

# The treatment of depression in primary care: efficiency of Computerised CoGnitive behaviour Therapy

<b>Submission date</b> 04/08/2005	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
<b>Registration date</b> 04/08/2005	<b>Overall study status</b> Completed	<input checked="" type="checkbox"/> Protocol
<b>Last Edited</b> 25/10/2022	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

NTR45

# Study information

## Scientific Title

The treatment of depression in primary care: efficiency of Computerised CoGnitive behaviour Therapy

## Acronym

CCGT

## Study objectives

To evaluate the efficiency of computerised cognitive behaviour therapy treatment in depression in primary care.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the local ethics committee

## Study design

Randomised, active controlled, parallel group trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Depressive disorders

## Interventions

Computerised cognitive behaviour therapy versus normal care. Baseline measurements on two, three, five, eight, and 12 months.

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

Depressive symptoms (measured by the Beck Depression Inventory).

**Secondary outcome measures**

1. Psychological problems
2. Social-behaviour
3. Quality-of-life
4. Medical consumption

A cost-effectiveness analysis will also be performed.

**Overall study start date**

01/12/2005

**Completion date**

01/12/2008

## **Eligibility**

**Key inclusion criteria**

1. Patients with moderate depressive symptoms
2. Between 18 and 65 years
3. Free access to the Internet

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Upper age limit**

65 Years

**Sex**

Both

**Target number of participants**

300

**Key exclusion criteria**

All patients who do not meet the inclusion criteria.

**Date of first enrolment**

01/12/2005

**Date of final enrolment**

01/12/2008

# Locations

## Countries of recruitment

Netherlands

## Study participating centre

**EPP/DMKEP 616**

Maastricht

Netherlands

6200 MD

# Sponsor information

## Organisation

University Maastricht (The Netherlands)

## Sponsor details

Department of Medical, Clinical & Experimental Psychology

P.O. Box 616

Maastricht

Netherlands

6200 MD

## Sponsor type

University/education

## Website

<http://www.unimaas.nl/default.asp?taal=en>

## ROR

<https://ror.org/02jz4aj89>

# Funder(s)

## Funder type

Research organisation

## Funder Name

The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

Not provided at time of registration

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	Protocol	30/06/2008		Yes	No
<a href="#">Results article</a>		01/04/2010	25/10/2022	Yes	No