

# Effectiveness of occupational therapy (OT) intervention with patients with early stage rheumatoid arthritis (RA)

<b>Submission date</b> 15/07/2002	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 15/07/2002	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 05/01/2011	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

# Study information

## Scientific Title

## Acronym

ROTA

## Study objectives

Not provided at time of registration

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Not Specified

## Participant information sheet

## Health condition(s) or problem(s) studied

Rheumatoid arthritis (RA)

## Interventions

1. Treatment group:

Four x 1 h individual appointments, 2 h education programme, two x 1 h review appointments at 6 and 12 months. Individual assessment: Activities of daily living assessment and relevant training, provision of assistive devices; hand assessment plus training in joint protection, hand exercises and splint provision as necessary; relevant advice on work, leisure, information about RA and its management, foot care, upper and lower limb exercises, posture advice. Psychosocial support.

## 2. Control group:

Usual rheumatology out-patient care (ie clinic appointments and referral to physiotherapy and occupational therapy if essential).

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome measure**

Not provided at time of registration

### **Secondary outcome measures**

Not provided at time of registration

### **Overall study start date**

01/01/2003

### **Completion date**

31/12/2003

## **Eligibility**

### **Key inclusion criteria**

1. Diagnosed with rheumatoid arthritis by a Consultant Rheumatologist within last 2.5 years
2. Willing to attend for regular appointments
3. Stable on medical treatment or about to enter the agreed North Thames Rheumatology Audit Group treatment protocol

### **Participant type(s)**

Patient

### **Age group**

Not Specified

### **Sex**

Not Specified

### **Target number of participants**

Not provided at time of registration

### **Key exclusion criteria**

Not provided at time of registration

### **Date of first enrolment**

01/01/2003

### **Date of final enrolment**

31/12/2003

## **Locations**

### **Countries of recruitment**

England

United Kingdom

### **Study participating centre**

#### **Rheumatology**

Derby

United Kingdom

DE1 2QY

## **Sponsor information**

### **Organisation**

Arthritis Research Campaign (ARC) (UK)

### **Sponsor details**

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### **Sponsor type**

Charity

### **Website**

<http://www.arc.org.uk>

### **ROR**

<https://ror.org/02jkpm469>

## **Funder(s)**

### **Funder type**

Charity

**Funder Name**

Arthritis Research Campaign (UK)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2004		Yes	No