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The treatment of depression in primary care: efficiency of Computerised CoGnitive behaviour Therapy

Submission date	Recruitment status	[X] Prospectively registered
04/08/2005	No longer recruiting	[X] Protocol
Registration date	**Overall study status**	[_] Statistical analysis plan
04/08/2005	Completed	[X] Results
Last Edited	**Condition category**	[_] Individual participant data
25/10/2022	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
NTR45

Study information

Scientific Title
The treatment of depression in primary care: efficiency of Computerised CoGnitive behaviour Therapy

Acronym
CCGT

Study objectives
To evaulate the efficiency of computerised cognitive behaviour therapy treatment in depression in primary care.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Ethics approval received from the local ethics committee

Study design
Randomised, active controlled, parallel group trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Depressive disorders

Interventions
Computerised cognitive behaviour therapy versus normal care. Baseline measurements on two, three, five, eight, and 12 months.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure

Depressive symptoms (measured by the Beck Depression Inventory).

Secondary outcome measures
1. Psychological problems
2. Social-behaviour
3. Quality-of-life
4. Medical consumption

A cost-effectiveness analysis will also be performed.

Overall study start date
01/12/2005

Completion date
01/12/2008

Eligibility

Key inclusion criteria
1. Patients with moderate depressive symptoms
2. Between 18 and 65 years
3. Free access to the Internet

Participant type(s)
Patient

Age group
Adult

Lower age limit
18 Years

Upper age limit
65 Years

Sex
Both

Target number of participants
300

Key exclusion criteria
All patients who do not meet the inclusion criteria.

Date of first enrolment
01/12/2005

Date of final enrolment
01/12/2008

Locations

Countries of recruitment
Netherlands

Study participating centre
EPP/DMKEP 616
Maastricht
Netherlands
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Sponsor information

Organisation
University Maastricht (The Netherlands)

Sponsor details
Department of Medical, Clinical & Experimental Psychology
P.O. Box 616
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Sponsor type
University/education

Website
http://www.unimaas.nl/default.asp?taal=en

ROR
https://ror.org/02jz4aj89

Funder(s)

Funder type
Research organisation

Funder Name
The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan
Not provided at time of registration

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	Protocol	30/06/2008		Yes	No
Results article		01/04/2010	25/10/2022	Yes	No