A trial platform of guided self-help for mild /moderate depression in primary care

Submission date 03/05/2005	Recruitment status No longer recruiting	[X] Prospectively registered	
		☐ Protocol	
Registration date 11/08/2005	Overall study status Completed	Statistical analysis plan	
		[X] Results	
Last Edited	Condition category	Individual participant data	
07/10/2009	Mental and Behavioural Disorders		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Karina Lovell

Contact details

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Additional identifiers

Protocol serial number G0401181

Study information

Scientific Title

Study objectives

To examine trial recruitment rates, protocol fidelity, treatment adherence, clinical outcome effect size, cost utility and acceptability of a standardised guided self help intervention within a pilot trial.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Depression

Interventions

Guided self-help for depression versus usual care

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

- 1. Clinical response at three months
- 2. Cost and health resource utility
- 3. Trial process measures (recruitment rates: treatment fidelity, intervention effect size, acceptability)

Key secondary outcome(s))

Not provided at time of registration

Completion date

31/08/2007

Eligibility

Kev inclusion criteria

Mild/moderate depression presenting in primary care

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

- 1. Depression not as primary diagnosis
- 2. Risk to self or others

Date of first enrolment

01/09/2005

Date of final enrolment

31/08/2007

Locations

Countries of recruitment

United Kingdom

England

Study participating centre School of Nursing, Midwifery & Social Work

Manchester United Kingdom M13 9PL

Sponsor information

Organisation

University of Manchester (UK)

ROR

https://ror.org/027m9bs27

Funder(s)

Funder type

Research council

Funder Name

Medical Research Council (MRC) (UK)

Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	24/11/2008		Yes	No