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Effectiveness of occupational therapy (OT) intervention with patients with early stage rheumatoid arthritis (RA)

Submission date	Recruitment status	[X] Prospectively registered
15/07/2002	No longer recruiting	[_] Protocol
Registration date	**Overall study status**	[_] Statistical analysis plan
15/07/2002	Completed	[X] Results
Last Edited	**Condition category**	[_] Individual participant data
05/01/2011	Musculoskeletal Diseases	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
H0598

Study information

Scientific Title

Acronym
ROTA

Study objectives
Not provided at time of registration

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Study type(s)
Not Specified

Health condition(s) or problem(s) studied
Rheumatoid arthritis (RA)

Interventions
1. Treatment group:
Four x 1 h individual appointments, 2 h education programme, two x 1 h review appointments at 6 and 12 months. Individual assessment: Activities of daily living assessment and relevant training, provision of assistive devices; hand assessment plus training in joint protection, hand exercises and splint provision as necessary; relevant advice on work, leisure, information about RA and its management, foot care, upper and lower limb exercises, posture advice. Psychosocial support.

2. Control group:
Usual rheumatology out-patient care (ie clinic appointments and referral to physiotherapy and occupational therapy if essential).

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Not provided at time of registration

Key secondary outcome(s))
Not provided at time of registration

Completion date
31/12/2003

Eligibility

Key inclusion criteria
1. Diagnosed with rheumatoid arthritis by a Consultant Rheumatologist within last 2.5 years
2. Willing to attend for regular appointments
3. Stable on medical treatment or about to enter the agreed North Thames Rheumatology Audit Group treatment protocol

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Not Specified

Sex
Not Specified

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/01/2003

Date of final enrolment
31/12/2003

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Rheumatology
Derby
United Kingdom
DE1 2QY

Sponsor information

Organisation
Arthritis Research Campaign (ARC) (UK)

ROR
https://ror.org/02jkpm469

Funder(s)

Funder type
Charity

Funder Name
Arthritis Research Campaign (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2004		Yes	No