# Randomised trial of a self-management leaflet in primary care

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
23/01/2004	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
23/01/2004	Completed	[X] Results
<b>Last Edited</b> 17/11/2010	<b>Condition category</b> Other	[] Individual participant data
11/11/2010	Other	

#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

Dr Paul Little

#### Contact details

Primary Medical Care Aldermoor Health Centre Aldermoor Close Southampton United Kingdom SO16 5ST +44 (0)2380 241050 pmc1@soton.ac.uk

### Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

SPGS789

# Study information

#### Scientific Title

#### **Study objectives**

To determine whether an educational leaflet improves patient confidence with management of minor illness and reduces attendance at surgery

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

**Not Specified** 

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Not applicable: Not applicable

#### **Interventions**

Leaflet outlining self-care for 42 common conditions against no leaflet

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Attendance rate at surgery. Predictors measured at baseline of return to surgery. Cost of delivery and cost savings of using leaflet.

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

30/04/1998

#### Completion date

30/11/2000

# **Eligibility**

#### Key inclusion criteria

2950 patients from general practice. One patient per household.

#### Participant type(s)

**Patient** 

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Target number of participants

2950

#### Key exclusion criteria

Unable to read leaflet, or to understand or complete outcome measures.

#### Date of first enrolment

30/04/1998

#### Date of final enrolment

30/11/2000

#### Locations

#### Countries of recruitment

England

**United Kingdom** 

# Study participating centre Primary Medical Care

Southampton United Kingdom SO16 5ST

# Sponsor information

#### Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

#### Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

#### Sponsor type

Government

#### Website

http://www.doh.gov.uk

# Funder(s)

#### Funder type

Government

#### **Funder Name**

NHS Executive South East

#### **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Results article 19/05/2001 Yes No