> 30/03/2009	Recruitment status  No longer recruiting	Prospectively registered
		☐ Protocol
Registration date	Overall study status	Statistical analysis plan
05/05/2009	Completed	☐ Results
Last Edited	Condition category	Individual participant data
05/05/2009	Injury, Occupational Diseases, Poisoning	Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

#### Contact name

Prof Ola Winso

#### Contact details

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## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

## Study information

#### Scientific Title

Femoral nerve blockade in hip fracture patients: a randomised controlled trial

#### Study objectives

Femoral nerve blockade reduces pain and the need of opioids and therefore also post-operative delirium and complications in hip fracture patients.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethical Committee of the Faculty of Medicine at Umea University approved on the 7th October 2008 (ref: 08-121M)

### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Hip fracture

#### Interventions

Patients are randomised to femoral nerve blockade or the regular use of opioids. Both groups will receive 1 g of paracetamol 4 times/day. The patients in the intervention group will receive a femoral nerve blockade as soon as they arrive at the Orthopaedic Department. If the patients in the intervention group assess pain according to Visual Analogue Scale (VAS) more than 4 then they will be given morphine intravenously (iv) according to the standard protocol (morphine 10 mg/ml, 1 - 5 mg when necessary). Patients in the control group will be given morphine iv according to the standard protocol when they assess pain according to VAS more than 4 but no blockade (morphine 10 mg/ml, 1 - 5 mg when necessary). Post-operative pain treatment will be given according to the standard protocol in both arms of the study. The total follow-up of the trial for both arms will end at the time of discharge.

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

- 1. Post-operative delirium, assessed three times a day at the Orthopaedic Department
- 2. Post-operative complications, such as decubital ulcers, infections, thrombosis, heart failure, assessed three times a day at the Orthopaedic Department
- 3. Pain, assessed three times a day at the Orthopaedic Department

A cognitive test will be assessed in the ambulance pre-hospitally and at 24 +/- 6 hours post-operatively. At days three to five a more thorough assessment will be done including delirium, depression, cognitive status, quality of life and more.

#### Secondary outcome measures

- 1. Mortality
- 2. Orthopaedic recovery, recorded at the time of discharge from the hospital
- 3. EQ-5D
- 4. Economics

A cognitive test will be assessed in the ambulance pre-hospitally and at 24 +/- 6 hours post-operatively. At days three to five a more thorough assessment will be done including delirium, depression, cognitive status, quality of life and more.

#### Overall study start date

30/03/2009

#### Completion date

31/12/2010

## Eligibility

#### Key inclusion criteria

- 1. Both males and females, aged 70 years and above
- 2. All hip fracture patients admitted to the Orthopaedic Department

#### Participant type(s)

Patient

#### Age group

Senior

#### Sex

Both

#### Target number of participants

250

#### Key exclusion criteria

- 1. Local infection
- 2. Allergic to local anaesthesia
- 3. Dying patients
- 4. Pathologic hip fractures

#### Date of first enrolment

30/03/2009

#### Date of final enrolment

31/12/2010

## Locations

#### Countries of recruitment

Sweden

### Study participating centre Operationscentrum

Umea Sweden SE-901 85

## Sponsor information

### Organisation

Umeå University (Sweden)

#### Sponsor details

-

Umea Sweden SE-901 87

#### Sponsor type

University/education

#### Website

http://www.umu.se/umu/index\_eng.html

#### **ROR**

https://ror.org/05kb8h459

## Funder(s)

### Funder type

Government

#### Funder Name

County Council of Västerbotten (Västerbottens läns landsting [VLL]) (Sweden)

#### Funder Name

Umeå University (Sweden)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration