# The human nasal lipopolysaccharide (LPS) challenge model reflects inflammatory events in the lower airways, illustrated by CXCR2 inhibition of neutrophil recruitment

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
10/01/2011		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
17/02/2011	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
03/01/2012	Respiratory			

#### Plain English summary of protocol

Not provided at time of registration

### Contact information

#### Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

Protocol serial number N/A

# Study information

Scientific Title

The human nasal lipopolysaccharide (LPS) challenge model reflects inflammatory events in the lower airways, illustrated by CXCR2 inhibition of neutrophil recruitment: a placebo-controlled double-blind, cross-over study

#### Study objectives

This study aimed to validate a lipopolysaccharide (LPS) nasal challenge model by investigating the effect of CXCR2 inhibitor AZD8309 on neutrophilic inflammation.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Regionala etikprövningsnämnden Lund approved on the 16th February 2009 (ref: LU2008/698)

#### Study design

Placebo-controlled double-blind cross-over study

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Neutrophil inflammation in airway disease

#### **Interventions**

Study design

This methodology study is a randomised, double-blind, placebo-controlled, two-way crossover study in healthy subjects to assess the effect of AZD8309 on cells and inflammatory biomarkers in nasal lavage and blood after nasal challenge with LPS. The study will comprise of 6 visits; a screening visit (Visit 1), 4 treatment visits (Visits 2 to 5), and a post-study follow-up visit (Visit 6). The healthy subjects will receive 300 mg AZD8309 (oral solution [30 mg/g]) or placebo twice daily for 3 consecutive days. On the third day of dosing (after the fifth dose of study drug, Visits 3 and 5) the subjects will be challenged with 100 µg nasal LPS. The washout period between the LPS challenges will be at least 3 weeks.

#### Duration of treatment

This study will include a run-in period of less than 3 weeks, followed by Treatment Period 1 (3 days), a washout period of at least 3 weeks, and Treatment Period 2 (3 days). The total duration of the study from Visit 1 (screening) to Visit 6 (follow-up) will be approximately 6 to 12 weeks for an individual subject.

#### Visit 1 - screening

Visit 1 will be a screening visit where subject informed consent will be obtained, and subject eligibility will be established.

#### Visits 2, 3, 4 and 5 - treatment

At Visit 2, eligibility criteria will be checked and the subjects will be asked about any AEs prior to dosing. All randomised subjects will also receive a Study Participation Card in Swedish. At Visit 2

and 4, the subjects will be dosed with either AZD8309 or placebo at  $08:00 \pm 30$  minutes and will remain under medical supervision at the study site for at least 1 hour following dosing. Subjects will then be discharged from the study site and will return 7 hours post-dose of study drug for cells and inflammatory biomarker assessments in blood. The subjects will take their second dose of AZD8309 or placebo at home, approximately 12 hours ( $\pm$  30 minutes) after their first dose. The subjects will continue to dose with AZD8309 or placebo at home (Day 2) at  $08:00 \pm 30$  minutes and  $20:00 \pm 30$  minutes. The following morning (Day 3), at Visit 3 and 5, the subjects will return to the study site and will be dosed with either AZD8309 or placebo at  $08:00 \pm 30$  minutes. One hour after dosing, nasal challenges with LPS will be performed. The subjects will be confined to the study site until 6 hours post-LPS challenge (7 hours post-dose of study drug), and will then be discharged from the study site. The subjects will take their sixth dose of AZD8309 or placebo at home at  $20:00 \pm 30$  minutes. The following morning, the subjects will return to the study site. Various assessments, such as biomarker assessments in nasal lavage and blood, will be performed 24 hours post-LPS challenge. Subjects will then be discharged from the study site.

Visit 6 - follow-up Visit 6 will be a post-study follow-up visit.

#### Intervention Type

Drug

#### Phase

Phase I

#### Drug/device/biological/vaccine name(s)

AZD8309, lipopolysaccharide

#### Primary outcome(s)

Neutrophil numbers in nasal lavage, measured 24 hours post-LPS challenge

# Key secondary outcome(s))

- 1. Other cells in nasal lavage: total leucocytes, macrophages, lymphocytes, eosinophils and epithelial cells, measured 24 hours post-LPS challenge
- 2. Inflammatory biomarkers in nasal lavage, which may include, but not be restricted to: IL-8, GROa, LTB4 and neutrophil elastase activity, measured 24 hours post-LPS challenge
- 3. Cells in blood: total leucocytes, neutrophils, monocytes, lymphocytes, basophils and eosinophils, measured 24 hours post-LPS challenge
- 4. Inflammatory biomarkers in blood, which may include, but not be restricted to: TNFa, high sensitivity CRP, IL-6, IL-8, GROa and serum amyloid A, measured 24 hours post-LPS challenge 5. Safety:
- 5.1. Incidence and nature of adverse events
- 5.2. Nasal symptoms (total nasal symptom scores) and nasal airway resistance (peak nasal inspiratory flow)
- 5.3. Clinically significant abnormalities in pulse, blood pressure, body temperature and liver enzymes (aspartate aminotransferase, alanine aminotransferase and bilirubin)

