

# A prospective double-blinded randomised controlled trial to assess the efficacy of pre-emptive analgesia in forefoot surgery

<b>Submission date</b> 29/09/2006	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 29/09/2006	<b>Overall study status</b> Stopped	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 27/09/2011	<b>Condition category</b> Surgery	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

# Study information

## Scientific Title

### Study objectives

Does pre-operative administration of ankle block (pre-emptive analgesia) provide better post-operative pain control as compared to post-operative ankle block in patients undergoing bony forefoot surgery under a general anaesthetic?

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

## Participant information sheet

### Health condition(s) or problem(s) studied

Surgery: Forefoot

### Interventions

Patients meeting the inclusion criteria would be randomised to one of the two groups using a sealed envelope technique.

One group of patients would receive an ankle block using 20ml of 0.25% bupivacaine after they are anaesthetised using a general anaesthetic, 10 minutes before the skin incision. The second group of patients would be administered an ankle block using the same method at the time of wound closure. The patient would be blinded to the type of ankle block.

All the patients would be asked to score their post-operative pain at 4, 8 and 24 hours. The pain would be assessed using linear visual analogue scale. The person assessing the post-operative pain would also be blinded to the type of analgesia. Additional analgesia would be administered

on patient's request. This would include 60mg of codeine and 1gm paracetamol. The patients would be asked to note the pain score whenever an analgesic is administered. The time of onset of pain and the frequency of analgesics required would be noted.

Added 27 August 2008: trial stopped due to poor recruitment.

### **Intervention Type**

Procedure/Surgery

### **Phase**

Not Specified

### **Primary outcome measure**

1. Time of onset of post-operative pain
2. Pain scores at 4, 8 and 24 hours in both groups
3. Requirement of post-operative analgesia

### **Secondary outcome measures**

Not provided at time of registration

### **Overall study start date**

01/05/2005

### **Completion date**

30/11/2005

### **Reason abandoned (if study stopped)**

Poor recruitment

## **Eligibility**

### **Key inclusion criteria**

1. Patients undergoing bony forefoot surgery under a general anaesthetic
2. ASA grade 1-2

The sample size has been calculated by Dr Arts

### **Participant type(s)**

Patient

### **Age group**

Adult

### **Sex**

Not Specified

### **Target number of participants**

40 patients in each group: 80

### **Key exclusion criteria**

1. Patients with chronic pain problems
2. Patients with peripheral neuropathy
3. Patients needing regular analgesics for other painful conditions
4. Children of the age of 16 or below

**Date of first enrolment**

01/05/2005

**Date of final enrolment**

30/11/2005

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Ward 34**

Cleveland

United Kingdom

TS4 3BW

## Sponsor information

**Organisation**

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

**Sponsor details**

The Department of Health, Richmond House, 79 Whitehall

London

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SW1A 2NL

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**Sponsor type**

Government

**Website**

<http://www.dh.gov.uk/Home/fs/en>

# **Funder(s)**

## **Funder type**

Government

## **Funder Name**

South Tees Hospitals NHS Trust (UK)

# **Results and Publications**

## **Publication and dissemination plan**

Not provided at time of registration

## **Intention to publish date**

## **Individual participant data (IPD) sharing plan**

## **IPD sharing plan summary**

Not provided at time of registration