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The treatment of depression in primary care: efficiency of Computerised CoGnitive behaviour Therapy

Submission date	Recruitment status	[X] Prospectively registered
04/08/2005	No longer recruiting	[X] Protocol
Registration date	**Overall study status**	[_] Statistical analysis plan
04/08/2005	Completed	[X] Results
Last Edited	**Condition category**	[_] Individual participant data
25/10/2022	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
NTR45

Study information

Scientific Title
The treatment of depression in primary care: efficiency of Computerised CoGnitive behaviour Therapy

Acronym
CCGT

Study objectives
To evaulate the efficiency of computerised cognitive behaviour therapy treatment in depression in primary care.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Ethics approval received from the local ethics committee

Study design
Randomised, active controlled, parallel group trial

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Depressive disorders

Interventions
Computerised cognitive behaviour therapy versus normal care. Baseline measurements on two, three, five, eight, and 12 months.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Depressive symptoms (measured by the Beck Depression Inventory).

Key secondary outcome(s))
1. Psychological problems
2. Social-behaviour
3. Quality-of-life
4. Medical consumption

A cost-effectiveness analysis will also be performed.

Completion date
01/12/2008

Eligibility

Key inclusion criteria
1. Patients with moderate depressive symptoms
2. Between 18 and 65 years
3. Free access to the Internet

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Lower age limit
18 years

Upper age limit
65 years

Sex
All

Key exclusion criteria
All patients who do not meet the inclusion criteria.

Date of first enrolment
01/12/2005

Date of final enrolment
01/12/2008

Locations

Countries of recruitment
Netherlands

Study participating centre
EPP/DMKEP 616
Maastricht
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Sponsor information

Organisation
University Maastricht (The Netherlands)

ROR
https://ror.org/02jz4aj89

Funder(s)

Funder type
Research organisation

Funder Name
The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan
Not provided at time of registration

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		01/04/2010	25/10/2022	Yes	No
Protocol article	Protocol	30/06/2008		Yes	No