# An open-label, prospective, comparative trial to assess prostate specific antigen progression on bicalutamide monotherapy versus bicalutamide and dutasteride therapy in patients with advanced and/or metastatic carcinoma of the prostate

Submission date 22/11/2006	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 22/11/2006	<b>Overall study status</b> Completed	<ul> <li>[] Statistical analysis plan</li> <li>[X] Results</li> </ul>
Last Edited 24/01/2020	<b>Condition category</b> Cancer	Individual participant data

## Plain English summary of protocol

Not provided at time of registration

**Study website** http://www.curatrial.com

# **Contact information**

**Type(s)** Scientific

**Contact name** Dr W J de Bruijn

### **Contact details**

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# Additional identifiers

### EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers N/A

# Study information

### Scientific Title

An open-label, prospective, comparative trial to assess prostate specific antigen progression on bicalutamide monotherapy versus bicalutamide and dutasteride therapy in patients with advanced and/or metastatic carcinoma of the prostate

Acronym AVOCAT study

### Study objectives

To evaluate the difference in percentages of patients with Prostate Specific Antigen (PSA) progression treated with either bicalutamide 150 mg/day in monotherapy or bicalutamide 150 mg/day and dutasteride 0.5 mg/day after three years of follow-up in patients with locally advanced or metastatic prostate cancer.

Ethics approval required

Old ethics approval format

**Ethics approval(s)** Approval received from the Committee Human Research region Arnhem-Nijmegen (The Netherlands)

**Study design** Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Not specified

**Study type(s)** Treatment

Participant information sheet

Health condition(s) or problem(s) studied

#### Prostate Cancer

### Interventions

Group one will be hormonally treated with bicalutamide 150 mg/day monotherapy.

Group two will be hormonally treated with bicalutamide 150 mg/day and 0.5 mg dutasteride/day.

### Intervention Type

Drug

**Phase** Not Specified

## Drug/device/biological/vaccine name(s)

Bicalutamide and dutasteride

### Primary outcome measure

PSA progression after three years of study treatment.

## Secondary outcome measures

- 1. Quality of life
- 2. Performance Status
- 3. Disease progression
- 4. Survival
- 5. Nature and number of Adverse Events (AEs)

## Overall study start date

01/03/2006

### **Completion date**

31/03/2012

# Eligibility

### Key inclusion criteria

- 1. Patients aged 18 years and above
- 2. Patients with histologically proven prostate cancer
- 3. Patients with locally advanced carcinoma of the prostate (T3-4, N0-x) or (T0-x, N1-3; N category should be confirmed histologically or cytologically) or metastatic carcinoma of the prostate (M1)
- 4. Patients with a high (more than 10 ng/ml) PSA level at baseline
- 5. Written informed consent to participate in the study
- 6. Life expectancy is at least 12 months

# Participant type(s)

Patient

#### **Age group** Adult

Lower age limit

**Sex** Male

**Target number of participants** 324

Total final enrolment

150

### Key exclusion criteria

1. Patients simultaneously participating in another study

2. Previous or concurrent chemotherapy, 5-alpha reductase inhibitor therapy or hormonal therapy specifically for the treatment of prostate cancer other than temporary neo-adjuvant hormonal therapy administered longer than one year prior to study entry

3. Development of another invasive neoplastic disease during the previous five years, or concomitant presence of another invasive neoplastic disease, except basal cell carcinoma or squamous cell carcinoma of the skin

4. Patients with a history or presence of hepatic or renal disease or other condition known to interfere with metabolism or excretion of drugs

5. Patients with a history of alcohol or drug abuse

Date of first enrolment 01/03/2006

Date of final enrolment 31/03/2012

# Locations

**Countries of recruitment** Netherlands

**Study participating centre CuraTrial** Arnhem Netherlands 6803 AA

# Sponsor information

### Sponsor details

P.O. Box 9101 Nijmegen Netherlands 6500 HB

**Sponsor type** Research organisation

# Funder(s)

**Funder type** Research organisation

### Funder Name

Foundation for the Promotion of Urological Scientific Research (Stichting ter bevordering van het Wetenschappelijk Urologisch onderzoek [STIWU]) (The Netherlands)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Results article</u>	results	17/05/2016	24/01/2020	Yes	No