### Completion date

31/12/2010

# **Eligibility**

#### Key inclusion criteria

- 1. Provision of informed consent prior to any study specific procedures
- 2. Be willing and able to comply with study procedures
- 3. Healthy men or women aged 18 to 50 years (inclusive). Women must be of non-childbearing potential, that is women who are permanently sterilized (hysterectomy and/or bilateral oophorectomy or salpingectomy).
- 4. Have a body mass index (BMI) between 18 and 30 kg/m2 (inclusive) and minimum body weight of 50 kg
- 5. A blood neutrophil count above 2.2 x 10^9/L
- 6. Be non-smokers, or ex-smokers who have not smoked (or used any other nicotine products) in the 12 months preceding Visit 1 with a pack-year history of less than 10

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Sex

All

#### Key exclusion criteria

- 1. Any clinically relevant disease and/or abnormality (past or present), which, in the opinion of the investigator, may either put the subject at risk because of participation in the study, or influence the results of the study, or the subject's ability to participate in the study
- 2. A definite or suspected personal or family history of intolerance or hypersensitivity to drugs and/or their excipients, judged to be clinically relevant by the investigator
- 3. Surgery or significant trauma within 3 months of Visit 1
- 4. Symptoms, signs or laboratory findings suggestive of an ongoing infective illness, as judged by the investigator, at Visit 1
- 5. Current or recurrent atopic symptoms, ie, rhinitis, asthma or conjunctivitis of clinical relevance as judged by the investigator
- 6. Participation in any clinical study with an investigational drug or new formulation of a marketed drug in the 3 months prior to Visit 1, or participation in a methodology study 1 month prior to Visit 1 (Note: participation is identified as the completion of a treatment-related visit)
- 7. Donation of blood within 3 months and plasma within 14 days prior to Visit 1
- 8. Use of any medication (other than hormone replacement therapy [HRT]), including vaccinations or "over-the-counter" medication (e.g., herbal remedies, vitamins or nutritional supplements) within 2 weeks in relation to first administration of study drug (or longer if the medication has a half-life long enough to potentially expose the subject to any significant systemic exposure that may interfere with the objectives of the study or the safety of the subjects), as judged by the investigator. Occasional intake of paracetamol, maximum 1 g 4 times daily (qid), is allowed.
- 9. Past or present alcohol or drug abuse, as judged by the investigator, or positive drugs of

#### abuse test

- 10. Positive results on screening tests for serum hepatitis B surface antigen, hepatitis C antibodies and/or human immunodeficiency virus (HIV)
- 11. A suspected/manifested infection according to World Health Organization (WHO) risk classification 2, 3 or 4
- 12. Involvement in the planning and/or conduct of the study (applies to both AstraZeneca staff and/or staff at the study site)
- 13. Previous randomisation into the present study
- 14. Subjects, who in the opinion of the investigator, should not participate in the study
- 15. Subjects being recently extensively exposed to passive smoking or environmental LPS (eg, swine farms) as judged by the investigator
- 16. Previous participation in another LPS study during the last 12 months
- 17. Suspicion of Gilbert's syndrome
- 18. Structural abnormalities of the nose or nasal disorder symptomatic enough to cause significant nasal obstruction, as judged by the investigator

#### Date of first enrolment

01/03/2009

#### Date of final enrolment

31/12/2010

# Locations

#### Countries of recruitment

Sweden

# Study participating centre Department of Clinical Science, intervention and technology Stockholm Sweden 14186

# Sponsor information

#### Organisation

AstraZeneca (Sweden)

#### **ROR**

https://ror.org/04wwrrg31

# Funder(s)

### Funder type

#### Industry

#### Funder Name

AstraZeneca (Sweden)

#### Alternative Name(s)

AstraZeneca PLC, Pearl Therapeutics, AZ

#### **Funding Body Type**

Government organisation

#### Funding Body Subtype

For-profit companies (industry)

#### Location

**United Kingdom** 

# **Results and Publications**

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/04/2012		Yes	No
Participant information sheel	Participant information sheet	11/11/2025	11/11/2025	No	Yes