

Recovery ... you do that yourself: a randomised controlled trial for assessing the effects of a consumer-run course on the recovery of persons with serious mental illnesses

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| Submission date 28/12/2006 | Recruitment status No longer recruiting | <input type="checkbox"/> Prospectively registered |
| Registration date 28/12/2006 | Overall study status Completed | <input type="checkbox"/> Protocol |
| Last Edited 14/01/2021 | Condition category Nervous System Diseases | <input type="checkbox"/> Statistical analysis plan |
| | | <input checked="" type="checkbox"/> Results |
| | | <input type="checkbox"/> Individual participant data |

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
NL760, NTR771

Study information

Scientific Title

Recovery ... you do that yourself: a randomised controlled trial for assessing the effects of a consumer-run course on the recovery of persons with serious mental illnesses

Acronym

HDJZ

Study objectives

Persons with serious mental illnesses who participated in the consumer-run course show higher scores on subjective measures of recovery after three and six months than waiting-list controls.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Approval recieved from the local ethics committee (Medisch Ethische Toetsingscommissie Instellingen Geestelijke Gezondheidszorg, kamer Zuid) on the 18th of April 2006 (ref: 06.022).

Study design

Randomised, controlled, parallel group, multicentre trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Mental health problems

Interventions

1. Experimental group: participate in course on mental health recovery, 12 weekly meetings and one follow-up meeting.
2. Waiting-list control group: will enter the next course (six months after having been randomised).

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Mental health recovery measured by questionnaires on:

1. Empowerment
2. Hope
3. Self-confidence
4. Coping

5. Quality of life
6. Social support
7. Goal-setting skills

Key secondary outcome(s)

1. Care consumption
2. Health status

Completion date

01/10/2008

Eligibility

Key inclusion criteria

Persons recovering from serious mental illnesses

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Total final enrolment

333

Key exclusion criteria

1. Acute psychosis
2. Intoxication with alcohol or drugs
3. Cognitive and/or social handicaps

Date of first enrolment

26/09/2006

Date of final enrolment

01/10/2008

Locations

Countries of recruitment

Netherlands

Study participating centre

Kenniscentrum Zelfhulp & Ervaringsdeskundigheid
Tilburg
Netherlands
5038 BA

Sponsor information

Organisation

The Knowledge Centre of Self-help and 'hands-on' expertise (Kenniscentrum Zelfhulp & Ervaringsdeskundigheid) (The Netherlands)

Funder(s)

Funder type

Research organisation

Funder Name

Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Alternative Name(s)

Netherlands Organisation for Health Research and Development

Funding Body Type

Private sector organisation

Funding Body Subtype

Other non-profit organizations

Location

Netherlands

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-------------|---------|--------------|------------|----------------|-----------------|
| | results | | | | |

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|---------------------------------|---------------|------------|------------|-----|-----|
| Results article | | 01/01/2012 | 14/01/2021 | Yes | No |
| Study website | Study website | 11/11/2025 | 11/11/2025 | No | Yes |